APRIL 21, 2022

BRAZOS COUNTY WALK ACROSS TEXAS 2022

Celebrating 25 Years of WAT Brazos County

Walk Across Jexas 2022







The members of Texas A&M AgriLife will provide equal opportunities in programs and activities, education, and employment to all persons regardless of race, color, sex, religion, national origin, age, disability, genetic information, veteran status, sexual orientation or gender identity and will strive to achieve full and equal employment opportunity throughout Texas A&M AgriLife.

The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating

WHERE WERE YOU 25 YEARS AGO?

And just like that...the 25th Walk Across Texas! Challenge has concluded. Congratulations to the 135 of 196 teams who went the distance. That's 69% of the teams made it! Total miles this year were 219,080.

As you can see below, we have checked a lot of boxes. Listen carefully and I am sure you will hear the drumroll as we announce the final results.





IMPORTANT DATES-AT-A-GLANCE

- Proclamation-February 1, 2022 V
- Kick Off Event: February 12, 2022 🗹
- Event Dates: February 12, 2022-April 8, 2022 🟹
- February 12, 2021-February 18, 2022 (Week One) 🗹
- February 19, 2022-February 25, 2022 (Week Two) 💉
- February 26, 2022-March 4, 2022 (Week Three)
- March 5, 2022-March 11, 2022 (Week Four) 📈
- March 12, 2022-March 18, 2022 (Week Five) 🗹
- March 19, 2022-March 25, 2022 (Week Six) ☑
- March 26, 2022-April 1, 2022 (Week Seven) 🗹
- April 2, 2022-April 8, 2022 (Week Eight) 🏹
- Online registration deadline: February 19, 2022 🗹
- Weekly virtual workouts: Feb 23, Mar 2, Mar 9, Mar 16, Mar 23, Mar 28, Apr 6
- The Announcement of Champions: April 21, 2022 🗹
- Celebration Event/Prize Patrol: April 21, 2022





CLOSING CEREMONY 2022

WAS HELD ON APRIL 21, 2022 Watch the recording at <u>https://fb.watch/cxWpfr1mV5/</u>



WAT Youth Recognition Awesome Kids Team Over 2,400 miles

Milana Landrock - 238.6 miles Heather Goldsby - 204.54 miles Lily Eubanks -167.0 miles Emilian Landrock - 471.09 miles Mathew Johnson- 362.62 miles Jack Fan - 291.0 miles Mark Johnson - 283.5 miles Maxwell Johnson - 250.0 miles Connor Goldsby 157.37 miles





MOST CREATIVE NAME



League: AgriLife Employee Wellness

Mileage: 1702.46 **Team Members: Dayziah Petruska Mac Martin** Melissa Yeldell **Taylor Pampinella** Fernando Vara Sanz **Leighton Chachere Aaron Stottlemyer Jacey Tosh**





MOST INSPIRATIONAL

PERSON



Tranformers

Rachel is an essential part of her Walk Across Texas team and the reason they participate in these events. In a job where her team sits all day, she understands that sometimes a walk is the only way to clear their minds and move their bodies. She firmly believes in the importance of physical and mental health, and her team has all seen the benefits of her efforts. She has a daughter named Ellie but still makes time to prioritize running/walking. Rachel is why this team exists, and they are all better off for her!





For The Informers, their team leader Rachel Rose is our biggest inspiration. She is their cheerleader, sending them encouraging messages and leading with a terrific example of enthusiasm.







RANDOM DRAWING OF FINISHING TEAMS

1.Tax Walk Offs-Brazos County **Employees** 2. Wacky Walk Don't Run-AgriLife **Employee Wellness** 3.Walsh Lab-Engineer Your Wellness 4. Chicken Run-AgriLife Employee Wellness 5. The Pharm Posse-Texas A&M University College of Nursing 6.Run for your Res-life-Texas A&M University Division of Student Affairs 7.DOR Red Hot Chili Steppers-AgriLife Employee Wellness 8.WAT are we doing-Texas A&M University Division of Student Affairs 9.JET TRACR-MYCON General Contractors, Inc 10.TTI Arlington WATch Crew-Texas A&M University System Offices 11.Hearts and Soles-Engineer Your Wellness 12.The Walkie Talkies-MYCON General Contractors, Inc 13. We MEEN Business-Engineer Your Wellness 14.\$outh Campus \$tunnas-AgriLife **Employee Wellness**

15.Degree JOG-it, Part 1-Texas A&M regiSTRIDES 16.MEEN in Motion-Engineer Your Wellness 17.Fermier Favorites-Engineer Your Wellness 18.ODSL Trekkin' for Tacos-Texas A&M University Division of Student Affairs 19. Snap, Crackle, Pop-Texas A&M regiSTRIDES 20.Ringer Library 21.**Step Up**-AgriLife Employee Wellness 22. Wandering Wildlanders-AgriLife **Employee Wellness** 23.EXTreme Speed-AgriLife **Employee Wellness**

24.**Over Extended Work Family**-AgriLife Employee Wellness 25.Dynacisers 22



MYCON

Flora Williams in memory of Delaney Robison Katie Zender Meaghan Threadgill Sara Mendez Rob and Sheri Meyer





League: AgriLife Employee Wellness

Mileage: 2,829.21

Team Members: Courtney Sacco Rudy Ruedas Kimberly Topp Patrick Lillard Tamara Garza Corie Ritter Paul Pleasant Celeste Tamez



Sponsors:







League: Engineer Your Wellness

Mileage: 3018.7 Team Members: Wei Zhan Chukwuzubelu Ufodike Chao Ma **Michael Johnson** Lefterislakovou Malini Natarajarathinam **Ismail Capar Yanling Chang**



Sponsors:







League: **Texas A&M University System Offices** Mileage: 3172.6 **Team Members: Monty Dozier Elizabeth Morris Brooks Moore Mark Stone** Ashlea Hewlett **Julie Masek Robbye Morsko Katherine Knight**



Sponsors:



HALL OF FAME TEAMS

The Hall of Fame trophy is on display at the Brazos County Extension Office in the foyer. Drop by to see it.





WALK THIS WAY! Christian Falconer GeNae Welch Ron Robison Monica Colson Jerri McSloy Ashley Ramirez Iris Cahill Casiano Hannah Kovar

2022

The Motley Crew Monty Dozier Elizabeth Morris Brooks Moore Mark Stone Ashlea Hewlett Julie Masek Robbye Morsko Katherine Knight





UNITED REC FORCE Christian Miller Christina Richards Evelyn Dorsey Julia Klein Mark Haven Nick Heiar Paula Opal Sachi Carr-Chargualaf

A team can only win this distinction once.

Thank you Sponsors and Partners!



The Kid's Zone Final Placing

- 1. The Awesome Kids 2420
- 2. Aggies-Becky Gates Children's Center 114
- 3. Howdy-Becky Gates Children's Center 83
- 4. Century Tree-Becky Gates Children's Center 71
- 5. Hullabaloo-Becky Gates Children's Center 65
- 6. Kyle Field- Becky Gates Children's Center 63
- 7. Spirit of Agglieland-Becky Gates Children's Center 60
- 8. Gig'Em-Becky Gates Children's Center 39
- 9. Maroon & Whaite-Becky Gates Children's Center 36
- 10. Century Tree 31
- 11.TBD 30
- 12. WHOOP!!!-Becky Gates Children's Center 27
- 13. Aggie Ring-Becky Gates Children's Center 24
- 14. Reveille Classroom-Becky Gates Children's

Center 14



Do you want to try an individual Howdy Health challenge?



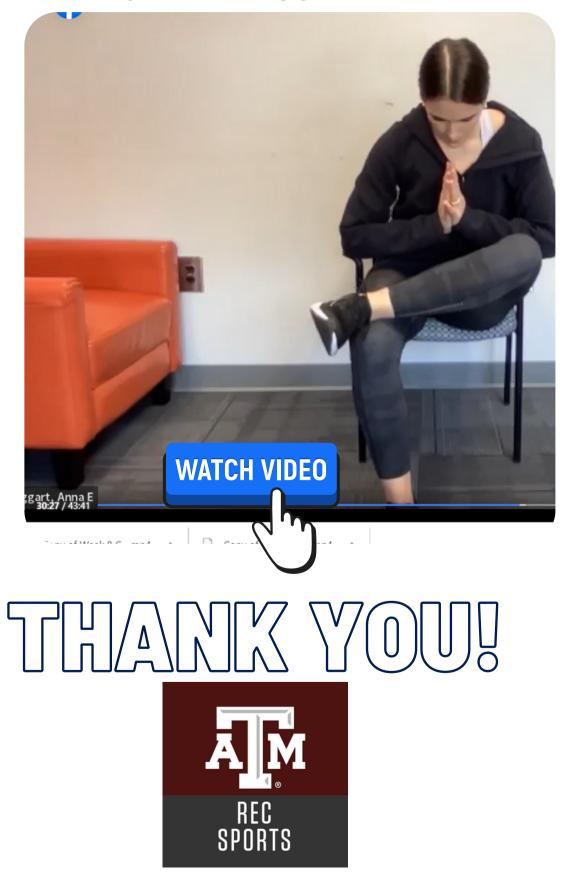
10-10,000 Change Challenge

A simple web app, with the goal to make it through 4 stages in 100 days to help propel you toward an independent, sustainable healthy lifestyle.

Join the 10,000 change challenge on May 1, 2022. Meet goals at your own pace.

Tutorial: <u>https://player.vimeo.com/video/461513356?</u> <u>app_id=122963&autoplay=1&rel=0</u>

Final Virtual Workout Highlights On April 6, 2022 a chair yoga practice was instructed by Anna Taggart Minaham



Final Workout Highlights Thank you for attending!

- Tina Yount
- Rosa Guel
- Cindy Myles
- Amanda Reynolds
- LD Reed
- Nickie Boutte
- Eva Magallan
- Chersty Harper
- Cheryl Landry
- Julian Torres
- Karen Minahan
- Vickie Winston
- Jasmine Nellums
- Leah Smith
- Dorothy Rainwater
- Cee Pratt
- Andrea Sesock
- Dorothy Rainwater
- Cee Pratt
- Andrea Sesock



TO OUR HOST and SPONSOR





texas A&M GRILIFE

EXTENSION

Leah Smith-Yoga mat Dorothy Rainwater-Yoga mat Cee Pratt-WAT 25 shirt Andrea Sesock-WAT 25 shirt

Congratulations

Yoga mats provided by Texas A&M University Rec Sports Walk Across Texas T-shirt provided by Texas A&M AgriLife Health Promotions



Team Spotlight

Red Hot Chili Steppers



Kathy Libby, Jaime Sandford, Kerri Michalewicz, Myra Marsh, Whitney Whitsel, Rebecca Law, Jeanette Martinez and Danielle Valdez







Final Placing

- 1. The Motley Crew 3172.6
- 2. United Rec Force Victory Lap Hall of Fame 2021 3157.11
- 3. Hearts and Soles 3018.7
- 4. EXTreme Speed 2829.21
- 5. Wandering Wildlanders 2716.75
- 6. HORT TREKKERS 2672.76
- 7. *Walk This Way! 2641.31
- 8. TEAM FP&C 2621.09
- 9. These Roots Were Made For Walking 2593
- 10. AgriLife Research Bee-lievers 2509.58
- 11. Wacky Walk don't run 2340.21
- 12. All About That Pace 2307.11
- 13. TX Crawlers 2251.1
- 14. Chafing the Dream 2219.17
- 15. CVM Dog Tired 2199.23
- 16. \$outh Campus \$tunnas 2054.63
- 17. Run for Your ResLife! 2037.86
- 18. The Original Holy Walkamolies 2036.89
- **19. Tick Tick BOOM 1927.37**
- 20. ISENtropic Athletes 1849.23
- 21. Wellness Warriors 1837.36
- 22. Rudder Theatre Complex 1827.43
- 23. DOR Walking Around the Blocker 1793.88
- 24. Walking aedes 1792.31
- 25. Pace Makers 1786.14
- 26. The Oak-ay Walkers 1726.99
- 27. The aMAYSing Race 1718.65
- 28. ODSL Trekkin' for Tacos 1715.16
- 29. Red Hot Chili Steppers 1714.69
- 30. keep on truckin 1713.99
- 31. What! WAT! 1705.85
- 32. You want me to do WAT!? 1702.46
- 33. Dynacisers 22 1695.69
- 34. CONtinual Motion 1654.05
- 35. ODSL Coffee Runs 1646.15
- 36. Running Part Time Sucks (RPTS) 1634.88
- 37. The Rec-ing Business Crew 1625.19
- 38. The Mighty Stampede 1624.01
- 39. WAT Are We Doing 1606.83
- 40. The Informers 1591.62

- 41. Fine Fit & Fabulous 1583.13
- 42. The Zoomies 1578.02
- 43. DOR 16 Feet with Sole 1577.95
- 44. Tax Walkoffs 1562.38
- 45. ROBO-CON 1547.75
- 46. Fermier Favorites 1538.29
- 47. LRC Mile Walkers 1532.1
- 48. Bibliotrekkers 1527.33
- 49. Unleashed 1503.43
- 50. Walkie Talkies 1492.66
- 51. Walking Warriors 1492.31
- 52. Becky's Toddling Troup 1482.94
- 53. Are We There Yet? 1480.54
- 54. Hotty Toddy Aggies 1473.72
- 55. The Pheidips 1470.57
- 56. Walsh Lab 1421.08
- 57. 403 Holy Walkamolies 1396.23
- 58. Walking 9-5 1391.34
- 59. The Road Scholars 1378.25
- 60. We Don't Talk About Cardio 1352.77
- 61. Ringer Library 1345.41
- 62. Between a Walk and a Hard Pace 1
- 63. What is That in Miles? 1325.87
- 64. The Wandering Vagabonds 1320.26
- 65. Charlie's Ankles 1312.9
- 66. Over Extended Work Family 1297.43
- 67. Four Armadillos 1296.17
- 68. Sole Sisters 1283.74
- 69. Red Hot Chili Steppers 1257.82
- 70. I Wanna Step with Somebody 1257.55
- 71. Public Health Squad 1255.31
- 72. Better Late Than Never! 1234.8
- 73. Rec This Way 1216.34
- 74. TAMU Engineering [Fitness] Development
- Across Texas 1211.54
- 75. Walking Spuds 1204.42
- 76. TAMF Star-Spangled Patriots 1204
- 77. Soiled Rotten 1192.15
- 78. Cushing Panthers 1186.2
- 79. DOR Step by Step 1177.96
- 80. ADR_E THE Walkie Talkies 1155.15

Final Placing

81. The Ag EC Team 1151.76 82. Step Up 1142.08 83. The Walkie Talkies 1127.28 84. Texas Two-Steppers 1123.89 85. Academically Deficient 1121.29 86. I'm Gonna Be (832 Miles) 1114.55 87. Sole Beneficiaries 1106.48 88. A Walk to Remember 1103.9 89. Are We There Yet? 1101.96 90. The Lollygagging Lobbyists 1094.86 91. JET TRACR 1091.73 92. walk it to the top! 1085.13 93. Myles Miles Team 1060.77 94. Steppin' Right, Left, Right 1057.19 95. Snap, Crackle, Pop 1056.82 96. TechBuy 1054.51 97. Degree Jog It, Part 1 1053.53 98. DOR Worst Pace Scenario 1048.29 99. The Pharm Posse 1047.35 100. 3s Company 1046.09 101. ANSC Heifers 1038.09 102. Pedominators 1035.7 103. Making Strides 1019.7 104. We MEEN Business 1004.98 105. Threat Level Midnight 994.87 106. Worst Pace Scenario 993.97 107. TTI Arlington WATch Crew 993.85 108. Legs Miserables 975.97 109. Waco Walks It Out! 966.16 110. Siete Amigos 965.56 111. Maroon & White Interns Fight! 957.95 112. SCOmotion 948.6 **113. PACE-** People Ambulating Competitively Everyday 944.35 114. *Boujee Shoes* 943.01 115. Booking It! 941.35 116. Arthurs Aardvarks 922.75 117. Snacks on the Tracks 921.47 118. MSL Marvels 919.86 119. Wild Rice 914.47 120. Degree JOG-It Part 2 906.36 121. The Walkaholics 896.03 122. Ag Development 892.96

123. Roadrunners - Mind over Miles 875.79 124. DOR Red Hot Chili Steppers 873.91 125. Walking Legionnaires 869.01 126. The Wolf Pack 865.27 127. Two4WAT 863.69 128. Chicken Run 857.86 129. Un-STEP-able 851.43 130. Nerd Herd 850.3 131. WALKer Texas Rangers 849.85 132. TX-CO-LA 843.21 133. Passionate Professionals Dedicated to **Purposeful Perspiration 840.73** 134. MEEN in Motion 836.86 135. No Ubers In Sight, Call me a Cab 834.84 136. We Can DolT 829.5 137. Texas Travelers 826.64 138. Aggie Rice Racers 817.67 139. Techie Trekkers 801.81 140. Innovation Partners 797.32 141. Pumped Pedestrians 780.7 142. Vice President for Student Affairs 779.5 143. We Can DolT Too 774.46 144. TAMU Vet School - Large Animal Enthusiasts 763.57 145. Walking Miss Daisy 758.7 146. Cache us if you can 720.66 147. Helen's Team 716.31 148. FCH Community Conversations on Health 702.32 149. Not Today Heifer 701.93 150. Fire walkers 701.14 151. The Stepping Stones 649.78 152. DMS Steppers 642.91 153. Beast Friends 632.75 154. gigem oompaloompas 598.87 **155. Christland Friends 583.79** 156. New Sneaker Champions (NSC) 579.83 157. Sentries to a Major 557.7 158. The Yolk Folks 519.3

159. Moves Like Jaggaer 499.79

Final placing

160. Break-A-Leg 482.37 161. She made me do it 475.85 162. Worst Pace Scenario 465.04 163. Walk This Way 457.92 164. The Book Trailers 456.65 165. aggie baddies 425.68 166. Vet Students Stayin' Alive 421.2 167. The Future 419.64 168. Inclusive Walkers 419.27 169. Lily's Team 415.76 170. Matagorda Mooovers 385 171. Scrambled Legs 382.77 172. Lets Walk! 381.7 173. Flesh Fighting Fit Family of Faith 375.46 174. FAM 365.3 175. MAggies 311.62 176. Saw Em Off 290.68 177. The Walkers 275 178. shalom 265.67 179. Fred 251.24 180. Low-Fat Retention 242.17 181. All Alone 232.24 182. Super Steppers 214.33 183. MaggieP 206.9 184. urpn 370 baddies 206.54 185. Red Hot Chilli Steppers 197.6 186. Cooner! 192.4 187. Star Spangled Strutters 181.25 **188. Office Heroes 162.22** 189. MightyCoolFunny Ramblers 160.66 **190. Walkie Talkies 141.71** 191. Walking with Purpose 118.75 192. Aggie Life 110.88 193. Lindsie's Team 90 194. Brazos Valley Unitarian Universalists 30.25 **195. Kailey Roberts 13** 196. Walk for the Win 2

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THANK YOU FOR TAKING THE WALK ACROSS TEXAS CHALLENGE!

832 AND UP MILES CLUB

South Campus Stunnas *Boujee Shoes* *Walk This Way! **3s Company** 403 - Holy Walkamolies A Walk to Remember Academically Deficient ADR E - THE Walkie Talkies Aq Development AgriLife Research Bee-lievers All About That Pace ANSC Heifers Are We There Yet? Are We There Yet? **Arthurs Aardvarks** Becky's Toddling Troup **Better Late Than Never!** Between a Walk and a Hard Pace Bibliotrekkers **Booking It!** Chafing the Dream **Charlie's Ankles** Chicken Run **CONtinual Motion Cushing Panthers CVM Dog Tired** Degree Jog It, Part 1 Degree JOG-It Part 2 DOR - 16 Feet with Sole DOR Red Hot Chili Steppers DOR Step by Step DOR Walking Around the Blocker Red Hot Chili Steppers **DOR Worst Pace Scenario** Dynacisers 22 EXTreme Speed **Fermier Favorites** Fine Fit & Fabulous Four Armadillos **Hearts and Soles** HORT TREKKERS **Hotty Toddy Aggies** I Wanna Step with Somebody I'm Gonna Be (832 Miles) **Roadrunners - Mind over Miles ROBO-CON Rudder Theatre Complex** Run for Your ResLife!

Running Part Time Sucks (RPTS) SCOmotion Siete Amigos **Snacks on the Tracks** Snap, Crackle, Pop Soiled Rotten **ISENtropic Athletes** JET TRACR keep on truckin Legs Miserables **LRC Mile Walkers Making Strides** Maroon & White Interns Fight! **MEEN** in Motion **MSL Marvels Myles Miles Team** Nerd Herd No Ubers In Sight, Call me a Cab **ODSL - Coffee Runs ODSL Trekkin' for Tacos Over Extended Work Family Pace Makers** PACE- People Ambulating **Competitively Everyday Passionate Professionals Dedicated to Purposeful** Perspiration **Pedominators Public Health Squad Rec This Way Red Hot Chili Steppers Ringer Library** Sole Beneficiaries Sole Sisters Step Up Steppin' Right, Left, Right **TAMF Star-Spangled Patriots** TAMU Engineering [Fitness] **Development Across Texas** Tax Walkoffs **TEAM FP&C TechBuy Texas Two-Steppers** The Ag EC Team The aMAYSing Race The Informers

The Lollygagging Lobbyists The Mighty Stampede **The Motley Crew** The Oak-ay Walkers **The Original Holy Walkamolies** The Pharm Posse The Pheidips The Rec-ing Business Crew The Road Scholars The Walkaholics The Walkie Talkies The Wandering Vagabonds The Wolf Pack **The Zoomies These Roots Were Made For** Walking **Threat Level Midnight Tick Tick BOOM TTI Arlington WATch Crew Two4WAT TX Crawlers** TX-CO-LA United Rec Force Victory Lap Hall of Fame 2021 Unleashed **Un-STEP-able** Wacky Walk don't run Waco Walks It Out! walk it to the top! WALKer Texas Rangers Walkie Talkies Walking 9-5 Walking aedes Walking Legionnaires Walking Spuds Walking Warriors Walsh Lab Wandering Wildlanders WAT Are We Doing We Don't Talk About Cardio We MEEN Business **Wellness Warriors** What is That in Miles? What! WAT! Wild Rice **Worst Pace Scenario** You want me to do WAT!?

Team Mileage by Leagues

2022 TAMU College Edition 2ුරි.රි%	AgriLife Employee Wellness 82.5%
1. Red Hot Chili Steppers 1714.69	1. EXTreme Speed 2829.21
2. keep on truckin 1713.99	2. Wandering Wildlanders 2716.75
3. Walking 9-5 1391.34	3. HORT TREKKERS 2672.76
4. Better Late Than Never! 1234.8	4. These Roots Were Made For Walking 2593
5. Threat Level Midnight 994.87	5. AgriLife Research Bee-lievers 2509.58
6. Maroon & White Interns Fight! 957.95	6. Wacky Walk don't run 2340.21
7. Roadrunners - Mind over Miles 875.79	7. TX Crawlers 2251.1
8. The Wolf Pack 865.27	8. \$outh Campus \$tunnas 2054.63
9. Nerd Herd 850.3	9. The Original Holy Walkamolies 2036.89
10. Innovation Partners 797.32	10. Walking aedes 1792.31
11. Helen's Team 716.31	11. The Oak-ay Walkers 1726.99
12. Not Today Heifer 701.93	12. What! WAT! 1705.85
13. gigem oompaloompas 598.87	13. You want me to do WAT!? 1702.46
14. Christland Friends 583.79	14. Running Part Time Sucks (RPTS) 1634.88
15. Break-A-Leg 482.37	15. Walkie Talkies 1492.66
16. Worst Pace Scenario 465.04	16. The Pheidips 1470.57
17. Walk This Way 457.92	17. The Road Scholars 1378.25
18. aggie baddies 425.68	18. Between a Walk and a Hard Pace 1330.09
19. Lily's Team 415.76	19. The Wandering Vagabonds 1320.26
20. Scrambled Legs 382.77	20. Over Extended Work Family 1297.43
21. Lets Walk! 381.7	21. Red Hot Chili Steppers 1257.82
22. FAM 365.3	22. Walking Spuds 1204.42
23. MAggies 311.62	23. Soiled Rotten 1192.15
24. Saw Em Off 290.68	24. The Ag EC Team 1151.76
25. The Walkers 275	25. Step Up 1142.08
26. shalom 265.67	26. Are We There Yet? 1101.96
27. Fred 251.24	27. Myles Miles Team 1060.77
28. Super Steppers 214.33	28. TechBuy 1054.51
29. MaggieP 206.9	29. ANSC Heifers 1038.09
30. urpn 370 baddies 206.54	30. Making Strides 1019.7
31. Red Hot Chilli Steppers 197.6	31. Waco Walks It Out! 966.16
32. Cooner! 192.4	32. Wild Rice 914.47
33. Office Heroes 162.22	33. Chicken Run 857.86
34. Walkie Talkies 141.71	34. Aggie Rice Racers 817.67
35. Walking with Purpose 118.75	35. Walking Miss Daisy 758.7
36. Aggie Life 110.88	36. Fire walkers 701.14
37.Lindsie's Team 90	37. The Yolk Folks 519.3
38. Walk for the Win 2	38. Inclusive Walkers 419.27
	39. Matagorda Mooovers 385
	40. Kailey Roberts 13

Team Mileage by Leagues

Brazos County - BLT

1. Flesh Fighting Fit Family of Faith 375.46

Brazos County Employees 71%

- 1. The Zoomies 1578.02
- 2. Tax Walkoffs 1562.38
- 3. Walking Warriors 1492.31
- 4. Public Health Squad 1255.31
- 5.*Boujee Shoes* 943.01
- 6. Beast Friends 632.75
- 7. The Future 419.64

Bryan ISD Technology Services উই%

- 1. Are We There Yet? 1480.54
- 2. Texas Travelers 826.64
- 3. Cache us if you can 720.66



50%

1. Fine Fit & Fabulous 1583.13 2. TX-CO-LA 843.21

Division of Research (DOR)

100%

- **1. DOR Walking Around the Blocker** 1793.88
- 2. DOR 16 Feet with Sole 1577.95
- 3. DOR Step by Step 1177.96
- 4. DOR Worst Pace Scenario 1048.29
- 5. DOR Red Hot Chili Steppers 873.91

Family League

50%

- 1. Pedominators 1035.7
- 2. Pumped Pedestrians 780.7

MYCON General **Contractors**, Inc



- 1. The Mighty Stampede 1624.01
- 2 What is That in Miles? 1325.87
- 3. The Walkie Talkies 1127.28
- 4. JET TRACR 1091.73
- 5. The Walkaholics 896.03

Engineer Your Wellness

- 1. Hearts and Soles 3018.7
- 2. ISENtropic Athletes 1849.23
- 3. Wellness Warriors 1837.36
- 4. The Informers 1591.62
- 5. Fermier Favorites 1538.29
- 6. Walsh Lab 1421.08
- 7.403 Holy Walkamolies 1396.23
- 8. Charlie's Ankles 1312.9
- 9. Academically Deficient 1121.29
- 10. walk it to the top! 1085.13
- 11. We MEEN Business 1004.98
- 12. Siete Amigos 965.56
- 13. MEEN in Motion 836.86
- 14. New Sneaker Champions (NSC) 579.83
- 15. Sentries to a Major 557.7
- 16. Moves Like Jaggaer 499.79
- 17. Low-Fat Retention 242.17
- 18. All Alone 232.24
- 19. MightyCoolFunny Ramblers 160.66

TAMU Vet School

- 1. CVM Dog Tired 2199.23
- 2. Pace Makers 1786.14
- 3. Unleashed 1503.43
- 4. TAMU Vet School Large Animal Enthusiasts 763.57
- 5. The Stepping Stones 649.78
- 6. Vet Students Stayin' Alive 421.2

Texas A&M Foundation

- 1. The aMAYSing Race 1718.65
- 2. Hotty Toddy Aggies 1473.72
- 3. Four Armadillos 1296.17
- 4. Sole Sisters 1283.74
- 5. TAMU Engineering [Fitness] **Development Across Texas 1211.54**
- 6. TAMF Star-Spangled Patriots 1204
- 7. I'm Gonna Be (832 Miles) 1114.55
- 8.3s Company 1046.09
- 9. Ag Development 892.96
- 10. Passionate Professionals Dedicated to **Purposeful Perspiration 840.73**



68.4%

1000%

Team Mileage by Leagues

Texas A&M regiSTRIDES

100%

- 1. We Don't Talk About Cardio 1352.77
- 2. Snap, Crackle, Pop 1056.82
- 3. Degree Jog It, Part 1 1053.53
- 4. Degree JOG-It Part 2 906.36

Texas A&M University Division of Student Affairs



- **1. United Rec Force Victory Lap Hall of Fame** 2021 3157.11 2.*Walk This Way! 2641.31 3. Chafing the Dream 2219.17 4. Run for Your ResLife! 2037.86 5. Rudder Theatre Complex 1827.43 6. ODSL Trekkin' for Tacos 1715.16 7. ODSL - Coffee Runs 1646.15 8. The Rec-ing Business Crew 1625.19 9. WAT Are We Doing 1606.83 10. Becky's Toddling Troup 1482.94 11.I Wanna Step with Somebody 1257.55 12. Rec This Way 1216.34 13. Steppin' Right, Left, Right 1057.19 14. Worst Pace Scenario 993.97 15. Legs Miserables 975.97 16. SCOmotion 948.6 **17. PACE- People Ambulating Competitively** Everyday 944.35 18. Snacks on the Tracks 921.47 19. Un-STEP-able 851.43 20. No Ubers In Sight, Call me a Cab 834.84 21. We Can DolT 829.5 22. Vice President for Student Affairs 779.5 23. We Can DolT Too 774.46 24. DMS Steppers 642.91 25. Star Spangled Strutters 181.25 100% **University Libraries 2022**
 - 1. Bibliotrekkers 1527.33
 - 2. Cushing Panthers 1186.2
 - 3. Booking It! 941.35
 - 4. MSL Marvels 919.86

Texas A&M University College of Nursing

- 1. CONtinual Motion 1654.05
- 2. ROBO-CON 1547.75
- 3. The Pharm Posse 1047.35
- 4. WALKer Texas Rangers 849.85

Texas A&M University System Offices



1(0)0)%

- 1. The Motley Crew 3172.6
- 2.TEAM FP&C 2621.09
- 3. All About That Pace 2307.11
- 4. Texas Two-Steppers 1123.89
- 5. Sole Beneficiaries 1106.48
- 6. A Walk to Remember 1103.9
- 7. The Lollygagging Lobbyists 1094.86
- 8. TTI Arlington WATch Crew 993.85
- 9. Techie Trekkers 801.81

Texas A&M University College of Nursing



7/0)%

- 1. CONtinual Motion 1654.05
- 2. ROBO-CON 1547.75
- 3. The Pharm Posse 1047.35
- 4. WALKer Texas Rangers 849.85

Solo Teams-Unleagued

- 1. Dynacisers 22 1695.69 2. LRC Mile Walkers 1532.1
- 3. Ringer Library 1345.41
- 4. ADR_E THE Walkie Talkies 1155.15
- 5. Arthurs Aardvarks 922.75
- 6. Walking Legionnaires 869.01
- 7. Two4WAT 863.69
- 8. FCH Community Conversations on Health 702.32
- 9. She made me do it 475.85
- 10. The Book Trailers 456.65

WAT Church League

1. Brazos Valley Unitarian Universalists 30.25





Chicken with Peachy Ginger Sauce Slow Cooker

Who says peaches are just for dessert? This Slow Cooker Chicken with Peachy Ginger Sauce is the perfect meal for Spring! This meal is Freezer Meal Prep friendly, and utilizing the slow cooker helps to keep your kitchen cool while the temperature is rising outdoors. Serve over your favorite whole grain like brown rice or quinoa!



dinnertonight.tamu.edu This recipe:<u>https://dinnertonight.tamu.edu/recipe/chicken-</u> <u>with-peachy-ginger-sauce-slow-cooker/</u>

Thank you WAT TASKFORCE for your leadership!

Chair

Nickie Boutte-CASAP - Community Alcohol & Substance Awareness Partnership

Treasurer: Lindsey Armstrong-St. Joseph Health Outgoing treasurer: Sara Mendez-Brazos County Health District

Secretary/Extension Agent/Advisor: Katie Zender-Texas A&M AgriLife

FCH County Extension Agent/Advisor: Flora Williams-Texas A&M AgriLife Extension Advisors: Alice Kirk-Texas A&M AgriLife Extension Michael Lopez-Texas A&M AgriLife Extension

Members:

Andi Bednorz-Texas A&M University System Diana Gaytan-Brazos County Health District Dorithie Thomas-Texas A&M AgriLife Judy Kurtz-Texas A&M AgriLife Extension Julie Prouse-Master Wellness Volunteer Mary Parrish- Brazos County Health District Morgan Bradley-Master Wellness Volunteer Sheri Meyer-Texas A&M University System



Thank you league commissioners!

- Brazos County BLT...Katie Zender
- Family League...Gabby Sells
- WAT Church League...Morgan Bradley
- Texas A&M University Division of Student Affairs... Brandon Carlson
- Brazos County Employees...Emily Besser
- Division of Research (DOR) Monica Holder
- Engineer Your Wellness...Todd Cottrell
- AgriLife Employee Wellness...Dorithie Thomas
- 2022 TAMU College Edition...Mike Lopez
- TAMU Vet School...Stacie Grange
- University Libraries 2022...Stephanie Walker
- Texas A&M Foundation...Amanda Reynolds
- Texas A&M University System Offices...Sheri Meyer
- MYCON General Contractors, Inc...Kayla Titus
- Ringer Library...Ashley Reed
- CASAP...Nickie Boutte
- Bryan ISD Technology Services...Allison Lacey
- Beast Friends...Diana Gaytan
- Texas A&M University College of Nursing...Eva Magallan
- Texas A&M regiSTRIDES...Matthew Johnson



- MaggieP Maggie Pape
- ARP! Christopher O'Brien
- Red Hot Chili Steppers Rhonda Faust
- solis isabella solis
- The Wolf Pack Oscar Lopez
- Walkathon Sydney Harjo
- aggie baddies Amrita Gabu
- Aggie Life Kaed Goodrick
- MAggies Madison Edgar
- The Walkers Juan Jimenez
- We Don't Talk About Cardio Matthew Johnson
- Walking with Purpose Bryan Lara
- Not Today Heifer Lacey Richards
- Nerd Herd Elyssa Garza
- The Walkaholics Brett Sebastian
- Pedominators Kristina Waller
- LRC Mile Walkers Dorothy Rainwater
- Aggie Rice Racers Rebecca Pearson
- Wild Rice Megan Enard
- Pumped Pedestrians Andrea Sesock
- You want me to do WAT!? Mac Martin
- keep on truckin Kirstin Brekken Shea
- 3s Company David Bacot
- Degree JOG-It Part 2 Ramona Stovall
- Innovation Partners Beth Deuermeyer
- Roadrunners Mind over Miles Tanya Baker
- Better Late Than Never! DEBRA HARGROVE
- Walk This Way Chrissi Erwin
- Office Heroes Elizabeth Requenez
- Walk for the Win Sarah Voon
- Super Steppers Carly Teichman
- Let's do it! AAKANSHA SHAJI
- FAM Nancy Christian
- Chicken Run Jasmine Nellums
- Fred Carrie Frederiksen
- All About That Pace Lindsey Garza



- Walking through life Lauren Noto
- Break-A-Leg Mary Bryk
- shalom Paige Phan
- urpn 370 baddies julianne lowy
- Snap, Crackle, Pop Ali Dorsey
- WALKer Texas Rangers Michael Liske
- Walkie Talkies Franchesca Esquivel
- TAMF Star-Spangled Patriots Mary Rakestraw
- What is That in Miles? Kayla Titus
- Flesh Fighting Fit Family of Faith Yvonne Alsandor
- Legs Miserables Carly Rice
- Step Up Judy Kurtz
- Degree Jog It, Part 1 Karen Martinez
- \$outh Campus \$tunnas Priscilla Ofori
- Fire walkers Dina Nutall
- Worst Pace Scenario Russell Pecina
- The Oak-ay Walkers Erin Davis
- A Walk to Remember Cathy Edwards
- The Mighty Stampede Summer Dubec
- JET TRACR Tammie Burlin
- Saw Em Off Bailey Blair
- Star Spangled Strutters Ashley
 Drake
- Matagorda Mooovers Nicole Pilson
- DMS Steppers Jacquelin Alexander
- TEAM FP&C Jessica Lane
- Walkie Talkies Tina Yount
- DOR Red Hot Chili Steppers Reese Weatherford
- Helen's Team Helen Hunter
- The Walkie Talkies Carol Williamson
- Making Strides Stephen Searcy
- Texas Travelers John Rokenbrod
- Sole Sisters Jeannette Templeton

- CONtinual Motion Jayson Naiser
- I'm Gonna Be (832 Miles) Diane Scasta
- Kendalls Team Kendall Vines
- Red Hot Chilli Steppers Reese Errington
- Cache us if you can Mike Coleman
- ROBO-CON Eva Magallan
- TAMU Engineering [Fitness] Development Across Texas Anna Norville
- She made me do it Ann Willaert
- The Stepping Stones Linda Fillip
- Vet Students Stayin' Alive Nicole Huette
- Tick Tick BOOM Angela Throne
- Rachel's Texas Trotters Rachel Dishongh
- Texas Two-Steppers Frances Miller
- The Ag EC Team Shannon Prescott
- Myles Miles Team Lyuba Chechik
- Maroon & White Interns Fight! Gabby Sells
- Steppin' Right, Left, Right Monteigne Long
- Lily's Team Lily Long
- Tax Walkoffs Sabrina Lee
- The Rec-ing Business Crew Arranna Bennett
- Between a Walk and a Hard Pace Sabrina Allan
- Walking aedes Hitoshi Tsujimoto
- Arthurs Aardvarks Christen Robinson
- The Book Trailers Thom Lemmons
- MSL Marvels Therese Corte
- Bibliotrekkers Marisol Moreno
- What! WAT! Megan Azopardi
- AgriLife Research Bee-lievers Erin Haws
- Booking It! Victoria Anderson
- URPN Mercy Ramirez
- Cushing Panthers Beth Kilmarx
- SCOmotion Kayla Duncan

- The Future Irene Bessette
- Public Health Squad Sara Mendez
- Close Those Rings Emily Lankford
- Lets Walk! Ayesha Nagaria
- Beast Friends Diana Gaytan
- Are We There Yet? Angelica Rios
- *Boujee Shoes* Debbie Reed
- Lindsieâ€[™]s Team Lindsie Darvin
- ODSL Trekkin' for Tacos Alex Hersperger
- The Zoomies Karen Giles
- *Walk This Way! GeNae Guye
- gigem oompaloompas Alanna Layton
- Inclusive Walkers Morgan Bradley
- TX Crawlers Pam Ferro
- Siete Amigos Ariel Tesch
- Brazos Valley Unitarian Universalists Allison Faber
- TTI Arlington WATch Crew Carol Court
- Worst Pace Scenario Diana North
- Wandering Wildlanders kelly reeves
- Sole Beneficiaries Sheri Meyer
- The Motley Crew Elizabeth Morris
- Scrambled Legs Sarah Rodriguez
- These Roots Were Made For Walking Brendan Mormile
- The Lollygagging Lobbyists Kerry Kinirons
- We Can DolT Too Omar Valenzuela
- I Wanna Step with Somebody Hillary Motal
- ISENtropic Athletes Abbie Vintila



- Rudder Theatre Complex Benjamin Leonido
- Passionate Professionals Dedicated to
 Purposeful Perspiration Torie Noellsch
- Chafing the Dream Drew McMillen
- TechBuy Anna Davidson
- The Yolk Folks DeEtte Mills
- Pace Makers Diana Cover
- ODSL Coffee Runs Suzanne Swierc
- Unleashed Stacie Grange
- Threat Level Midnight Mike Lopez
- The Original Holy Walkamolies Kati Stoddard
- Fine Fit & Fabulous Nickie Boutte
- Techie Trekkers Alicia Meza
- TX-CO-LA Kristen Loewe
- Two4WAT Katyla Boykin
- Snacks on the Tracks Joani Groce
- FCH Community Conversations on Health Katelyn Murphy
- Walsh Lab Alex Walsh
- Rec This Way Miranda Price
- TAMU Vet School Large Animal Enthusiasts Jeannette Bayer
- Becky's Toddling Troup Krista Van De Flier
- Ringer Library Ashley Reed
- DOR Step by Step Monica Holder
- Cooner! Mallory Mee
- The aMAYSing Race Mark Toler
- Vice President for Student Affairs Catherine Halverson
- Hotty Toddy Aggies Michael Osborn
- The Road Scholars Donna Sullins
- We Can DoIT Justin Carter
- Red Hot Chili Steppers Kathryn Libby
- Christland Friends Jasmine Tran

- New Sneaker Champions (NSC) Donna Rios
- Are We There Yet? Brenda Anderson
- Four Armadillos Amanda Reynolds
- Walking Legionnaires TJ Robie
- Un-STEP-able Megan Culpepper
- The Pheidips Janet Pollard
- Running Part Time Sucks (RPTS) Alexandra Skrocki
- WAT Are We Doing Catharyn Schmidtke
- ADR_E THE Walkie Talkies Allison Ricke
- No Ubers In Sight, Call me a Cab Mark Matusek
- PACE- People Ambulating Competitively Everyday Gabbey Tharp
- ANSC Heifers Sarah White
- Walking Miss Daisy Summer Wilson
- EXTreme Speed Rudy Ruedas
- Kailey Roberts Kailey Scott
- Waco Walks It Out! April Strickland
- DOR 16 Feet with Sole Mia Conrad
- Soiled Rotten Joseph Burke
- Walking Warriors Emily Besser
- The Informers Rachel Rose
- Wacky Walk don't run Kerstin Landrock
- Wellness Warriors Anna Gutierrez
- Run for Your ResLife! Brandon
 Carlson
- Sentries to a Major Bonnie Bustos-Rios



- Over Extended Work Family Flora Williams
- 403 Holy Walkamolies Tammisha Farmer
- Dynacisers 22 Lynn Reed
- United Rec Force Victory Lap Hall of Fame 2021 Mark Haven
- All Alone Amy Epps Martin
- Fermier Favorites Kristi Dodson
- The Pharm Posse Shelia Robinson
- The Wandering Vagabonds Julie Prouse
- Academically Deficient Edwin Aguilar
- Low-Fat Retention John Avila
- DOR Worst Pace Scenario Jessica Ramon
- walk it to the top! DeLynn Michalsky
- Ag Development Mindi Spears
- We MEEN Business Regina Muir
- MEEN in Motion Megan Simison
- MightyCoolFunny Ramblers Yordanos Bisrat
- DOR Walking Around the Blocker Tiffany Inbody
- Hearts and Soles Malini Natarajarathinam
- Moves Like Jaggaer Dana Ethridge
- HORT TREKKERS Gerald Burgner
- CVM Dog Tired Shelley Drgac
- Charlie's Ankles Karen Zwernemann
- Walking Spuds Douglas Scheuring
- Walking 9-5 Reagan Scott



Thank you EVERYONE! It's been an honor coordinating this year's challenge.

We have merchandise and it's selling fast.



This is Gabby the intern.



Gabby is happy she has merch!





Gabby gives WAT a gig'em in her shirt!



Gabby is glad to be a part of the 2022 WAT challenge in it's 25th year in her shirt.

Be like Gabby and purchase a grey shirt for \$15. We have sizes XL through 2XL. Contact: Flora Williams at fewilliams@ag.tamu.edu 979-823-0129

Payable to Brazos WAT (Delivery available in Bryan and College Station) Payment methods: exact change (in-person), check, credit or debit card



Previous years' shirts \$3.00 each or 2 for \$5 We need your support. Buy merch at 4153 County Park Court in Bryan Texas!

A special thank you to "the intern" Gabby Sells. She worked behind the scenes in this year's challenge.



May she land on fruitful ground as she explores careers in public health. Gig'em!



Contact: Brazos County Extension Office Texas A&M AgriLife Extension Service

> 4153 County Park Court Bryan, Texas 77802

Phone: 979-823-0129

For more information about Family & Community Health Walk Across Texas

contact Flora Williams E-mail: fewilliams@ag.tamu.edu or Katie Zender E-mail: katie.zender@ag.tamu.edu

