



Brazos County Walk Across Texas 2020

Welcome to Week 7 Walk Across Texas in Review

Boom! Just like that week eight is almost over. It is time to bring this challenge to a close, but not our physical activity. The magic number at the end of Week 7 was 225,575. That's 26,629.6 more miles than last week. Wow! 127 teams have reached the 833 mile mark or beyond. This data was grabbed on Saturday, March 28.

Important Dates—at-a-Glance

WAT dates—February 8- April 3, 2020

~~Week 1: February 8-14, 2020~~

~~Week 2: February 15-21, 2020~~

~~Week 3: February 22-28, 2020~~

~~WALK ACROSS TEXAS MIDWAY BOOT CAMP-March 5, 2020~~

~~Week 4: February 29-March 6, 2020~~

~~Week 5: March 7-13, 2020~~

~~Week 6: March 14-20, 2020~~

~~Week 7: March 21-27, 2020~~

Week 8: March 28-April 3, 2020 ← Y'all! We are here!

Last day to enter miles and wrap up survey—April 7, 2020

April 1, 2020

Making physical activity your 2020 vision

TEXAS A&M
AGRILIFE
EXTENSION



- * April 3, 2020 brings our eight weeks of physical activity challenge to a close.
- * Please stay active! Your health could depend on it.
- * Get all of your miles entered no later than April 7, 2020 as well as complete your wrap up survey.
- * Your team is more than welcome to keep going on your own for another round once your survey is submitted. Best!

Top 10 Most Creative Names

- Between A Walk and A Hard Place
- Blister Sisters & Mistrs
- Buns on the Run
- Hearts & Soles
- Mind over Miles
- Rapid Thigh Movement (RTM)
- These Glutes are made for Walkin'
- Thought you said 'Extra fries not exercise'
- Walkers without Borders
- Witness the Fitness



The judges have spoken. Tune in to the final selection.

The 833 or more Club

- | | | |
|---------------------------------------|---|--|
| 1. 16 Feet With Sole | 47. Left TAP Shoe | 86. Search Dog Walkers |
| 2. 2 Hot 2 Trot - Tokyo Drift | 48. Legs Misérables | 87. She's Got Legs |
| 3. 7 Groovy Chicks & An Old Dude | 49. Let's Get Fiscal | 88. Show Time |
| 4. Agony of De Feet | 50. Liar, Liar, Legs of Fire | 89. Sole Sisters |
| 5. Agony of De Feet - CLLA | 51. Libraries' Cirque Du Sore Legs | 90. Sole Sisters |
| 6. Avocardio | 52. Loch'd, Docked and Ready to Walk | 91. Sole Survivors |
| 7. Awesome Screening Squad | 53. LRC BAD KNEES SENIORS | 92. Spevtaculars |
| 8. BAEN Movers and Groovers | 54. Making Strides | 93. StuAct Walkie Talkies |
| 9. Between a Walk and Hard Pace | 55. Maroon03 | 94. Take a Hike |
| 10. Blazin' 8 | 56. Mays Transformational Walkers | 95. Tater Trots |
| 11. Blood, Sweat, & Beers | 57. Michael Scott's MYCON College Station Celebrity Rabies Awareness Fun Run Pro Am Race For the Cure | 96. Team Bonus Points |
| 12. Brazos Walking Warriors | 58. Mind over Miles | 97. Texas Top Steppers |
| 13. Buns on the Run | 59. MiSsIng Space CADets | 98. Texas Trail Drivers |
| 14. Buns on the Run! | 60. MYtoCONDria – The Powerhouse of Texas | 99. The Motley Crew |
| 15. CATs (COGers Across Texas) | 61. Neville's Lo ngbottoms | 100. The Original Holy Walkamolies |
| 16. Cecum and Destroy | 62. Not So Fast But Furious | 101. The Slackers |
| 17. Chicks with Kicks | 63. Nye's Home Fries | 102. The Young & The Breathless |
| 18. Chip My Penguin | 64. ODSL Exercise? I Thought You Said Extra Fries! | 103. The Young and the Rest of Us |
| 19. CommqWATs | 65. ODSL Reber Fever | 104. Thought you said 'Extra fries not exercise' |
| 20. Corner Coasters | 66. ODSL The Good Pace | 105. TIGER TRACKS |
| 21. CVM Dog Tired | 67. One More Lap | 106. Train Recs |
| 22. CVM Heart and Sole | 68. OSA Pharmily | 107. Turn Down for WAT! |
| 23. Dallas Center Turf Team | 69. People Enjoying Activity...Periodically | 108. Twinkle Twinkle Little Toes |
| 24. DoIT Again | 70. Perennial Posse | 109. Vampires on the Run |
| 25. DOR Dashing Divas | 71. PPRI Scrambled legs | 110. Vexed Fossils |
| 26. DOR FAR and beyond | 72. PPRI-Chafing the Dream | 111. WALK IT LIKE IT'S HOT |
| 27. DOR Skywalkers | 73. Quads of Fury | 112. Walk This Way! |
| 28. DOR we there yet? | 74. REcOrd Setters | 113. Walk-A-Mole |
| 29. DOR We thought they said Rum | 75. Red Hot Chili Steppers | 114. Walk-er Texas Ranger |
| 30. DORitos Locos | 76. RegiSTRIDES Student Services Stompers | 115. Walker Texas Rangers |
| 31. Double the Fun Strollers | 77. RELLIS-School of Walk | 116. Walkin' on Sunshine |
| 32. Dumbells and Donuts | 78. ResLife Walker Texas Rangers | 117. Walkin' till the Cows Come Home |
| 33. Dynamic Walking WINGineers | 79. RHACOMModores | 118. Walking Robins |
| 34. Feet for Miles | 80. Rice Racers | 119. Walking Warriors |
| 35. Fit For Duty | 81. Rice Roadrunners | 120. Walking With Auditude |
| 36. Gel Runners | 82. Right TAP Shoe | 121. Walking Wonders |
| 37. Groovy Grape Steppers | 83. Road Rage Scholars | 122. Walking Wonders |
| 38. Hike Across The Universe | 84. RRAAREQers | 123. WAT! IN TARNATION |
| 39. IBT - Not Fast, Just Furious | 85. Scrambled Legs | 124. We Thought They Said 'Rum' |
| 40. IBT Roadrunners | | 125. Wii Not Fit |
| 41. If You Ain't First, You're Last | | 126. Winning Walkers |
| 42. If You Wink at Me I'll Wenckebach | | 127. WTF (Where's the Finish) |
| 43. JETCOBRA | | These teams have 833 or more miles. |
| 44. Kickin' Asphalt | | Congrats! 127 teams have put in the work! Keep going.... |
| 45. Kiss My Assessment | | |
| 46. LAAHlygaggers | | |

Top 23 Individuals

NAME	TEAM NAME	LEAGUE NAME	MILEAGE
1. Katie Turnbull	Dynamic Walking	WINgineers TTI	1136
2. Dorothy Rainwater	LRC BAD KNEES SENIORS		1000
3. Christian Falconer	Walk This Way!	Texas A&M Division of Student Affairs	985.98
4. GeNae Welch	Walk This Way!	Texas A&M Division of Student Affairs	792.1
5. Mark Haven	Train Recs	Texas A&M Division of Student Affairs	786.06
6. Tim Adams	Liar, Liar, Legs of Fire	TAMU- Main Campus	778.4
7. John Pitt	CATs (COGers Across Texas)	BVCOG	755.52
8. Ron Robison	Walk This Way!	Texas A&M Division of Student Affairs	694.55
9. Mary Levien	Dynamic Walking	WINgineers TTI	682.25
10. Angela Wells	TNT Blast	Bryan ISD Technology	680.33
11. David Schrank	Dynamic Walking	WINgineers TTI	603.06
12. Monty Dozier	The Motley Crew	Texas A&M University System Offices	600.09
13. Elizabeth Morris	The Motley Crew	Texas A&M University System Offices	593.5
14. Jonathan Dikes	Feet for Miles		587.84
15. Viki Coumbe	Winning Walkers	CHI St. Joseph Health	555.5
16. Michael Deveau	Chip My Penguin	TAMU- Main Campus	541.08
17. Breaux Daniel	Winning Walkers	CHI St. Joseph Health	519.83
18. Kerstin Landrock	Avocardio	AgriLife Employee Wellness	484.7
19. Emily Ivey	ODSL Reber Fever	Texas A&M Division of Student Affairs	478.58
20. Monica Colson	Walk This Way!	Texas A&M Division of Student Affairs	476.2
21. Deena McConnell	EAST Steppers	TAMU- Main Campus	466.4
22. Margarita Jones	Better Living for Texans	AgriLife Employee Wellness	465.5
23. Joe Paul	CATs (COGers Across Texas)	BVCOG	464.56



Overall Team Placing

1. Walk This Way!
2. Train Recs
3. Dynamic Walking WINgineers
4. Winning Walkers
5. Walking Wonders
6. Liar, Liar, Legs of Fire
7. CATs (COGers Across Texas)
8. LRC BAD KNEES SENIORS
9. CVM Dog Tired
10. The Original Holy Walkamolies
11. The Motley Crew
12. If You Ain't First, You're Last
13. Texas Trail Drivers
14. Texas Top Steppers
15. Road Rage Scholars
16. Buns on the Run!
17. ODSL Exercise? I Thought You Said Extra Fries!
18. Walking Robins
19. Hike Across The Universe
20. Making Strides
21. ResLife Walker Texas Rangers
22. Perennial Posse
23. DOR Skywalkers
24. DOR FAR and beyond
25. Chip My Penguin
26. Show Time
27. Dumbells and Donuts
28. People Enjoying Activi-ty...Periodically
29. Groovy Grape Steppers
30. Cecum and Destroy
31. Avocardio
32. Search Dog Walkers
33. Loch'd, Docked and Ready to Walk
34. CVM Heart and Sole
35. Kiss My Assessment
36. Feet for Miles
37. RELIS-School of Walk
38. Vampires on the Run
39. Gel Runners
40. Walkin' on Sunshine
41. Mind over Miles
42. Agony of De Feet - CLLA
43. RRAAREQers
44. Buns on the Run
45. Fit For Duty
46. Rice Racers
47. LAAHlygaggers
48. Turn Down for WAT!
49. We Thought They Said 'Rum'
50. Blazin' 8
51. Scrambled Legs
52. ODSL Reber Fever
53. Tater Trots
54. Between a Walk and Hard Pace
55. OSA Pharmily
56. 2 Hot 2 Trot - Tokyo Drift
57. Michael Scott's MYCON College Sta-
tion Celebrity Rabies Awareness Fun
Run Pro Am Race For the Cure
58. Sole Survivors
59. The Slackers
60. ODSL The Good Pace
61. Walk-er Texas Ranger
62. Let's Get Fiscal
63. Kickin' Asphalt
64. Sole Sisters
65. Walk-A-Mole
66. Walking Warriors
67. Agony of De Feet
68. DOR Dashing Divas
69. PPRI Scrambled legs
70. Brazos Walking Warriors
71. Chicks with Kicks
72. Libraries' Cirque Du Sore Legs
73. Not So Fast But Furious
74. REcOrd Setters
75. Neville's Lo ngbottoms
76. Vexed Fossils
77. She's Got Legs
78. BAEN Movers and Groovers
79. Red Hot Chili Steppers
80. Sole Sisters
81. TIGER TRACKS
82. Walker Texas Rangers
83. IBT Roadrunners
84. 7 Groovy Chicks & An Old Dude
85. Rice Roadrunners
86. DoIT Again
87. Right TAP Shoe
88. Blood, Sweat, & Beers
89. Nye's Home Fries
90. Mays Transformational Walkers
91. Legs Misérables
92. DORitos Locos
93. Take a Hike
94. Corner Coasters
95. MYtoCONDria – The Powerhouse of
Texas
96. WTF (Where's the Finish)
97. DOR we there yet?
98. IBT - Not Fast, Just Furious
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100. Thought you said 'Extra fries not ex-
ercise'
101. StuAct Walkie Talkies
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105. DOR We thought they said Rum
106. Quads of Fury
107. MiSsIng Space CADets
108. WAT! IN TARNATION
109. The Young & The Breathless
110. RegiSTRIDES Student Services
Stompers
111. PPRI-Chafing the Dream
112. Team Bonus Points
113. Walking With Auditude
114. Twinkle Twinkle Little Toes
115. 16 Feet With Sole
116. Awesome Screening Squad
117. Walking Wonders
118. Wii Not Fit
119. Spevtaculars
120. One More Lap
121. Dallas Center Turf Team
122. Walkin' till the Cows Come Home
123. The Young and the Rest of Us
124. Maroon03
125. JETCOBRA
126. If You Wink at Me I'll Wenckebach
127. Double the Fun Strollers
128. Not Fast, Just Furious
129. Sole Beneficiaries
130. Tai Chi Wonders 2
131. Fast & Furious
132. See ya later, aggregator



Overall Team Placing-cont'd

- | | | |
|---|--|----------------------------------|
| 133.Bright On Track | 172.TPDDL Plant Detectives | 211.Steppin' Out |
| 134.Oak Wilt Annihilators | 173.Poultry Science | 212.SowBloomGrow |
| 135.Walk it Out | 174.DOR R.eally E.nthusud B.ut S.hort
of breath | 213.TAMU-GRADS |
| 136.Are we there yet? | 175.Ben E. Fits Off His Rockers | 214.Texas RoadRunners |
| 137.Naptime at the Finish Line | 176.Yeehawlin' Buns | 215.DOR Student Athletes |
| 138.Bookin' It! | 177.Walking on Air | 216.DOR RAcers |
| 139.Administepers | 178.3rd floor annexers | 217.DOR - Chasing Pavements |
| 140.Witness the Fitness | 179.AggiesWalkingAcrossTexas | 218.WAT Pacers |
| 141.Are We There Yet...duh? | 180.WATs UP | 219.Old Town Road Walkers |
| 142.Gone With the Win | 181.Multicultural Services | 220.5 Sisters and a Mister |
| 143.Between a Walk and a Hard Place! | 182.ORECKing Crew | 221.The Young and the Breathless |
| 144.If the Shoe Doesn't Fit, We Must
Quit | 183.shake and bake | 222.Rise of the LIBR Skywalkers |
| 145.Holy Walkamolies | 184.Money Walks | 223.Inspired, but Tired |
| 146.These Glutes are made for Walkin' | 185.Run Like the Winded | 224.Sea Legs for Days |
| 147.Blister Sisters & Misters | 186.WIC Bandits 4 Boobies | 225.Techno Speed Walkers |
| 148.GIFT WATaTeam | 187.WIC Wellness Revolutionaires | 226.The Untouchables |
| 149.We Thought They Said Rum | 188.Cirque Du Sore-Legs | 227.Running from Chemistry |
| 150.Between A Walk and A Hard Place | 189.Numb Locks (DoIT') | 228.All EAHr's 2020 |
| 151.We've got Sole | 190.Miracle | 229.Reading Ramblers |
| 152.Walk Across KBTexas | 191.Lazy Lobsters | 230.Research that Moves |
| 153.Francis Hall Highsteppers | 192.WAT! it do Ags | 231.TEAM BIMS |
| 154.RegISTRIDES Degree Jog-it | 193.Navasota Movers & Shakers | 232.The Good Ags |
| 155.Geosciences | 194.The WATCHmen | 233.Freud Would've Ubered |
| 156.RegISTRIDES Burning Thighs | 195.Running Hot! | 234.Texas Two Steppers |
| 157.aMAYSing Steppers | 196.Tai Chi Wonders 1 | 235.CSTR Team 1 |
| 158.Rapid Thigh Movement (RTM) | 197.RegISTRIDES Run Like the Winded | 236.All Alone |
| 159.RegISTRIDES The Young and the
Breathless | 198.Better Living for Texans | 237.Honey Bees |
| 160.EAST Steppers | 199.Holy Walkamolies | 238.Suite Sisters Stepping Out |
| 161.WAT Runners! | 200.RegISTRIDES The Proclaimers | 239.TheLunchClub |
| 162.Hearts & Soles | 201.The Walking Bad | 240.Madisonville |
| 163.Legs Miserables | 202.Rice Rice Baby | 241.Gotta Love Benefits |
| 164.RegISTRIDES With Cherrys on Top | 203.Contracts & Gains | 242.Pink Ladies |
| 165.TNT Blast | 204.Red Hot Chili Steppers | 243.Red Hot Chili Steppers |
| 166.Not Fast, Just Furious | 205.DOR Step Happy | 244.TVMDL Client Servies |
| 167.Walkie Talkies | 206.GOGAPS | 245.Alex LC |
| 168.Holy Walkamolies | 207.NoneOfUsAreTexansExcept-
ForCrashAndAllison | 246.CCU Nightwalkers |
| 169.CONTinual Motion | 208.The HROE Stompers | 247.The Number Juan's |
| 170.X | 209.TAMU MUP 2020 | 248.Twinkle Toes |
| 171.Tyrannosaurus Rec | 210.Walkers without Borders | 249.Fantastic8 |
| | | 250.Twinkle Toes |



Team Placings by Leagues-Adult

AGRILIFE EMPLOYEE WELLNESS

Original Holy Walkamolies	2026.68
Hike Across The Universe	1664.21
Making Strides	1650.27
Perennial Posse	1573.21
Show Time	1503.58
Groovy Grape Steppers	1470.67
Avocardio	1464.56
Loch'd, Docked and Ready to Walk	1422.84
Gel Runners	1354.72
Mind over Miles	1349
Rice Racers	1305.65
Blazin' 8	1258.72
Between a Walk and Hard Pace	1216
Sole Survivors	1206.92
Not So Fast But Furious	1064.06
Vexed Fossils	1049.84
BAEN Movers and Groovers	1041.77
Rice Roadrunners	1010.52
Blood, Sweat, & Beers	992.98
Twinkle Twinkle Little Toes	885.65
Dallas Center Turf Team	860.19
Walkin' till the Cows Come Home	857.97
Oak Wilt Annihilators	799.43
Witness the Fitness	775.39
Are We There Yet...duh?	774.15
GIFT WATaTeam	743.21
TPDDL Plant Detectives	660.53
Poultry Science	642.1
Ben E. Fits Off His Rockers	638.27
Yeehawlin' Buns	637.36
Miracle	567.58
Better Living for Texans	507.93
Rice Rice Baby	477.12
Contracts & Gains	474.52
SowBloomGrow	398.32
5 Sisters and a Mister	342.23
TVMDL Client Servies	89.99
Total	36758.14

ALYSSA'S LEARNING COMMUNITY

TheLunchClub	173.46
The Number Juan's	53.91
Twinkle Toes	17
Twinkle Toes	5
Total	249.37

BRAZOS COUNTY EMPLOYEE TEAMS

Turn Down for WAT!	1274.16
Tater Trots	1216.3
Brazos Walking Warriors	1087.88
One More Lap	863.56
Gone With the Win	772.59
Walkie Talkies	679.6
Total	5894.09

BRYAN ISD TECHNOLOGY

TNT Blast	683.93
Texas RoadRunners	384.19
Techno Speed Walkers	315.35
The Untouchables	314.45
Reading Ramblers	268.1
Total	1977.37

BVCOG

CATs (COGers Across Texas)	2150.97
Chicks with Kicks	1086.75
7 Groovy Chicks & An Old Dude	1012.32
The Young and the Rest of Us	853.67
Holy Walkamolies	679.29
X	671.4
WIC Bandits 4 Boobies	575.22
WIC Wellness Revolutionaires	574.82
Navasota Movers & Shakers	533.45
Steppin' Out	405.7
Honey Bees	178.93
Madisonville	151.17
Fantastic8	7
Total	8880.69

CHI ST. JOSEPH HEALTH

Winning Walkers	2315.12
Walking Wonders	2208.46
Texas Trail Drivers	1807.67
Texas Top Steppers	1754.57
Buns on the Run!	1697.39
Scrambled Legs	1255.09
Walk-er Texas Ranger	1169.15
Walk-A-Mole	1129.12
Take a Hike	974.3
The Young & The Breathless	905.69
JETCOBRA	840.91
If You Wink at Me I'll Wenckebach	837.53
Tai Chi Wonders 2	820.81
Walk it Out	798.69
Between A Walk and A Hard Place	737.25

Walking on Air	616.8
Tai Chi Wonders 1	509.55
Suite Sisters Stepping Out	176.8
CCU Nightwalkers	61.45
Total	20616.35

HOTARD HUSTLERS

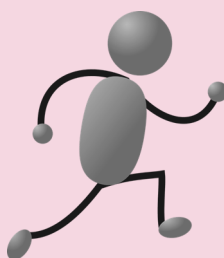
Right TAP Shoe	1004.79
Left TAP Shoe	954.02
Total	1958.81

MYCON GENERAL CONTRACTORS, INC.

Michael Scott's MYCON College Station Celebrity Rabies Awareness Fun Run Pro Am Race For the Cure	1209.95
Walker Texas Rangers	1017.75
MYtoCONDria – The Powerhouse of Texas	973.44
Total	3201.14

TAMU REMOTE

OSA Pharmily	1215.1
IBT Roadrunners	1014.1
IBT - Not Fast, Just Furious	965.47
Awesome Screening Squad	872.25
Fast & Furious	816.1
Total	4883.02



Team Placings by Leagues-Adult

TAMU- MAIN CAMPUS

Liar, Liar, Liar, Legs of Fire	2205.57
CVM Dog Tired	2034.22
Road Rage Scholars	1698.79
DOR Skywalkers	1568.48
DOR FAR and beyond	1562.88
Chip My Penguin	1542.29
People Enjoying Activity...Periodically	1473.08
CVM Heart and Sole	1414.83
Agony of De Feet - CLLA	1347.81
RRAAREQers	1347.74
Buns on the Run	1314.68
Fit For Duty	1307.24
LAAHlygaggers	1281.45
We Thought They Said 'Rum'	1263.66
2 Hot 2 Trot - Tokyo Drift	1210.88
Kickin' Asphalt	1162.98
Sole Sisters	1141.45
DOR Dashing Divas	1115.14
PPRI Scrambled legs	1114.2
Libraries' Cirque Du Sore Legs	1079.43
Neville's Lo ngbottoms	1050.26
DoIT Again	1006.24
Nye's Home Fries	992.74
Mays Transformational Walkers	989.33
Legs Misérables	988.79
DORitos Locos	980.41
DOR we there yet?	966.32
CommqWATs	965.09
Thought you said 'Extra fries not exercise'	964.65
RHACOMModores	959.7
DOR We thought they said Rum	948.93
Quads of Fury	940.39
RegiSTRIDES Student Services Stompers	901.09
PPRI-Chafing the Dream	900.53
16 Feet With Sole	878.35
Walking Wonders	869.58
Spevtaculars	866.29
Maroon03	850.67
Not Fast, Just Furious	828.38
Bright On Track	801.38
Are we there yet?	798.19
Naptime at the Finish Line	794.06

Bookin' It!	791.99
Administepers	791.95
Holy Walkamolies	756.53
We Thought They Said Rum	742.8
Francis Hall Highsteppers	729.25
RegiSTRIDES Degree Jog-it	728.96
RegiSTRIDES Burning Thighs	712.6
aMAYSing Steppers	709.29
RegiSTRIDES The Young and the	
Breathless	707.66
EAST Steppers	705.51
Hearts & Soles	693.34
Legs Miserables	687.58
RegiSTRIDES With Cherrys on Top	686.61
DOR R.eally E.nthused B.ut S.hort of	
breath	639.67
3rd floor annexers	602.93
OREcking Crew	591.58
Cirque Du Sore-Legs	572.05
Numb Locks (DoIT)	569.21
Lazy Lobsters	552.78
RegiSTRIDES Run Like the Winded	508.42
Holy Walkamolies	495.12
RegiSTRIDES The Proclaimers	480.94
The Walking Bad	477.73
DOR Step Happy	454.79
GOGAPS	430.09
NoneOfUsAreTexansExcept-	
ForCrashAndAllison	427.4
The HROE Stompers	412.28
DOR Student Athletes	361.6
DOR Racers	359.99
DOR - Chasing Pavements	358.01
Old Town Road Walkers	354.06
Rise of the LIBR Skywalkers	337.14
Sea Legs for Days	322.38
All EAHR's 2020	300.4
Research that Moves	235.17
TEAM BIMS	232.65
The Good Ags	232.5
Freud Would've Ubered	219.02
Texas Two Steppers	208.2
Gotta Love Benefits	111.2
Red Hot Chili Steppers	104.45
Alex LC	86.53
Total	73793.55

TEXAS A&M FOUNDATION

Let's Get Fiscal	1167.32
Blister Sisters & Misters	748.96
Money Walks	589.1
Red Hot Chili Steppers	456.11
Inspired, but Tired	328.35
Total	3289.84

TEXAS A&M UNIVERSITY SYSTEM OFFICES

The Motley Crew	1936.11
Walking Robins	1677.22
RELLIS-School of Walk	1380.18
Walking With Auditude	898.05
Sole Beneficiaries	823.65
See ya later, aggregator	813.29
Total	8292.43

TEXAS A&M DIVISION OF STUDENT AFFAIRS

Walk This Way!	3888.54
Train Recs	2912.03
ODSL Exercise? I Thought You Said	
Extra Fries!	1679.78
ResLife Walker Texas Rangers	1630.43
Kiss My Assessment	1411.29
Vampires on the Run	1370.28
ODSL Reber Fever	1251.43
ODSL The Good Pace	1179.13
RECORD Setters	1062.76
Red Hot Chili Steppers	1039.73
StuAct Walkie Talkies	961.19
Between a Walk and a Hard Place!	765.51
We've got Sole	734.73
Not Fast, Just Furious	683.59
Tyrannosaurus Rec	667.2
Multicultural Services	595.43
The Young and the Breathless	340.61
Total	22173.66



Team Placings by Leagues-Adult

TTI

Dynamic Walking WINgineers	2869.53
If You Ain't First, You're Last	1909.66
Walkin' on Sunshine	1353.17
The Slackers	1196.32
WALK IT LIKE IT'S HOT	954.15
These Glutes are made for Walkin'	749.9
Running Hot!	517.88
All Alone	183.44
Total	9734.05

CONTinual Motion	674.33
TAMU MUP 2020	411.89
Walkers without Borders	408.56
TAMU-GRADS	389.37
Running from Chemistry	304.16
CSTR Team 1	185.7
Pink Ladies	109.76
Total	21548.79

This Week's Top 23 in Year 23

URPN 370 - HEALTH SYSTEM PLANNERS 2020

WAT! IN TARNATION	906.06
Team Bonus Points	900.33
Wii Not Fit	868.2
WAT Runners!	693.73
AggiesWalkingAcrossTexas	602.74
WATs UP	598.05
shake and bake	589.8
Run Like the Winded	582.14
WAT! it do Ags	541.56
The WATCHmen	524.69
WAT Pacers	356.4
Total	7163.7

1. Walk This Way!	
Texas A&M Division of Student Affairs	3888.54
2. Train Recs	
Texas A&M Division of Student Affairs	2912.03
3. Dynamic Walking WINgineers	
TTI	2869.53
4. Winning Walkers	
CHI St. Joseph Health	2315.12
5. Walking Wonders	
CHI St. Joseph Health	2208.46
6. Liar, Liar, Legs of Fire	
TAMU- Main Campus	2205.57
7. CATs (COGers Across Texas)	
BVCOG	2150.97
8. LRC BAD KNEES SENIORS	
	2076.5
9. CVM Dog Tired	
TAMU- Main Campus	2034.22
10. The Original Holy Walkamolies	
AgriLife Employee Wellness	2026.68
11. The Motley Crew	
Texas A&M University System Offices	1936.11
12. If You Ain't First, You're Last	
TTI	1909.66

13. Texas Trail Drivers	
CHI St. Joseph Health	1807.67
14. Texas Top Steppers	
CHI St. Joseph Health	1754.57
15. Road Rage Scholars	
TAMU- Main Campus	1698.79
16. Buns on the Run!	
CHI St. Joseph Health	1697.39
17. ODSL Exercise? I Thought You Said Extra Fries!	
Texas A&M Division of Student Affairs	1679.78
18. Walking Robins	
Texas A&M University System Offices	1677.22
19. Hike Across The Universe	
AgriLife Employee Wellness	1664.21
20. Making Strides	
AgriLife Employee Wellness	1650.27
21. ResLife Walker Texas Rangers	
Texas A&M Division of Student Affairs	1630.43
22. Perennial Posse	
AgriLife Employee Wellness	1573.21
23. DOR Skywalkers	
TAMU- Main Campus	1568.48

LEAGUE OF THEIR OWN

LRC BAD KNEES SENIORS	2076.5
Dumbbells and Donuts	1497.3
Cecum and Destroy	1466.84
Search Dog Walkers	1447.74
Feet for Miles	1396.86
Walking Warriors	1116.58
Agony of De Feet	1115.24
She's Got Legs	1042.52
Sole Sisters	1027.53
TIGER TRACKS	1025.33
Corner Coasters	973.44
WTF (Where's the Finish)	969.13
MiSsIng Space CADets	909.3
Double the Fun Strollers	837.1
Walk Across KBTexas	734.4
Geosciences	720.36
Rapid Thigh Movement (RTM)	708.85

23

Most Inspirational Nomination- Alex Diederich

I would like to nominate my good friend Alex Diederich for inspiration awards. I am on the Hike Across the Universe from the AgriLife Employee Wellness League. I invited Alex on our team because he is an arborist for the city of San Francisco, and is constantly outside for work. He is also an avid outdoorsman and a nature enthusiast. Having him on my team inspired me to try to get out there and stay ahead of him, which I was able to do in the beginning. For the first 6 weeks, I was ahead of him, but his steady pace eventually surpassed mine. Alex was the first one on our team to hit 300 miles, which I thought was impressive. Although Alex is in another state, we tried to keep the "Walk" in "Walk Across Texas" as our ultimate goal. Foot to pavement or boots on trails was the only way we logged miles and I liked that policy very much. Knowing he was always behind me by 20 or 30 miles kept me motivated and racing ahead. I liked that we were purists and did not use the equivalency charts to calculate miles. We were really out there, walking and experiencing the outdoor elements in our own states. It was a fun journey and I am thankful Alex was on our team. Thanks as well to WAT!2020 for inviting us along on this adventure.

—Brian Hux

Alex Diederich



Most Inspirational Nomination– Mark Haven

I would like to nominate Mark Haven from the Train Rec's team. When the announcement came out that teams were being solicited to participate in Walk Across Texas, Mark was one of the first people to sign up. Along with the organization from Sachi Carr in recruiting team members, Mark quickly became the leader of the group. He was nominated to be team captain and enthusiastically volunteered to get us registered. He was very patient when many different team names were suggested and took tons of votes for every suggestion that came along. Along the way, he has sent team updates and encouragement to enter hours. Personally he set a goal that he wanted to complete the mileage to walk across Texas all by himself and has accomplished this feat. He has set a high standard but has not been boastful about it. Rec Sports has a tendency to be very competitive and he has keep it fun. The Fitbit challenges have encouraged us to stay active with one another and Mark has declined some of the invites so that other staff members could win the day. He's a great motivator and team player.

—Paula Opal



Mark Haven

League completion rates

- AgriLife Employee Wellness 61%
- Alyssa's Learning Community 0%
- Brazos County Employee Teams 66.6%
- Bryan ISD Technology 0%
- BVCOG 30.7%
- CHI St. Joseph Health 63%
- Hotard Hustlers 100%
- MYCON General Contractors, Inc. 100%
- TAMU- Main Campus 80%
- TAMU Remote 45%
- Texas A&M Division of Student Affairs 64.7%
- Texas A&M Foundation 20%
- Texas A&M University System Offices 83%
- TTI 62.5%
- URPN 370 - Health System Planners 2020 30%

Let's go youth league teams!

* Southwood4H (10 youth)	1,390.87
* FloMa's Grands (7 youth)	1065
* Southwood4HAdult (5 parents)	641.64
* Panthers (16 youth)	330.50



Go ahead! Click <https://dinnertonight.tamu.edu/recipe/beef-fajitas/> for a tasty Beef Fajita recipe. Yummy!



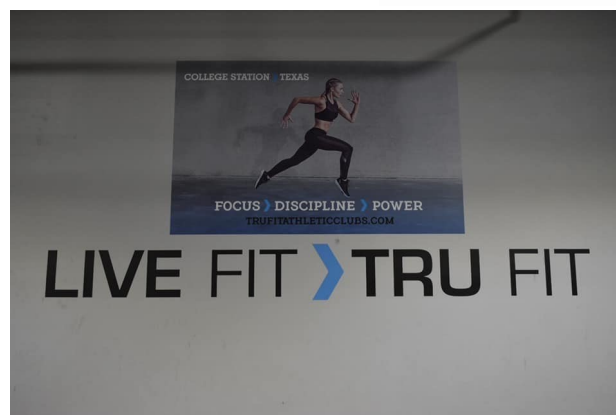
TEXAS A&M
AGRILIFE
EXTENSION



Thank you sponsors!



Camp Gladiator
College Station



Friendly Reminders

- * April 3, 2020 is the last day to accumulate miles toward this year's sponsored challenge.
- * Get all of your miles entered by April 7, 2020 along with wrap up survey for consideration of this challenge.
- * We operate on the honor system for this fun and competitive challenge. Our hope is to encourage more physical activity. Please go back and verify that you have entered miles and not steps for the sake of fairness. Some numbers are extraordinary.
- * We are concluding Walk Across Texas in a much different environment that we started. The Walk Across Texas Taskforce is glad you stayed the course. Be safe.
- * Mileage winners of 1st, 2nd, & 3rd place, most creative team name, most inspirational person, and a random drawing of 23 teams who finished the challenge will be announced on Facebook live on April 15. KBTX has suspended live interviews due to COVID-19.
- * The final newsletter will go out April 15. Please send success stories and pictures by April 7.

SHARE FACTS ABOUT COVID-19

Know the facts about coronavirus disease 2019 (COVID-19) and help stop the spread of rumors.

**FACT
1**

Diseases can make anyone sick regardless of their race or ethnicity.

Fear and anxiety about COVID-19 can cause people to avoid or reject others even though they are not at risk for spreading the virus.

**FACT
2**

For most people, the immediate risk of becoming seriously ill from the virus that causes COVID-19 is thought to be low.

Older adults and people of any age who have serious underlying medical conditions may be at higher risk for more serious complications from COVID-19.

**FACT
3**

Someone who has completed quarantine or has been released from isolation does not pose a risk of infection to other people.

For up-to-date information, visit CDC's coronavirus disease 2019 web page.



CS125864-4 03/16/2020

**FACT
4**

There are simple things you can do to help keep yourself and others healthy.

- Wash your hands often with soap and water for at least 20 seconds, especially after blowing your nose, coughing, or sneezing; going to the bathroom; and before eating or preparing food.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.

**FACT
5**

You can help stop COVID-19 by knowing the signs and symptoms:

- Fever
- Cough
- Shortness of breath

Seek medical advice if you

- Develop symptoms

AND

- Have been in close contact with a person known to have COVID-19 or if you live in or have recently been in an area with ongoing spread of COVID-19.

[cdc.gov/COVID-19](https://www.cdc.gov/COVID-19)

Get the latest information on Coronavirus (COVID19).

<https://texashelp.tamu.edu/coronavirus-information-resources/>

Support the Taskforce.

Purchase a WAT T-shirt.

2020 Walk Across Texas! t-shirts are available for purchase at the Brazos County Health District/Department. Short-sleeve only: S - XL \$10.00 2X - 3X- \$12.00

For t-shirt purchases, contact Sara Mendez at

SMendez@brazoscountytexas.gov or

979-361-5730. *1/2 price 2019 shirts are available .



**Consider joining the force
for the 2021 WAT Challenge!**

Walk Across Texas Taskforce Members

Chair

Lindsey Dauer-CHI St. Joseph Health

Treasurer:

Sara Mendez-Brazos County Health District

FCH County Extension Agent/Advisor:

Flora Williams-Texas A&M AgriLife Extension

Advisors:

Alice Kirk-Texas A&M AgriLife Extension

Michael Lopez-Texas A&M AgriLife Extension

Brian Faries- Texas A&M AgriLife Extension

Members:

Diana Gaytan-Brazos County Health District

Dorithie Thomas-Texas A&M AgrLife

Jessica Palacios-Texas A&M University System

JJ Macias-Texas A&M University System

Judy Kurtz-Texas A&M AgriLife Extension

Kelley Melcher-Blue Cross Blue Shield

Lesley Ward- City of Bryan

Leslie Martinek-CHI St. Joseph

Mary Parrish- Brazos County Health District

Pat Pierson-Texas A&M AgriLife Master Wellness Volunteer

Sheri Meyer-Texas A&M University System

For more information contact: Flora Williams at fewilliams@ag.tamu.edu

Brazos County Office of Texas A&M AgriLife Extension Service or at 979-823-0129 HAPPY TRAILS!

Educational programs of the Texas A&M AgriLife Extension Service are open to all people without regard to race, color, sex, disability, religion, age, or national origin. The Texas A&M University System, U.S. Department of Agriculture and the County Commissioners Courts of Texas Cooperating.