



Brazos County Walk Across Texas 2020

Welcome to Week 5 Walk Across Texas in Review

March 17, 2020

Making physical activity your 2020 vision

Oh my! Where has time gone? We are in the midst of week six already. So much has changed since we've kicked off this year's challenge. We've managed to accumulate 177383.5 total miles so far. Seventy-seven teams have reached the 833 mile mark or beyond. This data was grabbed on Sunday, March 15.

TEXAS A&M
AGRI LIFE
EXTENSION



Important Dates—at-a-Glance

WAT dates—February 8- April 3, 2020

~~Week 1: February 8-14, 2020~~

~~Week 2: February 15-21, 2020~~

~~Week 3: February 22-28, 2020~~

~~WALK ACROSS TEXAS MIDWAY BOOT CAMP March 5, 2020~~

~~Week 4: February 29-March 6, 2020~~

~~Week 5: March 7-13, 2020~~

Week 6: March 14-20, 2020 ← You are here!

Week 7: March 21-27, 2020

Week 8: March 28-April 3, 2020

Last day to enter miles and wrap up survey—April 7, 2020

- ♣ Team members report your miles daily or at least by Saturday by 12:00 noon for newsletter purposes.
- ♣ Snapshots of teams in action, upcoming fitness events, or success stories are needed. Email to Flora Williams at fewilliams@ag.tamu.edu.
- ♣ Nominations are needed for most inspirational team member by March 27, 2020.

Top 25 Most Creative Names

- | | |
|---|---|
| ♣ Avocardio | ♣ PPRI-Chafing the Dream |
| ♣ Between A Walk and A Hard Place | ♣ Quads of Fury |
| ♣ Blister Sisters & Misters | ♣ Rapid Thigh Movement (RTM) |
| ♣ Buns on the Run | ♣ The Young and the Breathless |
| ♣ Dynamic Walking WINgineers | ♣ Running Hot! |
| ♣ Fit For Duty | ♣ The Young and the Rest of Us |
| ♣ Holyamolies | ♣ These Glutes are made for Walkin' |
| ♣ Hearts & Soles | ♣ Thought you said 'Extra fries not exercise' |
| ♣ If the Shoe Doesn't Fit, We Must Quit | ♣ Turn Down for WAT! |
| ♣ If You Wink at Me I'll Wenckebach | ♣ Walkers without Borders |
| ♣ Inspired, but Tired | ♣ WAT! IN TARNATION |
| ♣ Liar, Liar, Legs of Fire | ♣ Witness the Fitness |
| ♣ Mind over Miles | |

The judges have spoken. Judges were from Burleson County this week.

The 833 or more Club

1. 2 Hot 2 Trot - Tokyo Drift
2. 7 Groovy Chicks & An Old Dude
3. Agony of De Feet
4. Agony of De Feet - CLLA
5. Avocardio
6. BAEN Movers and Groovers
7. Between a Walk and Hard Pace
8. Bexar Tracks
9. Blazin' 8
10. Buns on the Run
11. Buns on the Run!
12. CATs (COGers Across Texas)
13. Cecum and Destroy
14. Chicks with Kicks
15. Chip My Penguin
16. CVM Dog Tired
17. CVM Heart and Sole
18. DOR FAR and beyond
19. DOR Skywalkers
20. Dumbells and Donuts
21. Dynacisers 20
22. Dynamic Walking WINgineers
23. Feet for Miles
24. Gel Runners
25. Groovy Grape Steppers
26. Hike Across The Universe
27. If You Ain't First, You're Last
28. If You Wink at Me I'll Wenckebach
29. Kiss My Assessment
30. Let's Get Fiscal
31. Liar, Liar, Legs of Fire
32. Libraries' Cirque Du Sore Legs
33. Loch'd, Docked and Ready to Walk
34. LRC BAD KNEES SENIORS
35. Making Strides
36. Mays Transformational Walkers
37. Michael Scott's MYCON College Station Celebrity Rabies Awareness Fun Run Pro Am Race For the Cure
38. Neville's Lo ngbottoms
39. ODSL Exercise? I Thought You Said Extra Fries!
40. ODSL Reber Fever
41. ODSL The Good Pace
42. OSA Pharmily
43. People Enjoying Activity...Periodically
44. Perennial Posse
45. PPRI Scrambled legs
46. RECord Setters
47. RELLIS-School of Walk
48. ResLife Walker Texas Rangers
49. RHACOMModores
50. Rice Racers
51. Road Rage Scholars
52. RRAAREQers
53. Scrambled Legs
54. Search Dog Walkers
55. Show Time
56. Sole Sisters
57. Sole Survivors
58. Take a Hike
59. Tater Trots
60. Texas Top Steppers
61. Texas Trail Drivers
62. The Original Holy Walkamolies
63. The Slackers
64. These Glutes are made for Walkin'
65. Train Recs
66. Turn Down for WAT!
67. Vampires on the Run
68. Vexed Fossils
69. Walk This Way!
70. Walk-er Texas Ranger
71. Walker Texas Rangers
72. Walkin' on Sunshine
73. Walking Robins
74. Walking Warriors
75. Walking Wonders
76. We Thought They Said 'Rum'
77. Winning Walkers

These teams have 833 or more miles. Congrats!



Top 23 Individuals

1. Gracie Martinez	These Glutes are made for	TTI	2003.67
2. Mary Levien	Dynamic Walking WINGi-	TTI	682.25
3. Angela Wells	TNT Blast	Bryan ISD Technology	446.24
4. Mark Haven	Train Recs	Texas A&M Division of Student	433.8
5. Tim Adams	Liar, Liar, Legs of Fire	TAMU- Main Campus	426.9
6. David Schrank	Dynamic Walking WINGi-	TTI	421.99
7. Michael Deveau	Chip My Penguin	TAMU- Main Campus	418.09
8. Monty Dozier	The Motley Crew	Texas A&M University System	365.76
9. Kerstin Landrock	Avocardio	AgriLife Employee Wellness	359.4
10. Emily Ivey	ODSL Reber Fever	Texas A&M Division of Student	353.94
11. Jared Conrad	Between a Walk and Hard	AgriLife Employee Wellness	341.2
12. Karsten Pearce	Vexed Fossils	AgriLife Employee Wellness	338.05
13. Zackary Medlin	Libraries' Cirque Du Sore	TAMU- Main Campus	333.76
14. Laura Huning	If You Wink at Me I'll	CHI St. Joseph Health	322.77
15. Joe Paul	CATs (COGers Across Tex-	BVCOG	316.53
16. Shawna Rendon	Chicks with Kicks	BVCOG	302
17. Megan Higginbotham	ODSL Exercise? I Thought You Said Extra Fries!	Texas A&M Division of Student Affairs	296.77
18. Barbara Clemmons	Chicks with Kicks	BVCOG	296.3
19. Allison Lacey	Techno Speed Walkers	Bryan ISD Technology	295.13
20. Clark Benson	Walking Wonders	CHI St. Joseph Health	290.9
21. Kris Guye	CVM Dog Tired	TAMU- Main Campus	288.48
22. Deena McConnell	EAST Steppers	TAMU- Main Campus	287.5
23. Robert Rose	Cecum and Destroy		281.5



Overall Team Placing

1. Walk This Way!
2. These Glutes are made for Walkin'
3. Dynamic Walking WINgineers
4. Train Recs
5. Winning Walkers
6. The Original Holy Walkamolies
7. Walking Wonders
8. Liar, Liar, Legs of Fire
9. CATs (COGers Across Texas)
10. CVM Dog Tired
11. LRC BAD KNEES SENIORS
12. If You Ain't First, You're Last
13. Texas Trail Drivers
14. Hike Across The Universe
15. Texas Top Steppers
16. Dynacisers 20
17. ODSL Exercise? I Thought You Said Extra Fries!
18. Chip My Penguin
19. Road Rage Scholars
20. Buns on the Run!
21. Making Strides
22. DOR FAR and beyond
23. DOR Skywalkers
24. Between a Walk and Hard Pace
25. Cecum and Destroy
26. People Enjoying Activi-ty...Periodically
27. Avocardio
28. Perennial Posse
29. Dumbells and Donuts
30. Feet for Miles
31. ResLife Walker Texas Rangers
32. ODSL Reber Fever
33. Walking Robins
34. Groovy Grape Steppers
35. Gel Runners
36. 2 Hot 2 Trot - Tokyo Drift
37. We Thought They Said 'Rum'
38. Kiss My Assessment
39. CVM Heart and Sole
40. Scrambled Legs
41. Agony of De Feet - CLLA
42. Search Dog Walkers
43. Buns on the Run
44. Chicks with Kicks
45. RELLIS-School of Walk
46. OSA Pharmily
47. Vampires on the Run
48. RRAAREQers
49. Michael Scott's MYCON College Sta-
tion Celebrity Rabies Awareness Fun
Run Pro Am Race For the Cure
50. PPRI Scrambled legs
51. Show Time
52. Walk-er Texas Ranger
53. The Slackers
54. Libraries' Cirque Du Sore Legs
55. Turn Down for WAT!
56. Rice Racers
57. Walkin' on Sunshine
58. Tater Trots
59. Blazin' 8
60. Bexar Tracks
61. Loch'd, Docked and Ready to Walk
62. Let's Get Fiscal
63. REcOrd Setters
64. Sole Survivors
65. 7 Groovy Chicks & An Old Dude
66. ODSL The Good Pace
67. Take a Hike
68. Walking Warriors
69. RHACOMModores
70. Agony of De Feet
71. Vexed Fossils
72. Mays Transformational Walkers
73. Walker Texas Rangers
74. Sole Sisters
75. Neville's Lo ngbottoms
76. If You Wink at Me I'll Wenckebach
77. BAEN Movers and Groovers
78. Kickin' Asphalt
79. Not So Fast But Furious
80. Nye's Home Fries
81. Fit For Duty
82. Red Hot Chili Steppers
83. Right TAP Shoe
84. Sole Sisters
85. LAAHlygaggers
86. Brazos Walking Warriors
87. TIGER TRACKS
88. The Motley Crew
89. IBT Roadrunners
90. Rice Roadrunners
91. MYtoCONDria – The Powerhouse of
Texas
92. Dallas Center Turf Team
93. DORitos Locos
94. Mind over Miles
95. IBT - Not Fast, Just Furious
96. Walking With Auditude
97. Quads of Fury
98. Left TAP Shoe
99. CommqWATs
- 100.JETCOBRA
- 101.Awesome Screening Squad
- 102.She's Got Legs
- 103.Twinkle Twinkle Little Toes
- 104.StuAct Walkie Talkies
- 105.PPRI-Chafing the Dream
- 106.Maroon03
- 107.RegisTRIDES Student Services
Stompers
- 108.DOR Dashing Divas
- 109.Walk-A-Mole
- 110.WTF (Where's the Finish)
- 111.Wii Not Fit
- 112.One More Lap
- 113.16 Feet With Sole
- 114.Not Fast, Just Furious
- 115.MiSsIng Space CADets
- 116.Are we there yet?
- 117.The Young & The Breathless
- 118.DoIT Again
- 119.Bright On Track
- 120.Walking Wonders
- 121.Blood, Sweat, & Beers
- 122.Blister Sisters & Misters
- 123.DOR we there yet?
- 124.RegisTRIDES The Young and the
Breathless
- 125.Are We There Yet...duh?
- 126.We Thought They Said Rum
- 127.Double the Fun Strollers
- 128.Geosciences
- 129.DOR We thought they said Rum
- 130.Administeppers
- 131.Bookin' It!
- 132.Team Bonus Points



Overall Team Placing-cont'd

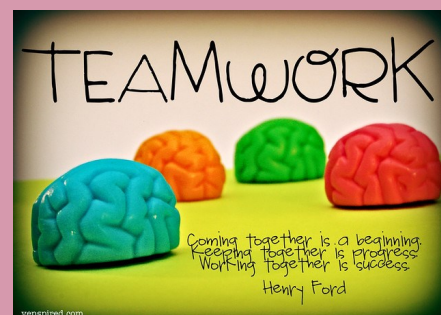
133.Walkin' till the Cows Come Home
 134.The Young and the Rest of Us
 135.Spevtaculars
 136.Legs Misérables
 137.Between A Walk and A Hard Place
 138.RegISTRIDES Degree Jog-it
 139.Gone With the Win
 140.RegISTRIDES Burning Thighs
 141.WALK IT LIKE IT'S HOT
 142.Walk it Out
 143.Naptime at the Finish Line
 144.Legs Miserables
 145.Walk Across KBTexas
 146.Witness the Fitness
 147.DOR R.eally E.nthusud B.ut S.hort
 of breath
 148.Multicultural Services
 149.We've got Sole
 150.Sole Beneficiaries
 151.Tai Chi Wonders 2
 152.X
 153.Walkie Talkies
 154.Holy Walkamolies
 155.Oak Wilt Annihilators
 156.Corner Coasters
 157.Ben E. Fits Off His Rockers
 158.See ya later, aggregator
 159.Yeehawlin' Buns
 160.Hearts & Soles
 161.If the Shoe Doesn't Fit, We Must
 Quit
 162.Francis Hall Highsteppers
 163.RegISTRIDES With Cherrys on Top
 164.WIC Wellness Revolutionaires
 165.EAST Steppers
 166.aMAYSing Steppers
 167.WAT Runners!
 168.Between a Walk and a Hard Place!
 169.Rapid Thigh Movement (RTM)
 170.WAT! it do Ags
 171.WIC Bandits 4 Boobies
 172.Holy Walkamolies
 173.RegISTRIDES Run Like the Winded
 174.Run Like the Winded
 175.3rd floor annexers
 176.shake and bake
 177.Holy Walkamolies
 178.RegISTRIDES The Proclaimers
 179.Thought you said 'Extra fries not

exercise'
 180.Miracle
 181.Numb Locks (DoIT)
 182.WAT! IN TARNATION
 183.Fast & Furious
 184.Money Walks
 185.GIFT WATaTeam
 186.The WATCHmen
 187.Cirque Du Sore-Legs
 188.Contracts & Gains
 189.TNT Blast
 190.Rice Rice Baby
 191.TPDDL Plant Detectives
 192.ORECKing Crew
 193.Better Living for Texans
 194.The Walking Bad
 195.WATs UP
 196.Not Fast, Just Furious
 197.Red Hot Chili Steppers
 198.The HROE Stompers
 199.CONtinual Motion
 200.AggiesWalkingAcrossTexas
 201.Tyrannosaurus Rec
 202.Texas RoadRunners
 203.Tai Chi Wonders 1
 204.Poultry Science
 205.Lazy Lobsters
 206.DOR - Chasing Pavements
 207.Old Town Road Walkers
 208.TAMU MUP 2020
 209.DOR Step Happy
 210.SowBloomGrow
 211.Steppin' Out
 212.Sea Legs for Days
 213.Techno Speed Walkers
 214.The Untouchables
 215.Walkers without Borders
 216.Qatar HR
 217.TAMU-GRADS
 218.Navasota Movers & Shakers
 219.Running from Chemistry
 220.Rise of the LIBR Skywalkers
 221.All EAHR's 2020
 222.Running Hot!
 223.The Young and the Breathless
 224.Inspired, but Tired
 225.NoneOfUsAreTexansExcept-
 ForCrashAndAllison
 226.5 Sisters and a Mister

227.DOR RAcers
 228.Reading Ramblers
 229.Research that Moves
 230.The Good Ags
 231.WAT Pacers
 232.Freud Would've Ubered
 233.Texas Two Steppers
 234.TEAM BIMS
 235.Walking on Air
 236.DOR Student Athletes
 237.Honey Bees
 238.GOGAPS
 239.TheLunchClub
 240.Madisonville
 241.Suite Sisters Stepping Out
 242.CSTR Team 1
 243.All Alone
 244.Pink Ladies
 245.Red Hot Chili Steppers
 246.TVMDL Client Servies
 247.Alex LC
 248.CCU Nightwalkers
 249.Gotta Love Benefits
 250.The Number Juan's
 251.Twinkle Toes
 252.Keep It Moving!
 253.Fantastic8
 254.Twinkle Toes

Hang in there teams!

Hang in there teams!



Team Placings by Leagues-Adult

AGRILIFE EMPLOYEE WELLNESS

The Original Holy Walkamolies	1675.83
Hike Across The Universe	1367.29
Making Strides	1243.73
Between a Walk and Hard Pace	1177.24
Avocardio	1156.58
Perennial Posse	1150.9
Groovy Grape Steppers	1089.11
Gel Runners	1066.73
Show Time	947.23
Rice Racers	927.73
Blazin' 8	919.81
Bexar Tracks	918.8
Loch'd, Docked and Ready to Walk	890.69
Sole Survivors	876.92
Vexed Fossils	843.68
BAEN Movers and Groovers	835.98
Not So Fast But Furious	829.41
Rice Roadrunners	772
Dallas Center Turf Team	771.89
Mind over Miles	759.39
Twinkle Twinkle Little Toes	725.24
Blood, Sweat, & Beers	664.42
Are We There Yet...duh?	661.13
Walkin' till the Cows Come Home	640.17
Witness the Fitness	602.11
Oak Wilt Annihilators	573.99
Ben E. Fits Off His Rockers	569.93
Yeehawlin' Buns	563.69
Miracle	479.38
GIFT WATaTeam	460.93
Contracts & Gains	451.82
Rice Rice Baby	446.43
TPDDL Plant Detectives	443.72
Better Living for Texans	438.78
Poultry Science	378.05
SowBloomGrow	335.49
5 Sisters and a Mister	279.68
Total	28935.9



ALYSSA'S LEARNING COMMUNITY

TheLunchClub	173.46
The Number Juan's	53.91
Twinkle Toes	17
Twinkle Toes	5
Total	249.37

BRAZOS COUNTY EMPLOYEE TEAMS

Turn Down for WAT!	929.26
Tater Trots	923.24
Brazos Walking Warriors	790.54
One More Lap	690.87
Gone With the Win	615.71
Walkie Talkies	585
Total	4534.62

BRYAN ISD TECHNOLOGY

TNT Blast	449.84
Texas RoadRunners	384.19
Techno Speed Walkers	315.35
The Untouchables	314.45
Reading Ramblers	241.73
Total	1705.56

BVCOG

CATs (COGers Across Texas)	1556.92
Chicks with Kicks	1009.49
7 Groovy Chicks & An Old Dude	874.63
The Young and the Rest of Us	634.87
X	588.28
WIC Wellness Revolutionaires	535.32
WIC Bandits 4 Boobies	513.32
Holy Walkamolies	511.65
Steppin' Out	335.29
Navasota Movers & Shakers	307.95
Honey Bees	178.93
Madisonville	148.17
Fantastic8	7
Total	7201.82



CHI ST. JOSEPH HEALTH

Winning Walkers	1711.57
Walking Wonders	1674.07
Texas Trail Drivers	1407.84
Texas Top Steppers	1342.49
Buns on the Run!	1260.57
Scrambled Legs	1043.95
Walk-er Texas Ranger	943.8
Take a Hike	863.6
If You Wink at Me I'll Wenckebach	837.53

JETCOBRA	743.98
Walk-A-Mole	702.78
The Young & The Breathless	670.11
Between A Walk and A Hard Place	629.35

Walk it Out	611.05
-------------	--------

Tai Chi Wonders 2	589.3
Tai Chi Wonders 1	378.45
Walking on Air	195.8
Suite Sisters Stepping Out	143.44
CCU Nightwalkers	61.45

Total	15811.13
--------------	-----------------

HOTARD HUSTLERS

Right TAP Shoe	814.38
Left TAP Shoe	744.5
Total	1558.88

MYCON GENERAL CONTRACTORS, INC.

Michael Scott's MYCON College Station Celebrity Rabies Awareness Fun Run Pro Am Race For the Cure

	952.74
Walker Texas Rangers	842.73
MYtoCONDria – The Powerhouse of Texas	771.94
Total	2567.41

TAMU REMOTE

OSA Pharmily	989.3
IBT Roadrunners	780.85
IBT - Not Fast, Just Furious	758.03
Awesome Screening Squad	735.13
Fast & Furious	470.5
Qatar HR	309.76
Total	4043.57

Team Placings by Leagues-Adult

TAMU- MAIN CAMPUS

Liar, Liar, Legs of Fire	1601.21
CVM Dog Tired	1555.81
Chip My Penguin	1294.94
Road Rage Scholars	1279.49
DOR FAR and beyond	1199.67
DOR Skywalkers	1183.31
People Enjoying Activity...Periodically	1163.81
2 Hot 2 Trot - Tokyo Drift	1051.66
We Thought They Said 'Rum'	1048.35
CVM Heart and Sole	1045.53
Agony of De Feet - CLLA	1035.81
Buns on the Run	1020.08
RRAAREQers	956.91
PPRI Scrambled legs	948.49
Libraries' Cirque Du Sore Legs	932.66
RHACOMModores	855.28
Mays Transformational Walkers	843.04
Sole Sisters	842.44
Neville's Longbottoms	841.92
Kickin' Asphalt	831.84
Nye's Home Fries	822.92
Fit For Duty	822.45
LAAHlygaggers	793.2
DORitos Locos	768.98
Quads of Fury	752.91
CommqWATs	744.03
PPRI-Chafing the Dream	719.02
Maroon03	710.96
RegiSTRIDES Student Services	710.26
DOR Dashing Divas	707.03
16 Feet With Sole	686.47
Not Fast, Just Furious	683.5
Are we there yet?	674.77
DoIT Again	667.5
Bright On Track	666.43
Walking Wonders	664.79
DOR we there yet?	662.94
RegiSTRIDES The Young and the	662.11
Breathless	662.11
We Thought They Said Rum	658.4
DOR We thought they said Rum	651.62
Administepers	649.15
Bookin' It!	648.5

Spevtaculars	633.17
Legs Misérables	630.37
RegiSTRIDES Degree Jog-it	624.18
RegiSTRIDES Burning Thighs	615.22
Naptime at the Finish Line	608.09
Legs Miserables	606.48
DOR Really Enthusiased But Short of	602.04
breath	602.04
Holy Walkamolies	584
Hearts & Soles	557.34
Francis Hall Highsteppers	546.88
RegiSTRIDES With Cherrys on Top	541.13
EAST Steppers	531.02
aMAYsing Steppers	530.11
RegiSTRIDES Run Like the Wind	508.42
3rd floor annexers	504.13
Holy Walkamolies	495.12
RegiSTRIDES The Proclaimers	480.94
Thought you said 'Extra fries not exercise'	479.87
Numb Locks (DoIT)	474.01
Cirque Du Sore-Legs	454.6
OREcking Crew	443.54
The Walking Bad	436.75
The HROE Stompers	412.28
Lazy Lobsters	373.88
DOR - Chasing Pavements	358.01
Old Town Road Walkers	354.06
DOR Step Happy	346.02
Sea Legs for Days	322.38
Rise of the LIBR Skywalkers	300.94
All EAHR's 2020	300.4
NoneOfUsAreTexansExcept-	281.2
ForCrashAndAllison	276.49
DOR Racers	276.49
Research that Moves	235.17
The Good Ags	232.5
Freud Would've Ubered	216.52
Texas Two Steppers	208.2
TEAM BIMS	207.96
DOR Student Athletes	186.5
GOGAPS	173.62
Red Hot Chili Steppers	104.45
Alex LC	86.53
Gotta Love Benefits	59.28
Total	53983.99

TEXAS A&M FOUNDATION

Let's Get Fiscal	885.25
Blister Sisters & Misters	663.73
Money Walks	467.99
Red Hot Chili Steppers	419.41
Inspired, but Tired	288.85
Total	2725.23

TEXAS A&M UNIVERSITY SYSTEM OFFICES

Walking Robins	912.84
RELLIS-School of Walk	766.47
The Motley Crew	662.96
Sole Beneficiaries	545.4
Walking With Auditude	544.35
See ya later, aggregator	483.28
If the Shoe Doesn't Fit, We Must Quit	469.15
Total	4384.45

TEXAS A&M DIVISION OF STUDENT AFFAIRS

Walk This Way!	3039.07
Train Recs	2044.88
ODSL Exercise? I Thought You Said	
Extra Fries!	1299.09
ResLife Walker Texas Rangers	1138.06
ODSL Reber Fever	1123
Kiss My Assessment	1047.78
Vampires on the Run	974.24
RECORD Setters	880.43
ODSL The Good Pace	872.07
Red Hot Chili Steppers	821.42
StuAct Walkie Talkies	720.75
Multicultural Services	595.43
We've got Sole	593.77
Between a Walk and a Hard Place!	518.57
Not Fast, Just Furious	427.44
Tyrannosaurus Rec	387
The Young and the Breathless	292.61
Total	16775.61



Team Placings by Leagues-Adult

TTI

These Glutes are made for Walkin'	2470.91
Dynamic Walking WINgineers	2069.97
If You Ain't First, You're Last	1410.59
The Slackers	936.75
Walkin' on Sunshine	927.19
WALK IT LIKE IT'S HOT	613.8
Running Hot!	293.21
All Alone	116.69
Total	8839.11

TAMU-GRADS	308.07
Running from Chemistry	304.16
CSTR Team 1	117.39
Pink Ladies	109.76
Keep It Moving!	10.38
67	
Total	17614.21

This Week's Top 23 in Year 23

URPN 370 - HEALTH SYSTEM PLANNERS 2020

Wii Not Fit	698.4
Team Bonus Points	647.72
WAT Runners!	526.76
WAT! it do Ags	517.56
Run Like the Winded	506.8
shake and bake	500.51
WAT! IN TARNATION	471.72
The WATCHmen	460.09
WATs UP	433.8
AggiesWalkingAcrossTexas	389.34
WAT Pacers	226.26
Total	5378.96

LEAGUE OF THEIR OWN

LRC BAD KNEES SENIORS	1448.5
Dynacisers 20	1339.05
Cecum and Destroy	1175.94
Dumbells and Donuts	1149.56
Feet for Miles	1147.68
Search Dog Walkers	1028.3
Walking Warriors	856.18
Agony of De Feet	852.48
Sole Sisters	793.72
TIGER TRACKS	789.91
She's Got Legs	728.08
WTF (Where's the Finish)	698.52
MiSSIng Space CADets	681.69
Double the Fun Strollers	656.47
Geosciences	654.16
Walk Across KBTeXas	606.16
Corner Coasters	572.99
Rapid Thigh Movement (RTM)	517.75
CONTinual Motion	408.9
TAMU MUP 2020	347.09
Walkers without Borders	311.32

1. Walk This Way!	
Texas A&M Division of	
Student Affairs	3039.07
2. These Glutes are made for	
Walkin'	
TTI	2470.91
3. Dynamic Walking WINgineers	
TTI	2069.97
4. Train Recs	
Texas A&M Division of	
Student Affairs	2044.88
5. Winning Walkers	
CHI St. Joseph Health	1711.57
6. The Original Holy Walkamolies	
AgriLife Employee Wellness	1675.83
7. Walking Wonders	
CHI St. Joseph Health	1674.07
8. Liar, Liar, Legs of Fire	
TAMU- Main Campus	1601.21
9. CATs (COGers Across Texas)	
BVCOG	1556.92
10. CVM Dog Tired	
TAMU- Main Campus	1555.81
11. LRC BAD KNEES SENIORS	
	1448.5

12. If You Ain't First, You're Last	
TTI	1410.59
13. Texas Trail Drivers	
CHI St. Joseph Health	1407.84
14. Hike Across The Universe	
AgriLife Employee Wellness	1367.29
15. Texas Top Steppers	
CHI St. Joseph Health	1342.49
16. Dynacisers 20	
	1339.05
17. ODSL Exercise? I Thought You	
Said Extra Fries!	
Texas A&M Division of	
Student Affairs	1299.09
18. Chip My Penguin	
TAMU- Main Campus	1294.94
19. Road Rage Scholars	
TAMU- Main Campus	1279.49
20. Buns on the Run!	
CHI St. Joseph Health	1260.57
21. Making Strides	
AgriLife Employee Wellness	1243.73
22. DOR FAR and beyond	
TAMU- Main Campus	1199.67
23. DOR Skywalkers	
TAMU- Main Campus	1183.31



Psst!

- 1. It's time to nominate a deserving team member who has kept you motivated.**
- 2. Nominations should be emailed with an explanation of why this team member has been an inspiration to you or your team.**
- 3. Attach a picture or two, and email nomination to fewilliams@ag.tamu.edu**

**NOMINATE
NOW**





Attention please!

Mileage for the newsletter will be based on mileage as of Saturday of each week since physical activity can be entered daily.

DO NOT wait until the end to submit mileage. Enter regularly either daily or by Saturday of each week.

Let's go youth league teams!

Southwood4H	877.1 (10 youth)
FloMa's Grands	567.00 (7 youth)
Southwood4HAdult	333.19(5 parents)
Panthers	330.50 (16 youth)

Way to go Southwood 4-H! You made it across Texas!



It's time to think beyond kale smoothies and matcha lattes. Here's a new way to eat your greens, and it's easy to make!

[Get the recipe here!](#)



Enjoy!

Jovita



**MATCHA PEA
SPINACH SOUP**

Go ahead! Click [here](#) for a tasty
Matcha Pea Spinach Soup recipe.



League Commissioner Word Search

M O X N A S L S G F Z M M O B X X M C L
E R D W O N A O A C K T M R M X Q I Q T
A A D C B S H M G R T U I P E Q J K P K
G R K O L V B M O M A T R P J G K E A R
A P Q H X V J I Z H T M Q N A C I L N E
N A U I K Y Z B G A T K E A N H Z O Z U
H C U I N A Q M N Y R E R N P K S P H A
U Y Z Q M Y T Y A I T E I L D U L E I D
E R W S V U H E S R S T V H T E C Z R Y
R A H Q Z E H T L Y F A E I T C Z E E E
T M A J N X E E S Y C N T B I I D U V S
A Y K S O N R E H C N A G E M L R T P D
J F L N M U K K D P L S D Y O T E O M N
X E D C R G Z T I Y C K T H Y P X M D I
Y O G Q M U O A A M P D A O R L E B B L
H A Z Y Q W L K H Q X C K I U X E T J E
W T C E L W Z Z W P I F F K D T J B J A
T R A G G A T A N N A P T O B U J F Y Y
X V M N Q I C O O S H E R I M E Y E R K
S G N N N N U M A L I Y A H M C C R A Y

Lindsey Dauer
Monica Holder
Megan Chernosky
Alyssa Locklear
Aliyah Mccray

Katelyn Stout
Anna Taggart
Mike Lopez
Betty Gibson
Kayla Titus

Brittany Hensley
Meagan Huerta
Dorithie Thomas
Sheri Meyer
Kristen McGaw

Sara Mendez
Mary Capraro

TEXAS A&M
AGRILIFE
EXTENSION



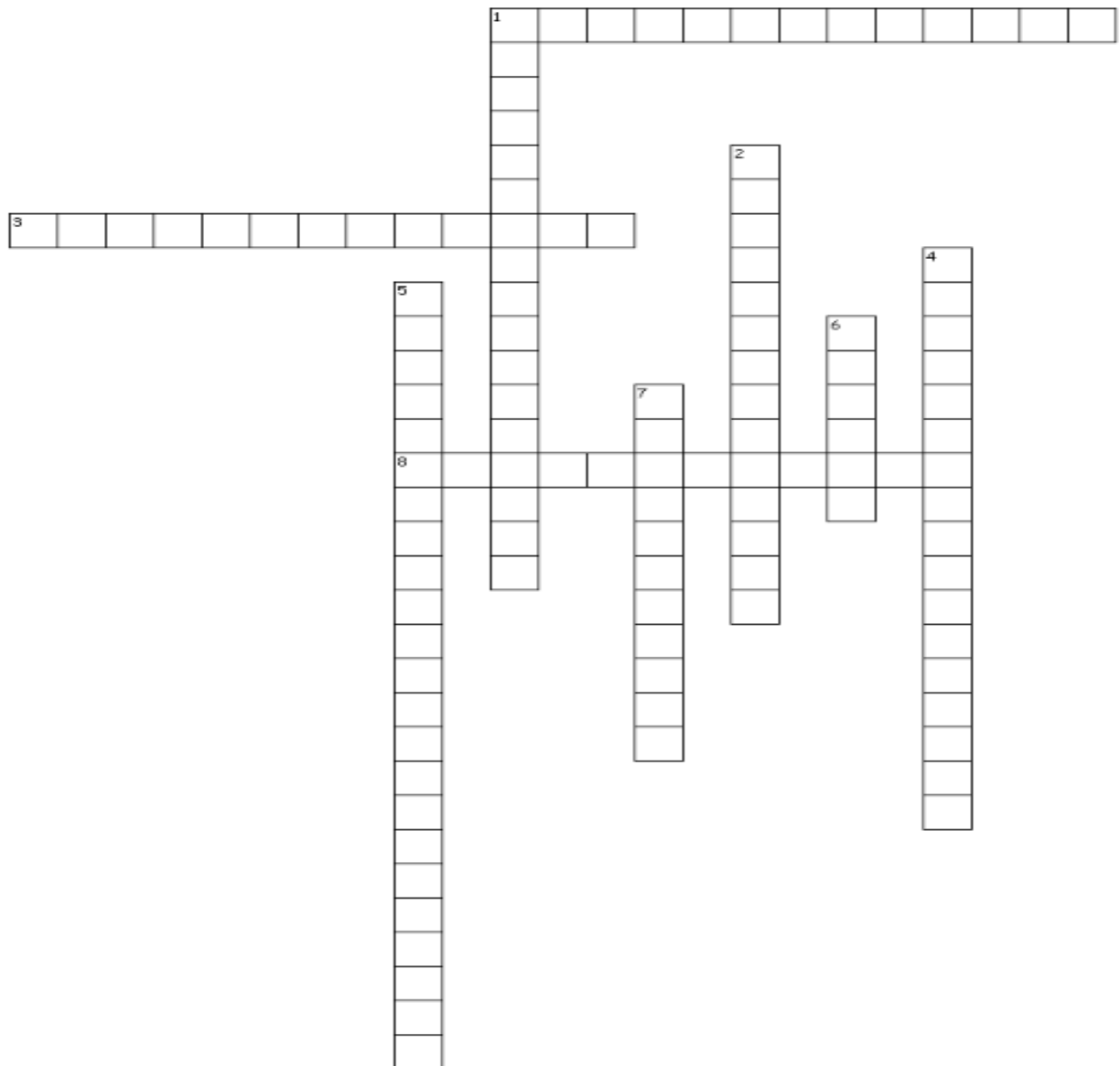
Use these great sponsors on this page to answer the crossword puzzle.



Camp Gladiator
College Station



WAT Sponsor Crossword



Across

1. This group is changing fitness and changing lives.
3. This company invites you to contact them for awards, trophies, plaques and/or customized engravings for employee recognition, sports accomplishment, team championship or educational achievement.
8. The largest entertainment venue in the area offering a unique experience to BOWL, PLAY, PARTY.

Down

1. The health center is recognized as the region's leader in healthcare services with 5 hospitals, 2 long-term care facilities, & 30 + clinics in the Brazos Valley
2. They offer a variety of programs like Birthday Parties, Skating School, Hockey, Figure Skating and Public Sessions
4. This sponsor has more than a dozen flavors of chicken salad to choose from, plus sides, and desserts.
5. This company's mission is to consistently provide our clients with responsive and dependable construction services completing them on time and within budget.
6. They offer elite programming, relevant dependable services, and customized athletic facilities.
7. The location where the kickoff event has been held the last several years.

STOP THE SPREAD OF GERMS

Help prevent the spread of respiratory diseases like COVID-19.

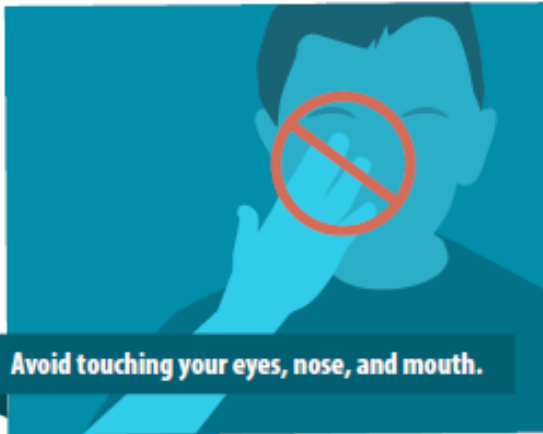
Avoid close contact with people who are sick.



Cover your cough or sneeze with a tissue, then throw the tissue in the trash.



Avoid touching your eyes, nose, and mouth.



Clean and disinfect frequently touched objects and surfaces.



Stay home when you are sick, except to get medical care.



Wash your hands often with soap and water for at least 20 seconds.



TEXAS
Health and Human
Services

Texas Department of State
Health Services

For more information: dshs.texas.gov/coronavirus

Get the latest information on Coronavirus (COVID19).

<https://texashelp.tamu.edu/coronavirus-information-resources/>

Support the Taskforce.

Purchase a WAT T-shirt.

2020 Walk Across Texas! t-shirts are available for purchase at the Brazos County Health District/Department. Short-sleeve only: S - XL \$10.00 2X - 3X- \$12.00

For t-shirt purchases, contact Sara Mendez at

SMendez@brazoscountytexas.gov or

979-361-5730. *1/2 price 2019 shirts are available .



**Consider joining the force
for the 2021 WAT Challenge!**

Walk Across Texas Taskforce Members

Chair

Lindsey Dauer-CHI St. Joseph Health

Treasurer:

Sara Mendez-Brazos County Health District

FCH County Extension Agent/Advisor:

Flora Williams-Texas A&M AgriLife Extension

Advisors:

Alice Kirk-Texas A&M AgriLife Extension

Michael Lopez-Texas A&M AgriLife Extension

Brian Faries- Texas A&M AgriLife Extension

Members:

Diana Gaytan-Brazos County Health District

Dorithie Thomas-Texas A&M AgriLife

Jessica Palacios-Texas A&M University System

JJ Macias-Texas A&M University System

Judy Kurtz-Texas A&M AgriLife Extension

Kelley Melcher-Blue Cross Blue Shield

Lesley Ward- City of Bryan

Leslie Martinek-CHI St. Joseph

Mary Parrish- Brazos County Health District

Pat Pierson-Texas A&M AgriLife Master Wellness Volunteer

Sheri Meyer-Texas A&M University System

For more information contact: Flora Williams at fewilliams@ag.tamu.edu

Brazos County Office of Texas A&M AgriLife Extension Service or at 979-823-0129 HAPPY TRAILS!

Educational programs of the Texas A&M AgriLife Extension Service are open to all people without regard to race, color, sex, disability, religion, age, or national origin. The Texas A&M University System, U.S. Department of Agriculture and the County Commissioners Courts of Texas Cooperating.