Brazos County 4-III Connection

To Make the Best Better in August 2013



PRAIRIE VIEW A&M UNIVERSITY

Cooperative Extension Program

County Countdown Page

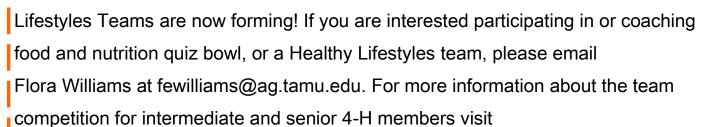
District Dates Page

State Scoops Page

COUNTY COUNTDOWN

Food Quiz Bowl Anyone?

It is time for food and nutrition guiz bowl. Also, Healthy



http://texas4-h.tamu.edu/healthy_lifestyles.



Major Show Lamb, Goat & Breeding Sheep tag Orders.

Tags will be \$12 each for Lamb & Goats & \$8 for Breeding Sheep.

Checks should be made out to BCYLA

Our order deadline is August 20.

Validation will be at the EXPO on 10/21 from 5-7 PM



PRAIRIE VIEW A&M UNIVERSITY

Cooperative Extension Program

JOIN THE REVOLUTION SE OF RESPONSIBILITY

PRAIRIE VIEW A&M UNIVERSITY

Cooperative Extension Program

Research-driven programming developed by our nation's Cooperative Ex-

tension System for youth in grades 3-12. Enroll your child, and become a 4-H Volunteer, Club Manager, or Sponsor. Our Cooperative Extension Program is expanding in Brazos County. We currently have 1 chartered club and 2 more that are in the chartering process. Educational outreach programs have been conducted at Davila Middle School, Mary Branch Elementary, and Navarro Elementary making over 2500 contacts since January. Our CEP program will continue to reach underserved audiences and expand 4-H membership with your support.

Healthy Living

Robotics

Photography

Animal Care

Step Up To Leadership

Take A Stand Against Bullying

Winning With Nutrition

http://brazos.agrilife.org/ •2619 Highway 21 West, Bryan 77803 •979.823.0129

Educational programs of the Texas AgriLife Extension Service are open to all people without regard to race, color, sex, disability, religion, age, or national origin. The Texas A&M University System, U.S. Department of Agriculture and the County Commissioners Courts of Texas Cooperating.

Individuals with disabilities who require assistance in order to participate are encouraged to contact our office.

42nd ANNUAL BRAZOS COUNTY 4-H CAKE SHOW & AUCTION Monday, August 12, 2013 7:00 p.m. AT THE BRAZOS CENTER

Sponsored by the 4-H Adult Leaders Association to raise funds to support the 4-H program, a youth organization in Brazos County. Funds support 4-H'ers through Leadership Labs, Fashion Shows, Roundup Contests, Food Shows, etc...

How Does the Show and Sale Work? In support of the annual fundraiser, 4-H members, adults and family members are asked to bake cakes or pies which are entered in one of ten categories. You may make as many cakes as you want, however please avoid cakes/pies that require refrigeration! Remember all cakes/pies must be wrapped in plastic wrap, even if they are in a covered cake/pie container.

*** Participants entering in categories 1-7 or 9 must make two (2) cupcakes or mini pies for the judges to taste. If they do not bring cupcakes/mini pies, the cake/pie will not be judged and will sell at the end of the auction. Please bring these in a covered GladWare, foil or similar container.

- **0. Clover Kids Division**
- 1. 4-H Theme Cakes
- 2. Good Old Fashion Eating
- 3. Decorated Cakes (includes animal cakes) 8. Adult Cakes and Pies
- 4. Men and Boys Division

- 5. Chocolate Cakes
- 6. Pound Cakes
- 7. Pies
- 9. Refined Baking+

+REFINED BAKING for your diabetic friendly or gluten free baked goods. In addition to the cupcakes/mini pies, entries MUST ALSO INCLUDE THE RECIPE.

***EVERY Participant must bring a handwritten thank you note per cake in a stamped unsealed envelope when they check their cakes in. Make the thank you note specific to your baked item. These will be addressed and mailed to the buver of your cake/pie. Please encourage the participants to use their best skills when thanking members of our community for supporting our youth as they represent our entire Brazos County 4-H program!

Dress: Sunday attire (collared shirt and slacks/nice jeans, dress; no t-shirts, shorts or flip flops)

Check-in cakes/pies from 5:00-5:45 p.m.

Hamburger Plates from J. Cody's will be available from 5 – 7:00 p.m. at the Brazos Center for \$8/plate (includes burger, chips and drink).

4-H members are asked to remain during the auction to carry their cake/pie as it is auctioned, and to personally thank their buyer. During the auction, please be respectful to the buyers by keeping noise at a minimum.





Are you interested in learning more about 4-H and the 4-H Shotgun Sports program?

Brazos County 4-H Sportsman's Club Open House

Monday, August 12 6:00 to 7:30 p.m.

Boswell Porter 4-H Shotgun Range (see map below)

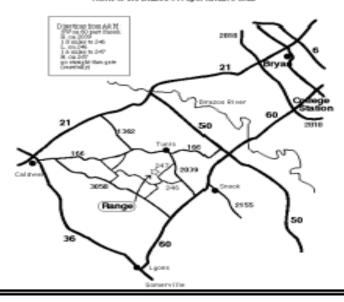
Tour our range, watch a shooting demonstration and enjou a light dinner while getting to know members of the club.

Due to club and range regulations, guests are not allowed to shoot without first completing a new shooters orientation course provided by the club.

Please do not bring a gun or ammunition

For more information and to R.S.V.P. contact Shelley Namec at 979-676-1170 Or 4HSpOrtsmans@tXcyber.cOm

The Boswell Porter 4-H Sholgun Range







4-H Connection

COUNTY COUNTDOWN

Brazos County 4-H is once again having a booth at the Brazos Valley Fair Sept. 5-8. This year we will be making playdough in a bag, then making animals out of the playdough. Ashley Skinner will be making a list on joiners.com for everyone to sign up on.

Also at the Brazos Valley Fair, the county council is having a fundraiser. They are selling tickets to win a chance to ride in Eleanor from "Gone In 60 Seconds". Or people can take a photo with the car for \$1. The booth will be set up inside, each club has the opportunity to make money for their own club. Each club will receive half of the money they raise while working the booth. Sign up times will be posted on jooners.com.

All sign ups will be on a first come first serve basis, so be looking for Ashley Skinner's email telling when sign up is open.



Brazos County



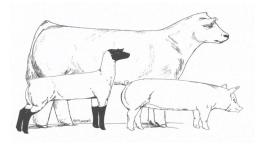
4-H Connection

COUNTY COUNTDOWN



Brazos County Livestock Judging Teams

It is time again to consider being part of the Brazos County Livestock Judging team. We have a list of Fall contests we will be attending and would like to continue on the successful year we had this past year. If you are interested in competing with us or just want to find out more about the program, contact me at jerod.meurer@ag.tamu.edu so I can add you to the mailing list for upcoming meetings and practices. If you are considering judging at the State Fair of Texas on October 7, 2013 we need to have you sign up by August 14th so we can get those entries processed.





Volunteers Needed!

Pizza Ranch is coming up on October 9th and 10th. We are in need of volunteers to help work. If you are interested in helping contact the Brazos County Extension Office.











Brazos Valley Fair & Expo Kids Area Volunteers

We are looking for kid volunteers (FFA/ Senior aged 4-H) to interact with the people that come through the Kids Area about the different breeds/animals that are there, & to help keep both people & animals safe.

This is a STATE level community service opportunity!

The last shift will be responsible for feeding and cleaning. (need 4 each shift)

The dates/times are:

Thursday, Sept. 5 (need 4 each shift) 3:45pm-7pm Friday, Sept. 6 (need 4 each shift) 3:45pm-7pm

7pm - 12:am 7pm-12am

Saturday, Sept. 7 Sunday, Sept. 8

(need 4 each shift) (need 4 each shift)

9:45am -1:30pm 10:45am-2pm 1:30pm-5:30pm 2pm-5pm 5:30pm-8:30pm 5pm-8pm 8:30pm-12:00am 8pm-11pm

7pm – 12:am (this time can be adjusted a bit if there are no folks out) (but there is a rodeo and concert each night)

If you have any questions or want to go ahead and schedule a day for your group/kiddo please contact **Stephanie Wendt** @ swendt@brazoscountytx.gov

Brazos County Council Officer Training



When: August 2, 2013
Where: Brazos County Extension Office

Time: 9AM-12PM

Adult Leader: Club Officer Training

When: August 3, 2013

Where: Brazos County Administration Building

Time: 9AM-12PM

Brazos County 4-H Exchange Club

The first Exchange Club Meeting is scheduled for:

Date: Thursday, August 1, 2013

Time: 6:30 PM

Place: State 4-H Office meeting/training room

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Topics to discuss:
Officer Elections
Fund Raising
Club Dues

Contact Dean McCorkle or Jerod Meurer with any questions you may have.

4-H Connect Membership Enrollment for 2013-14

August 15, 2013 starts a new 4-H enrollment year on 4-H Connect! All profiles will change to INACTIVE ON AUGUST 31ST and you will be required to re-enroll for the 2013-14 4-H year. All 4-H members and adults need to complete both a family and individual profile for membership and to be able to register for events.

If you are re-enrolling and already have an existing profile, <u>do not create a new profile</u>, **UPDATE** your existing one with **new email**, **physical addresses and phone numbers**.

An annual participant fee is necessary for each 4-H member starting with the 2013-2014 4-H year on August 15, 2013. This participant fee of \$25, or \$20 if enrolled from September 1st to October 31st, will ensure that the Texas AgriLife Extension Service can continue to deliver the highest quality 4-H program possible.

"Harvest Blue Grow Green"

Brazos County Master Gardeners

Water is a valuable and limited natural resource. Growing demand and drought conditions are taxing our water supply as never before. State officials project that up to 30% of Texas' future water needs will be met through conservation efforts. Visit the Brazos County Master Gardeners "Harvest Blue Grow Green" exhibit and learn about simple water conservation techniques, water saving garden design, and drought tolerant plant selection. Master Gardeners along with local water experts from the Brazos Valley Groundwater Conservation District and City of College Station will be on hand to answer questions.



The Brazos County Master Gardeners is an educational and volunteer program affiliated with the Texas A&M AgriLife Extension Service. Master Gardeners are members of the local community who have an interest in not only gardens, trees and lawns, but also strive to promote sound horticultural practices. Members receive comprehensive classroom training, opportunities for continuing education, and share their expertise through a wide variety of educational programs and projects that benefit the community.

Visit our web site at www.brazosmg.com and learn **How to Become A Master Gardener**. Join the Class of 2014!

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Hightail'n it for Heifers Scholarship 5K Fun Run

Saturday, Sept. 7th, 2013 @8:30 Brazos County Expo Center Fairgrounds 5827 Leonard Rd Bryan, TX

Online registration: www.brazosvalleyfair.com

Email questions: heiferfunrun@gmail.com
Contact: Terry Boriskie 979.574.3129

Like us on facebook: Hightail'n it for Heifers Scholarship 5K Fun Run



Cooking School Road Show

When: August 6, 2013 Where: Lincoln Center 1000 Eleanor St. College Station, TX

Time:6:00 pm ~ Doors open at 5:30 pm Cost: \$20 ~ Includes registration, meal tasting and door prizes

To register visit: http://brazosdinnertonight-es2.eventbrite.com/?rank=3

Excellent opportunity for food and nutrition leaders to :

- easy "prepare-at-home" meals
- money saving recipes & ideas
- Improve meal nutritional value
- Learn a greater control of food safety

10 register visit. http://brazosummertonight-esz.eventonte.com/ frank-s

Awards Interviews

August 6, 2013 at the Brazos County Extension Office Please arrive at least 10 minutes before your scheduled interview time.









State Fair of Texas, H.O.T. Fair Entry Night When: August 14, 2013 Time 5-7 PM

Where: Brazos County Extension Office





DISTRICT COUNTDOWN



Registration is now open on 4-H Connect for District 9 4-H Leader College. The cost is \$20 per person. The fee applies to all folks attending. The event will take place at the "new" Royal <u>High school</u> in Brookshire, Texas. Registration is due by August 8th.



District 4-H Leader College District Council Meeting District 4-H Adult Leaders Advisory Task Force Meeting

2013 District 9 4-H Recordbook Results

Congratulations to Everyone Who Participated!!!!!

Senior Division

Citizenship & Civic Education Jessica Foster-2nd place Comm & Expressive Arts Stephen Kocmoud- 1st place Companion Animal Betsy McGee- 3rd place Consumer Educatiton Kody Kocman -1st place Food and Nutrition Montana Hammack -1st place Gardening and Horticulture Garret Carstens -1st place Horse Mason Kaase- 3rd place Housing & Home Enviro Lauren Carstens-1st place Leadership Alexis Roach-3rd place Personal Development Lori Hoffman- 2nd place Poultry Travis Rooney-2nd place Public Speaking Ciera Castillo- 2nd place Rabbit Julia Lawrence- 2nd place Science and Tech Jonathan Kocmoud- 1st place Sheep Ryan Bouse-1st place Shooting Sports Layne Outlaw-1st place Vet Science Kathleen Koenig-2nd place

Intermediate Division

Beef Rylee Cass— 2nd place
Food & Nutrition Olivia Williams-1st place
Goat Alyssa Roach— 3rd place
Health Abigayle Williams-1st place
Photography Josiah Kocmoud-1st place
Poultry Mary Jo Kocmoud— 3rd place
Rabbit Keelie Wendt— 1st place
Shooting Sports Aaron Nemec-1st place

Junior Division

Beef Cassity Brown-2nd place
Companion Animal Maggie Jedlicka-1st place
Food & Nutrition Isabel Montlongo—2nd place
Goat Ramzy Zimmerman-1st palce
Poultry Jonathan Moore—3rd place
Sheep Jaxson Zimmerman—2nd place
Shooting Sports Matthew Salas—1st place



Let's Cook Something!!!



Fruitastic Summer Smoothie Blast

What you need:

Utensils:

Measuring cups

Blender

Ingredients:

½ banana*

½ cup frozen berries

1 6-oz. container strawberry yogurt

What to do:

- 1. Wash your hands and clean your cooking area.
- 2. Wash fruits before cutting into them.
- 3. Blend all ingredients well in a blender.
- 4. Pour into your favorite glass and enjoy!

Cost per serving: \$0.45

Nutrition Facts

Serving Size 1 1/4 cups Servings Per Container 2

Prep Time: 5 minutes

Amount Per Serving	
Calories 90	Calories from Fat 0
	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 45mg	2%
Total Carbohydra	ate 21g 7 %
Dietary Fiber 2	g 8 %
Sugars 15g	
Protein 3g	
Vitamin A 90/	. Vitamin C 100/
Vitamin A 8%	Vitamin C 10%
Calcium 10%	 Iron 0%

Arvitta Scott
CEP Agent
4-H & Youth Development

Jerod Meurer County Extension Agent 4-H and Youth Development Flora Williams County Extension Agent Family & Consumer Sciences

Charla Anthony County Extension Assistant Horticulture Ashley Skinner County Extension Assistant 4-H Program Assistant

As always Better Living for Texans (BLT) can provide food stamp eligible and other low income families with nutrition, food safety, and food resource management information. So for more information or any questions, contact Teresa Rivera at the Brazos County Extension Office: 979-823-0129 or email at trivera@ag.tamu.edu. In accordance with federal law and U.S Department of Agriculture's policy, Better Living for Texans Food Stamp Nutrition Education Program is prohibited from discriminating on the basis of race, color, national origin, sex, age, religion, political beliefs, or disability.

To file a complaint of discrimination, write USDA, Director of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington, D.C. 20250 or call (202) 720-5964 (voice or TDD). USDA is an equal opportunity provider and employer.

Brazos County

Calendar 3

PRAIRIE VIEW A&M UNIVERSIT

TEXAS A&M KGRILIFE EXTENSION

Cooperative Extension Program

Color Legend:
Black—County
Blue—District
Green—State

NOTES:

Sat	3 Adult Leader Officer Trng. @ Co. Admin. Bldg 9am -CEP Goat Judging Contest	10 D9 Leader College	17	24	31
Fri	2 -Council Officer Trng. @ Ext. office 9am	6	16	23	30
Thu	1 D9 Leader Institute	8 D9 Leader College reg/fees due	15 TX Equine Program 4-H Member	Enrollment 22 Comm. Heifer Palpation	29
Wed		7	14 TX Equine Program St. Fair/HOT	Ext. office 21	28
Tue		6 Award Interviews	13 TX Equine Program	20 Adult Leader & County Council Meeting@ Brazos Center	27
Mon		5	12 TX Equine Program	19	26
Sun		4	11 TX Equine Program	18	25

