Texas A&M AgriLife Extension

Celebrating 23 Years of WAT Brazos County

Brazos County Walk Across Texas 2020

WALK ACROSS TEXAS! TEXAS ARM AGRILIFE EXTENSION

March 24, 2020

Making physical activity your 2020 vision

Welcome to Week 6 Walk Across Texas in Review

Now we are here! Week seven is coming to a close. We've worked to accumulate 198905.2 total miles so far. That's 21521.7 more miles than last week. One-hundred teams have reached the 833 mile mark or beyond. Your team could be next. This data was grabbed on Sunday, March 22.

Important Dates-at-a-Glance

WAT dates—February 8- April 3, 2020

Week 1: February 8-14, 2020

Week 2: February 15-21, 2020

Week 3: February 22-28, 2020

WALK ACROSS TEXAS MIDWAY BOOT CAMP-March 5, 2020

Week 4: February 29-March 6, 2020

Week 5: March 7-13, 2020

Week 6: March 14-20, 2020

Week 7: March 21-27, 2020 You are here!

Week 8: March 28-April 3, 2020

Last day to enter miles and wrap up survey—April 7, 2020

TEXAS A&M GRILIFE EXTENSION



- → Team members report your miles daily or at least by Saturday by 12:00 noon for newsletter purposes.
- → Snapshots of teams in action, upcoming fitness events, or success stories are needed. Email to Flora Williams at fewilliams@ag.tamu.edu.
- → NOMINATIONS ARE NEEDED FOR MOST INSPIRATIONAL TEAM MEMBER BY MARCH 27, 2020.

Top 15 Most Creative Names

- → Between A Walk and A Hard Place
- → Blister Sisters & Misters
- \rightarrow Buns on the Run
- → Dynamic Walking WINgineers
- → Fit For Duty
- → Hearts & Soles
- → Inspired, but Tired
- → Liar, Liar, Legs of Fire
- → Mind over Miles
- → Rapid Thigh Movement (RTM)
- → These Glutes are made for Walkin'

- → Thought you said 'Extra fries not exercise'
- → Walkers without Borders
- → WAT! IN TARNATION
- → Witness the Fitness



The judges have spoken. Judges were from Montgomery County this week.

The 833 or more Club

- 1. 2 Hot 2 Trot Tokyo Drift
- 2. 7 Groovy Chicks & An Old Dude
- 3. Agony of De Feet
- 4. Agony of De Feet CLLA
- 5. Avocardio
- 6. BAEN Movers and Groovers
- 7. Between a Walk and Hard Pace
- 8. Blazin' 8
- 9. Blood, Sweat, & Beers
- 10. Brazos Walking Warriors
- 11. Buns on the Run
- 12. Buns on the Run!
- 13. CATs (COGers Across Texas)
- 14. Cecum and Destroy
- 15. Chicks with Kicks
- 16. Chip My Penguin
- 17. Corner Coasters
- 18. CVM Dog Tired
- 19. CVM Heart and Sole
- 20. DoIT Again
- 21. DOR FAR and beyond
- 22. DOR Skywalkers
- 23. DOR we there yet?
- 24. DORitos Locos
- 25. Dumbells and Donuts
- 26. Dynamic Walking WINgineers
- 27. Feet for Miles
- 28. Fit For Duty
- 29. Gel Runners
- 30. Groovy Grape Steppers
- 31. Hike Across The Universe
- 32. IBT Roadrunners
- 33. If You Ain't First, You're Last
- 34. If You Wink at Me I'll Wenckebach
- 35. Kickin' Asphalt
- 36. Kiss My Assessment
- 37. LAAHlygaggers
- 38. Left TAP Shoe
- 39. Legs Misérables
- 40. Let's Get Fiscal
- 41. Liar, Liar, Legs of Fire
- 42. Libraries' Cirque Du Sore Legs

- 43. Loch'd, Docked and Ready to Walk
- 44. LRC BAD KNEES SENIORS
- 45. Making Strides
- 46. Maroon03
- 47. Mays Transformational Walkers
- 48. Michael Scott's MYCON College Station Celebrity Rabies
 Awareness Fun Run Pro Am
 Race For the Cure
- 49. Neville's Lo ngbottoms
- 50. Not So Fast But Furious
- 51. Nye's Home Fries
- 52. ODSL Exercise? I Thought You Said Extra Fries!
- 53. ODSL Reber Fever
- 54. ODSL The Good Pace
- 55. One More Lap
- 56. OSA Pharmily
- 57. People Enjoying Activity...Periodically
- 58. Perennial Posse
- 59. PPRI Scrambled legs
- 60. RECord Setters
- 61. Red Hot Chili Steppers
- 62. RegiSTRIDES Student Services Stompers
- 63. RELLIS-School of Walk
- 64. ResLife Walker Texas Rangers
- 65. RHACOMModores
- 66. Rice Racers
- 67. Rice Roadrunners
- 68. Right TAP Shoe
- 69. Road Rage Scholars
- 70. RRAAREQers
- 71. Scrambled Legs
- 72. Search Dog Walkers
- 73. She's Got Legs
- 74. Show Time
- 75. Sole Sisters
- 76. Sole Sisters
- 77. Sole Survivors
- 78. Take a Hike 79. Tater Trots

- 80. Texas Top Steppers
- 81. Texas Trail Drivers
- 82. The Motley Crew
- 83. The Original Holy Walkamolies
- 84. The Slackers
- 85. Thought you said 'Extra fries not exercise'
- 86. TIGER TRACKS
- 87. Train Recs
- 88. Turn Down for WAT!
- 89. Vampires on the Run
- 90. Vexed Fossils
- 91. Walk This Way!
- 92. Walk-A-Mole
- 93. Walk-er Texas Ranger
- 94. Walker Texas Rangers
- 95. Walkin' on Sunshine
- 96. Walking Robins
- 97. Walking Warriors
- 98. Walking Wonders
- 99. We Thought They Said 'Rum'
- 100.Winning Walkers





These teams have 833 or more miles. Congrats! 100 teams have put in the work! Keep going and going and going and going and going and....

Top 23 Individuals

1. Christian Falconer	Texas A&M Division of Student Affairs	865.5
2. Dorothy Rainwater		834
3. Katie Turnbull	пп	788
4. Mary Levien	ПІ	682.25
5. Angela Wells	Bryan ISD Technology	680.33
6. Mark Haven	Texas A&M Division of Student Affairs	665.2
7. Ron Robison	Texas A&M Division of Student Affairs	651.25
8. Tim Adams	TAMU- Main Campus	628.1
9. GeNae Welch	Texas A&M Division of Student Affairs	626.5
10. John Pitt	BVCOG	560.68
11. Monty Dozier	Texas A&M University System Offices	530.28
12. David Schrank	TTI	520.86
13. Jonathan Dikes		504.59
14. Michael Deveau	TAMU- Main Campus	484.58
15. Breaux Daniel	CHI St. Joseph Health	465
16. Viki Coumbe	CHI St. Joseph Health	456.3
17. Elizabeth Morris	Texas A&M University System Offices	445
18. Justin Lange	TTI	412.7
19. Kerstin Landrock	AgriLife Employee Wellness	409.5
20. Deena McConnell	TAMU- Main Campus	394.1
21. Karsten Pearce	AgriLife Employee Wellness	387.95
22. Monica Colson	Texas A&M Division of Student Affairs	383.32
23. Joe Paul	BVCOG	377.4

Overall Team Placing

- 1. Walk This Way!
- 2. Dynamic Walking WINgineers
- 3. Train Recs
- 4. Winning Walkers
- 5. Walking Wonders
- 6. Liar, Liar, Legs of Fire
- 7. The Original Holy Walkamolies
- 8. CVM Dog Tired
- 9. LRC BAD KNEES SENIORS
- 10. CATs (COGers Across Texas)
- 11. If You Ain't First, You're Last
- 12. Texas Trail Drivers
- 13. Texas Top Steppers
- 14. Hike Across The Universe
- 15. The Motley Crew
- 16. Road Rage Scholars
- 17. Buns on the Run!
- 18. ODSL Exercise? I Thought You Said 63. PPRI Scrambled legs Extra Fries!
- 19. Chip My Penguin
- 20. Making Strides
- 21. People Enjoying Activity...Periodically
- 22. Search Dog Walkers
- 23. Avocardio
- 24. Perennial Posse
- 25. ResLife Walker Texas Rangers
- 26. Cecum and Destroy
- 27. DOR Skywalkers
- 28. DOR FAR and beyond
- 29. Groovy Grape Steppers
- 30. Feet for Miles
- 31. CVM Heart and Sole
- 32. Dumbells and Donuts
- 33. RRAAREQers
- 34. Walking Robins
- 35. Kiss My Assessment
- 36. Walkin' on Sunshine
- 37. Between a Walk and Hard Pace
- 38. Vampires on the Run
- 39. Blazin' 8
- 40. We Thought They Said 'Rum'
- 41. Loch'd, Docked and Ready to Walk
- 42. Scrambled Legs
- 43. RELLIS-School of Walk
- 44. 2 Hot 2 Trot Tokyo Drift
- 45. ODSL Reber Fever
- 46. Gel Runners
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- 48. Agony of De Feet CLLA
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- 50. Fit For Duty
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- 54. Tater Trots
- 55. ODSL The Good Pace
- 56. Sole Sisters
- 57. Michael Scott's MYCON College Station Celebrity Rabies Awareness Fun Run Pro Am Race For the Cure
- 58. The Slackers
- 59. Libraries' Cirque Du Sore Legs
- 60. Sole Survivors
- 61. Show Time
- 62. RECord Setters
- 64. Walk-er Texas Ranger
- 65. Let's Get Fiscal
- 66. Agony of De Feet
- 67. IBT Roadrunners
- 68. Walking Warriors
- 69. Sole Sisters
- 70. Not So Fast But Furious
- 71. DoIT Again
- 72. Walk-A-Mole
- 73. Nye's Home Fries
- 74. Vexed Fossils
- 75. Take a Hike
- 76. Right TAP Shoe
- 77. LAAHlygaggers
- 78. Rice Roadrunners
- 79. Red Hot Chili Steppers
- 80. Kickin' Asphalt
- 81. She's Got Legs
- 82. RHACOMModores
- 83. Legs Misérables
- 84. Mays Transformational Walkers
- 85. BAEN Movers and Groovers
- 86. Corner Coasters
- 87. Left TAP Shoe
- 88. 7 Groovy Chicks & An Old Dude
- 89. TIGER TRACKS
- 90. Blood, Sweat, & Beers
- 91. Neville's Lo ngbottoms
- 92. Walker Texas Rangers
- 93. RegiSTRIDES Student Services Stompers

- 94. Brazos Walking Warriors
- 95. One More Lap
- 96. Maroon03
- 97. Thought you said 'Extra fries not ex-
- 98. If You Wink at Me I'll Wenckebach
- 99. DORitos Locos
- 100.DOR we there yet?
- 101.Dallas Center Turf Team
- 102.MiSsIng Space CADets
- 103. The Young & The Breathless
- 104.16 Feet With Sole
- 105.WTF (Where's the Finish)
- 106.CommqWATs
- 107.DOR Dashing Divas
- 108.Wii Not Fit
- 109. Twinkle Twinkle Little Toes
- 110.MYtoCONdria The Powerhouse of
- 111.PPRI-Chafing the Dream
- 112.Awesome Screening Squad
- 113.JETCOBRA

Texas

- 114.Quads of Fury
- 115.Mind over Miles
- 116. Walking With Auditude
- 117.IBT Not Fast, Just Furious
- 118.Are We There Yet...duh?
- 119.Spevtaculars
- 120. The Young and the Rest of Us
- 121.Team Bonus Points
- 122. Tai Chi Wonders 2
- 123.Administeppers
- 124.StuAct Walkie Talkies
- 125. Walkin' till the Cows Come Home
- 126.WALK IT LIKE IT'S HOT
- 127. Walking Wonders
- 128.Gone With the Win
- 129.Bright On Track
- 130.Walk it Out
- 131. Naptime at the Finish Line
- 132.DOR We thought they said Rum



Overall Team Placing-cont'd

	_		
	133.Bookin' It!	169.Yeehawlin' Buns	211.DOR Student Athletes
	134.RegiSTRIDES The Young and	170.Walking on Air	212.DOR RAcers
	the Breathless	171.WIC Wellness Revolutionaires	213.DOR - Chasing Pavements
	135.Are we there yet?	172.Money Walks	214.Old Town Road Walkers
	136.Between A Walk and A Hard	173.GIFT WATaTeam	215.TAMU MUP 2020
	Place	174.CONtinual Motion	216.The Young and the Breathless
	137.Not Fast, Just Furious	175.Tyrannosaurus Rec	217.Rise of the LIBR Skywalkers
	138.Francis Hall Highsteppers	176.Run Like the Winded	218.NoneOfUsAreTexansExcept-
	139.These Glutes are made for	177.aMAYSing Steppers	ForCrashAndAllison
	Walkin'	178.shake and bake	219.Sea Legs for Days
	140.Hearts & Soles	179.Navasota Movers & Shakers	220.5 Sisters and a Mister
	141.Double the Fun Strollers	180.WAT Runners!	221.Techno Speed Walkers
	142.RegiSTRIDES Burning Thighs	181.3rd floor annexers	222.The Untouchables
	143.Blister Sisters & Misters	182.Miracle	223.Running Hot!
	144.We've got Sole	183.TPDDL Plant Detectives	224.WAT Pacers
	145.TNT Blast	184.WAT! it do Ags	225.Running from Chemistry
	146.RegiSTRIDES Degree Jog-it	185.WIC Bandits 4 Boobies	226.Inspired, but Tired
	147.WAT! IN TARNATION	186.RegiSTRIDES Run Like the	227.All EAHR's 2020
	148.Walk Across KBTeXas	Winded	228.Reading Ramblers
	149.Between a Walk and a Hard	187.Better Living for Texans	229.Research that Moves
	Place!	188.WATs UP	230.The Good Ags
	150.EAST Steppers	189.Holy Walkamolies	231.Freud Would've Ubered
	151.We Thought They Said Rum	190.The WATchmen	232.Texas Two Steppers
	152.Walkie Talkies	191.ORECking Crew	233.TEAM BIMS
	153.Geosciences	192.RegiSTRIDES The Proclaimers	234.Honey Bees
	154.See ya later, aggregator	193.Contracts & Gains	235.GOGAPS
	155.Legs Miserables	194.Numb Locks (DoIT)	236.TheLunchClub
_	156.Not Fast, Just Furious	195.Fast & Furious	237.CSTR Team 1
	157.If the Shoe Doesn't Fit, We	196.The Walking Bad	238.All Alone
	Must Quit	197.Lazy Lobsters	239.Madisonville
	158.X	198.Cirque Du Sore-Legs	240.Suite Sisters Stepping Out
	159.Witness the Fitness	199.Tai Chi Wonders 1	241.Gotta Love Benefits
	160.Rapid Thigh Movement (RTM)	200.Rice Rice Baby	242.Pink Ladies
	161.Sole Beneficiaries	201.DOR Step Happy	243.Red Hot Chili Steppers
	162.DOR R.eally E.nthused B.ut	202.Red Hot Chili Steppers	244.TVMDL Client Servies
	S.hort of breath	203.The HROE Stompers	245.Alex LC
	163.Holy Walkamolies	204.Steppin' Out	246.CCU Nightwalkers
	164.Holy Walkamolies	205.TAMU-GRADS	247.The Number Juan's
	165.RegiSTRIDES With Cherrys on	206.AggiesWalkingAcrossTexas	248.Twinkle Toes
	Тор	207.Poultry Science	249.Fantastic8
	166.Oak Wilt Annihilators	208.Texas RoadRunners	250.Twinkle Toes
	167.Ben E. Fits Off His Rockers	209.SowBloomGrow	** • 4
	168.Multicultural Services	210.Walkers without Borders	Hang in there teams!
- 1			

Team Placings by Leagues-Adult

AGRILIFE EMPLOY	EE	ALYSSA'S LEARNII	NG	CHI ST. JOSEPH HE	ALTH
WELLNESS		COMMUNITY		Winning Walkers	2022.67
The Original Holy Walkamoli	es		150 46	Walking Wonders	1936.53
The Original Front Walkamon	1860.26	The North on Joseph	173.46	Texas Trail Drivers	1622.72
Hike Across The Universe	1542.13	The Number Juan's Twinkle Toes	53.91	Texas Top Steppers	1579.86
Making Strides	1426	Twinkle Toes	17	Buns on the Run!	1471.84
Avocardio	1381.36	Total	5	Scrambled Legs	1160.12
Perennial Posse	1340.15		249.37	Walk-er Texas Ranger	1002.2
Groovy Grape Steppers	1310.05	BRAZOS COUNT		Walk-A-Mole	958.22
Between a Walk and Hard Pac		EMPLOYEE TEAM	AS	Take a Hike	946.4
Blazin' 8	1178.82	Turn Down for WAT!	1105.06	If You Wink at Me I'll Wenck	ebach
Loch'd, Docked and Ready to	Walk	Tater Trots	1085.82		837.53
Í	1167.89	Brazos Walking Warriors	853.25	The Young & The Breathless	823.38
Gel Runners	1122.25	One More Lap	852.57	JETCOBRA	784.41
Rice Racers	1108.7	Gone With the Win	728.19	Tai Chi Wonders 2	751.53
Sole Survivors	1027.97	Walkie Talkies	658.1	Walk it Out	726.13
Show Time	1018.58	Total	5282.99	Between A Walk and A Hard	Place
Not So Fast But Furious	979.01	BRYAN ISD TECHNO	LOGY		702.85
Vexed Fossils	950.33	TNT Blast	683.93	Walking on Air	577.8
Rice Roadrunners	922.4	Texas RoadRunners	384.19	Tai Chi Wonders 1	446.95
BAEN Movers and Groovers	907.12	Techno Speed Walkers	315.35	Suite Sisters Stepping Out	143.44
Blood, Sweat, & Beers	874.97	The Untouchables	314.45	CCU Nightwalkers	61.45
Dallas Center Turf Team	832.29	Reading Ramblers	268.1	Total	18556.03
Twinkle Twinkle Little Toes	810.46	Total	1966.02	HOTARD HUSTLERS	
Mind over Miles	783.89	BVCOG		Right TAP Shoe	936.34
Are We There Yetduh?	774.15	CATs (COGers Across Texas)	1715.48	Left TAP Shoe	892.29
Walkin' till the Cows Come H		Chicks with Kicks	1086.75	Total	1828.63
	742.94	7 Groovy Chicks & An Old Di	ude	MYCON GENERA	<u>4</u> L
Witness the Fitness	647.64	•	892.02	CONTRACTORS, I	
Oak Wilt Annihilators	626.73	The Young and the Rest of Us	766.43	Michael Scott's MYCON Colle	
Ben E. Fits Off His Rockers	602.53	X	648.25	tion Celebrity Rabies Awarene	_
Yeehawlin' Buns	587.13	Holy Walkamolies	631.64	Run Pro Am Race For the Cui	
GIFT WATaTeam	560.78	WIC Wellness Revolutionaires	574.82	Run 110 / Am Race 1 Of the Cui	1048.42
Miracle 518.68	-1-01	Navasota Movers & Shakers	533.45	Walker Texas Rangers	870.98
TPDDL Plant Detectives	517.94	WIC Bandits 4 Boobies	513.32	MYtoCONdria – The Powerh	
Better Living for Texans	499.93	Steppin' Out	394.7	Texas	803.14
Contracts & Gains	474.52	Honey Bees	178.93	Total	2722.54
Rice Rice Baby	446.43	Madisonville	151.17	TAMU REMOTE	
Poultry Science	385.8	Fantastic8	7		
SowBloomGrow	373.27	Total	8093.96	OSA Pharmily	1088.4
5 Sisters and a Mister TVMDL Client Servies	319.56			IBT Roadrunners	990.52
	89.99 917.6			Awesome Screening Squad	
10(a)	/1/.0			IBT - Not Fast, Just Furiou	sv774.48
				Fast & Furious	470.5
				Total	4113.15

Team Placings by Leagues-Adult

709.23

Bookin' It!

Total

TAMU- MAIN CAM	PUS	RegiSTRIDES The Young and		TEXAS A&M FOUNDA	TION
Liar, Liar, Legs of Fire	1915.03	Breathless	707.66	Let's Get Fiscal	997.25
CVM Dog Tired	1831.78	Are we there yet?	705.32	Blister Sisters & Misters	688.73
Road Rage Scholars	1484.09	Not Fast, Just Furious	698.85	Money Walks	570.95
Chip My Penguin	1432.26	Francis Hall Highsteppers	696.85	Red Hot Chili Steppers	419.41
People Enjoying ActivityPerio	odically	Hearts & Soles	693.34	Inspired, but Tired	302.85
1 , , , ,	1400.37	RegiSTRIDES Burning Thighs		Total	2979.19
DOR Skywalkers	1319.01	RegiSTRIDES Degree Jog-it	681.56	TEXAS A&M UNIVER	
DOR FAR and beyond	1314.77	EAST Steppers	662.31	SYSTEM OFFICE	
CVM Heart and Sole	1295.34	We Thought They Said Rum	658.4		
RRAAREQers	1244.4	Legs Miserables	653.68	The Motley Crew	1541.6
We Thought They Said 'Rum'	1169.83	DOR R.eally E.nthused B.ut S		Walking Robins	1237.62
2 Hot 2 Trot - Tokyo Drift	1145.69	breath	639.67	RELLIS-School of Walk	1150.52
Buns on the Run	1118.9	Holy Walkamolies	637.56	Walking With Auditude	780.25
Agony of De Feet - CLLA	1117.72	RegiSTRIDES With Cherrys o	•	See ya later, aggregator	653.96
Fit For Duty	1107.25		627.83	If the Shoe Doesn't Fit, We Mu	
Sole Sisters	1054.18	aMAYSing Steppers	535.67	C.I.D. C.	649.03
Libraries' Cirque Du Sore Legs	s 1032.63	3rd floor annexers	526.13	Sole Beneficiaries	641.4
PPRI Scrambled legs	1010.99	RegiSTRIDES Run Like the W		Tevas As A Division	6654.38
DoIT Again	967.43		508.42	TEXAS A&M DIVISION	
Nye's Home Fries	957.17	Holy Walkamolies	495.12	STUDENT AFFAIRS	
LAAHlygaggers	932.02	ORECking Crew	483.29	Walk This Way!	3411.72
Kickin' Asphalt	916.76	RegiSTRIDES The Proclaimer		Train Recs	2342.03
RHACOMModores	909.56	Numb Locks (DoIT)	474.01	ODSL Exercise? I Thought You	
Legs Misérables	908.44	The Walking Bad	467.68	Extra Fries!	1460.2
Mays Transformational Walker	rs	Lazy Lobsters	463.54	C	1339.65
	908.43	Cirque Du Sore-Legs	454.6	Kiss My Assessment	1228.3
Neville's Lo ngbottoms	871.11	DOR Step Happy	428.49	Vampires on the Run	1189.2
RegiSTRIDES Student Services	S	The HROE Stompers	412.28	ODSL The Cood Page	1135.87
Stompers	863.42	DOR Student Athletes	361.6	ODSL The Good Pace RECord Setters	1056.23
Maroon03	850.67	DOR RAcers	359.99		1012.26
Thought you said 'Extra fries r	not exer-	DOR - Chasing Pavements	358.01	Red Hot Chili Steppers	918.4
cise'	843.42	Old Town Road Walkers	354.06	StuAct Walkie Talkies	745.39
DORitos Locos	835.94	Rise of the LIBR Skywalkers	337.14	We've got Sole	684.63
DOR we there yet?	833.93	NoneOfUsAreTexansExcept-		Between a Walk and a Hard Pl	
16 Feet With Sole	823.35	ForCrashAndAllison	328.6	N. C. L. L. P	666.8
CommqWATs	819.18	Sea Legs for Days	322.38	Not Fast, Just Furious	651.07
DOR Dashing Divas	816.62	All EAHR's 2020	300.4	Multicultural Services	595.43
PPRI-Chafing the Dream	794.16	Research that Moves	235.17	Tyrannosaurus Rec	555.7
Quads of Fury	784.26	The Good Ags	232.5	. 0	340.61
Spevtaculars	766.94	Freud Would've Ubered	219.02	Total	19333.49
Administeppers	747.14	Texas Two Steppers	208.2		
Walking Wonders	736.3	TEAM BIMS	207.96		
Bright On Track	726.8	GOGAPS	173.62		
Naptime at the Finish Line	724.44	Gotta Love Benefits	111.2		
DOR We thought they said Ru	um	Red Hot Chili Steppers	104.45		
· ·	722.08	Alex LC	86.53		

61546.27

Team Placings by Leagues-Adult

TAMU-GRADS

TAMU MUP 2020

Walkers without Borders

389.37

367.08

352.59

TTI		Ru	nning from Chemistry	304.16		University System Office	es
	0-		TR Team 1	167.39		omversity bystem ome	1541.6
Dynamic Walking WINgineers			k Ladies	109.76	16	D 1D C11	1541.0
If You Ain't First, You're Last		Tot		19227.53	16.	Road Rage Scholars	
Walkin' on Sunshine	1212.2	100	aı .	19221.55		TAMU- Main Camp	ous
The Slackers	1039.67						1484.09
WALK IT LIKE IT'S HOT	742.65		This Week's To	n 22	17.	Buns on the Run!	
These Glutes are made for Wa			TIMS AACCE 2 TO	P 23		CHI St. Joseph Health	1471.84
	696.72		in Year 23		18	ODSL Exercise? I Thou	
Running Hot!	309.21		111 1 9011 13		10.	Said Extra Fries!	giit Tou
All Alone	163.42	Ь					c
Total	8382.7	1	Walk This Way!			Texas A&M Division of	
URPN 370 - HEALTH S	SYSTEM	-•	Texas A&M Division o	f		Student Affairs	1460.2
PLANNERS 2020)		Student Affairs		19.	Chip My Penguin	
Wii Not Fit	811.14	_		3411.72		TAMU-Main Campus	1432.26
Team Bonus Points	764.49	2.	Dynamic Walking WIN	_	20.	Making Strides	
WAT! IN TARNATION	677.61		TTI	2557.83		AgriLife Employee Well	ness
Run Like the Winded	542.76	3.	Train Recs			8projec wen	1426
shake and bake	534.18		Texas A&M Division o	of	21	Doople Enjoying Activity	
WAT Runners!	526.76		Student Affairs	2342.03	21.	People Enjoying Activity	y
WAT! it do Ags	517.56	4.	Winning Walkers			Periodically	
WATs UP	495.32		CHI St. Joseph Health	2022.67		TAMU- Main Campus	1400.37
The WATchmen	486.69	_	· • • • • • • • • • • • • • • • • • • •	2022.07	22.	Search Dog Walkers	
AggiesWalkingAcrossTexas	389.34	5.	Walking Wonders	100(=0			1391.66
WAT Pacers	305.5		CHI St. Joseph Health	1936.53	23.	Avocardio	
Total	6051.35	6.	Liar, Liar, Legs of Fire		_	AgriLife Employee Well	ness
LEAGUE OF THEIR OV			TAMU- Main Campus			8	1381.36
LRC BAD KNEES SENIORS		7.	The Original Holy Wal	kamolies			1,01.50
	1715.5		AgriLife Employee V	Wellness			
Search Dog Walkers	1391.66 1322.54			1860.26			
Cecum and Destroy Feet for Miles		8	CVM Dog Tired				
Dumbells and Donuts	1301.61 1262.66	٥.	TAMU- Main Campus	1831 78			
Agony of De Feet	993.69	0	•				
	993.69 984.72	9.	LRC BAD KNEES SEN			+	
Walking Warriors Sole Sisters			G.I.T. /GO.G.	1715.5		In Sain	0
She's Got Legs	983.53 913.48	10.	CATs (COGers Across	Texas)		Imagine	
Corner Coasters	913.48		BVCOG	1715.48		With	all
TIGER TRACKS	906.54 885.81	11.	If You Ain't First, You'r	re Last		I SOUP I	nind.
			TTI	1661		Believe	2.
MiSsIng Space CADets WTF (Whore's the Finish)	827.5 821.01	12	Texas Trail Drivers				
WTF (Where's the Finish) Double the Fun Strollers	693.24		CHI St. Joseph Health	1622.72		With	all
Walk Across KBTeXas	676.91	12	. •	1022.72		A / Jour h	eart.
Geosciences	654.16	13.	Texas Top Steppers	1550.00		+ChioNA	0,
			CHI St. Joseph Health				all
Rapid Thigh Movement (RTM CONtinual Motion		14.	Hike Across The Unive			WICH	ian-
CONTINUAL MOTION	560.05		AgriLife Employee V	Wellness		YOUP M	IIYNT.

AgriLife Employee Wellness

15. The Motley CrewTexas A&M

1542.13

Most Inspirational Person Nominations by March 27

- 1. It is time to nominate a deserving team member who has kept you motivated.
- 2. Nominations should be emailed with a narrative of why this team member has been an inspiration to you or your team.
- 3. Attach a picture or two, and email nomination to fewilliams@ag.tamu.edu by March 27.
- 4. No late nominations accepted.







We have zero nominations!

League completion rates

- → AgriLife Employee Wellness 50%
- → Alyssa's Learning Community 0%
- → Brazos County Employee Teams 66.6%
- → Bryan ISD Technology 0%
- → BVCOG 23%
- → CHI St. Joseph Health 52.6%
- → Hotard Hustlers 100%
- → MYCON General Contractors, Inc. 66.6%
- → TAMU- Main Campus 35.7%
- → TAMU Remote 40%
- → Texas A&M Division of Student Affairs 58.8%
- → Texas A&M Foundation 20%
- → Texas A&M University System Offices 42.8%
- → TTI 50%
- → URPN 370 Health System Planners 2020 0%

Let's go youth league teams!

Southwood4H 1195.82.1 (10 youth)
FloMa's Grands 717 (7 youth)
Southwood4HAdult 535.44(5 parents)
Panthers 330.50 (16 youth)

Way to go Southwood 4-H! You made it across Texas!





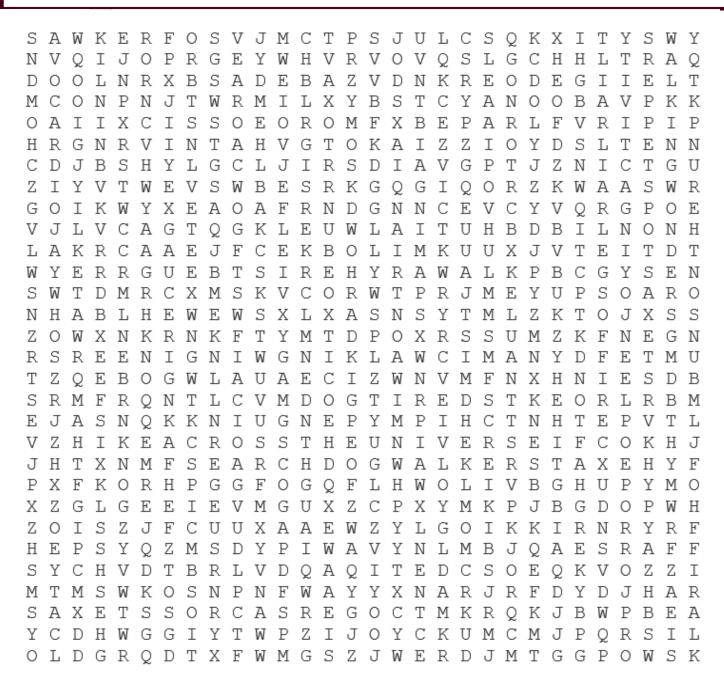
Go ahead! Click here for a tasty

Apple Waldorf Salad recipe. Yummy!





Top 23 Teams Word Search



- Walk This Way
- Dynamic Walking-WINgineers
- Train Recs
- Winning Walkers
- Walking Wonders
- Liar Liar Legs of Fire

- The Original Holy Walkamolies
- CVM Dog Tired
- LRC BAD KNEES SENIORS
- COGers Across Texas
- If You Ain't First

You're Last

- Texas Trail Drivers
- Texas Top Steppers
- Hike Across The Universe
- The Motley Crew
- Road Rage Scholars
- Buns on the Run

- I Thought You Said Extra Fries
- Chip My Penguin
- Making Strides
- People Enjoying Activity
- Search Dog Walkers
- Avocardio

Which team's name is missing? Be the first to email Flora at fewilliams@ag.tamu.edu and win a prize. Last week's winner was Barbara Schumacher. Alyssa Locklear was missing from the puzzle.







Thank you sponsors!





Camp Gladiator
College Station









Imagine better health.™

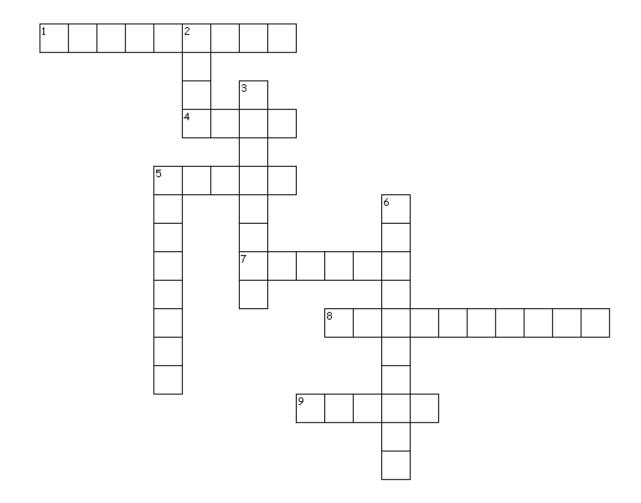








Checklist to Get Ready for COVID-19



Across
1. Some emergency warning signs include trouble, persis-
tent pain or pressure in the chest, new confusion or inability to arouse, bluish lips or face.
4. Avoid touching your, nose, and mouth.
5and disinfect frequently touched objects and surfaces.
7. Cover your cough or sneeze with a, then throw it in the
trash.
8. Wash your hands
9. If someone in your home is sick sharing personal items.
Down
2. Stay when you are sick.
3. If someone in your home is sick keep the ill person in a room from others in the household.
5. If someone in your home is sick to practice everyday preventive actions.
6. Take everyday steps.



STOP THE SPREAD OF GERMS

Help prevent the spread of respiratory diseases like COVID-19.



Get the latest information on Coronavirus (COVID19).

https://texashelp.tamu.edu/coronavirus-information-resources/

Support the Taskforce. Purchase a WAT T-shirt.

2020 Walk Across Texas! t-shirts are available for purchase at the Brazos County Health District/Department. Short-sleeve only: S - XL \$10.00 2X - 3X- \$12.00

For t-shirt purchases, contact Sara Mendez at

SMendez@brazoscountytx.gov or

979-361-5730. *1/2 price 2019 shirts are available.



Consider joining the force for the 2021 WAT Challenge

Walk Across Texas Taskforce Members

Chair

Lindsey Dauer-CHI St. Joseph Health

Treasurer:

Sara Mendez-Brazos County Health District

FCH County Extension Agent/Advisor:

Flora Williams-Texas A&M AgriLife Extension

Advisors:

Alice Kirk-Texas A&M AgriLife Extension

Michael Lopez-Texas A&M AgriLife Extension

Brian Faries- Texas A&M AgriLife Extension

Members:

Diana Gaytan-Brazos County Health District
Dorithie Thomas-Texas A&M AgrLife
Jessica Palacios-Texas A&M University System
JJ Macias-Texas A&M University System
Judy Kurtz-Texas A&M AgriLife Extension
Kelley Melcher-Blue Cross Blue Shield
Lesley Ward- City of Bryan
Leslie Martinek-CHI St. Joseph
Mary Parrish- Brazos County Health District
Pat Pierson-Texas A&M AgriLife Master Wellness
Volunteer
Sheri Meyer-Texas A&M University System

For more information contact: Flora Williams at fewilliams@ag.tamu.edu
Brazos County Office of Texas A&M AgriLife Extension Service or at 979-823-0129 HAPPY TRAILS!

Educational programs of the Texas A&M AgriLife Extension Service are open to all people without regard to race, color, sex, disability, religion, age, or national origin. The Texas A&M University System, U.S. Department of Agriculture and the County Commissioners Courts of Texas Cooperating.