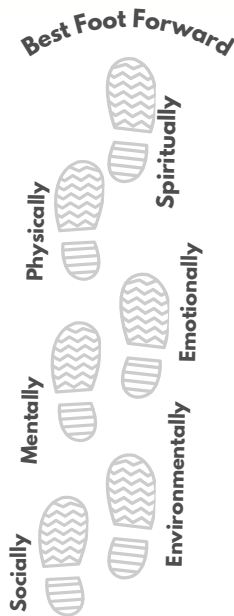


APRIL 4, 2023

BRAZOS COUNTY WALK ACROSS TEXAS 2023

Celebrating 26 years of putting our best foot forward!

TEXAS A&M
AGRI LIFE
EXTENSION



The members of Texas A&M AgriLife will provide equal opportunities in programs and activities, education, and employment to all persons regardless of race, color, sex, religion, national origin, age, disability, genetic information, veteran status, sexual orientation or gender identity and will strive to achieve full and equal employment opportunity throughout Texas A&M AgriLife.

*The Texas A&M University System,
U.S. Department of Agriculture,
and the County Commissioners
Courts of Texas Cooperating*

BEST FOOT FORWARD (BFF)

February 11, 2023 marked the start of this Walk Across Texas Challenge. Eight weeks seemed like a long time ahead. Well! Just like that! Snap! We have just about wrapped up this 2023 sponsored challenge.

April 7 is the last day to accumulate miles. Of course, the hope is that you will keep going. Too much is at stake not to. After you enter your April 7 mileage, please take time to complete the wrap up form.

Save the date April 24 at noon for the announcement of champions, special awards (Most Inspirational, Most Creative Team Name), and the random drawing of 26 finishing teams.

The data from this newsletter covers February 11-April 2. Together our **217** teams reported 209,944.91 miles. Finish strong!

IMPORTANT DATES-AT-A-GLANCE

- **Proclamation**-January 31, 2023 ✓
- **Event Dates:** February 11, 2023-April 7, 2023
- **Kick Off Event:** February 11, 2023 ✓
- **Week 1:** February 11 - February 17 ✓
- **Online Registration Deadline:** February 17, 2023 ✓
- **Week 2:** February 18 - February 24 ✓
- **Week 3:** February 25 - March 3 ✓
- **Week 4:** March 4 - March 10 ✓
- **Week 5:** March 11 - March 17 ✓
- **Week 6:** March 18 - March 24 ✓
- **Week 7:** March 25 - March 31 ✓
- **Week 8:** April 1 - April 7 ←
- Last day to report team mileage: April 17, 2023
- The announcement of champions/Prize Patrol: April 24, 2023
- Weekly workouts: ~~Feb 11, Mar 1, Mar 8, Mar 15, Mar 22, Mar 29,~~
Apr 5

**Can you
believe we
are here
already?**

About the weekly e-news blast:

E-blasts are coming to a close...You will receive next week's news and one on April 24 with the announcement of champs, special awards, and 26 random drawing of finishing teams.



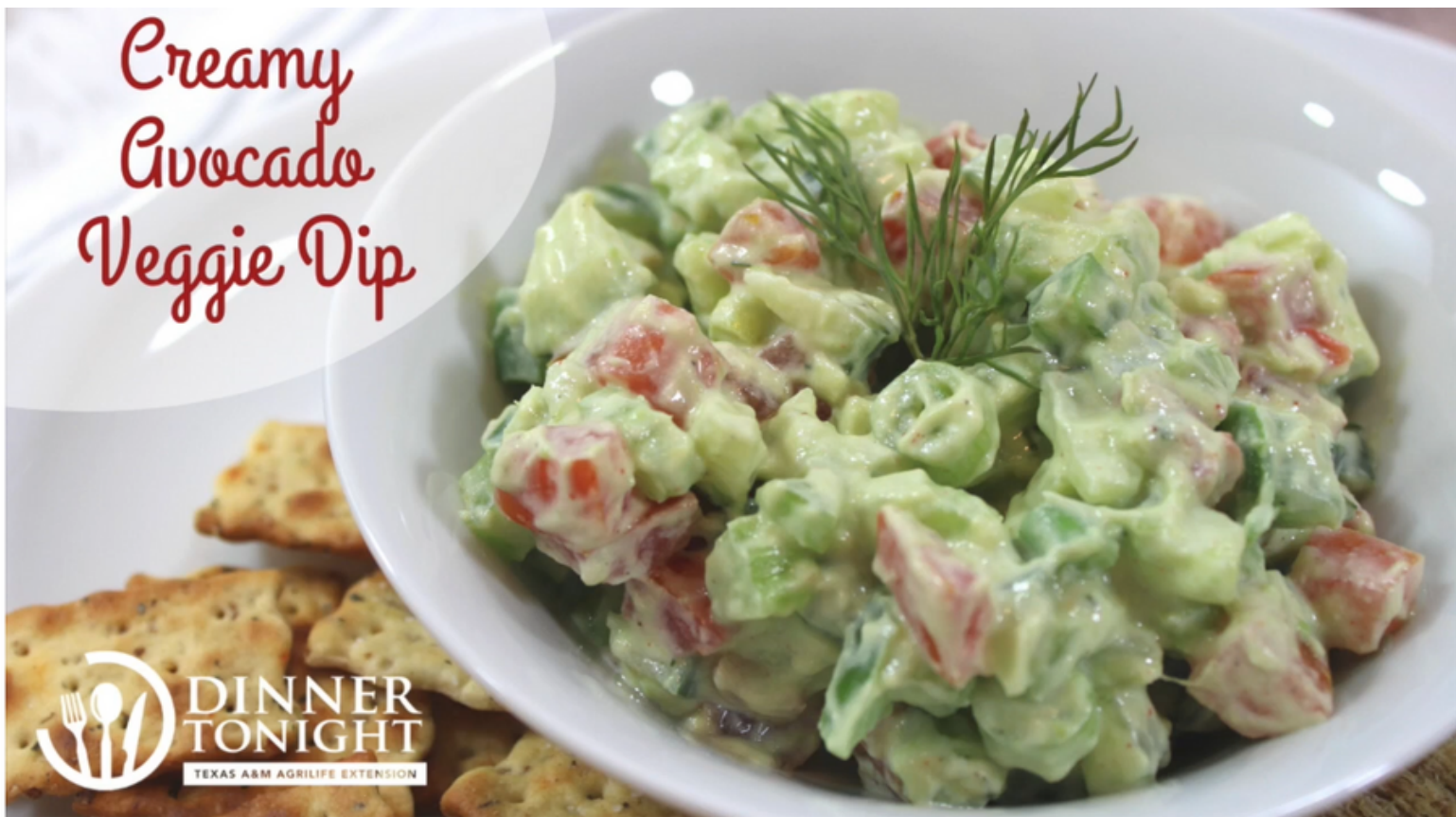
Tune in to our Facebook Live at noon or KBTX for announcement of champs

Tune in to our Walk Across Texas Brazos County Facebook page live at noon or KBTX Media to the First at Four broadcast on April 24. Results will be announced there too!

Check out this recipe!

Creamy Avocado Veggie Dip

Need a quick recipe for a picnic or family get together? Try our delicious Creamy Avocado Veggie Dip. This tasty dish is a great way to incorporate more veggies into your day!



Creamy Avocado Veggie Dip



Dinner Tonight: Quick Healthy Cooking
4.14K subscribers

Subscribe

6



Share



View video at

<https://youtu.be/B83GCov0d6E>

TEXAS A&M REC SPORTS VIRTUAL KICKBOXING

APRIL 5, 2023

AT

12:00-12:30 PM



Rec Sports



facebook.com/walk.across.texas.bc/live/

THANK YOU!



SPEAKER

STERLING LABOO, MPH

Counseling & Psychological Services University Health Services

BEST FOOT FORWARD: SELF-CARE AND METHODS TO IDENTIFY AND ADDRESS MENTAL HEALTH STRESSORS

Facebook Live Webinar

MARCH 29, 2023



<https://fb.watch/jAfYcA0fzA/>

*click
here!*
to view webinar

Howdy from CAPS!



- ▶ We provide services focused on student mental health.
- ▶ We exist to advance student development and academic success.
- ▶ CAPS is committed to the promotion and celebration of diversity in all forms.



zoom



COUNSELING & PSYCHOLOGICAL SERVICES



Thank You

Thank You

Thank You

Thank You



March 29, 2023

*Congratulations
prize winners!*

Minnie Russell

Stephanie Klock

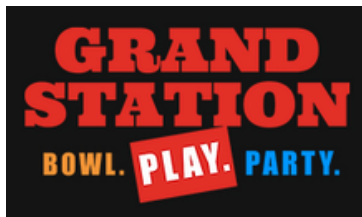
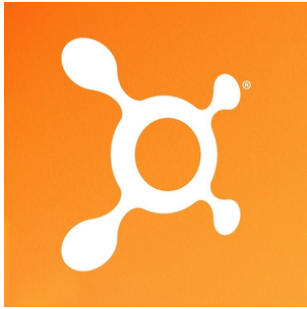
Dina Nutall

BFF session taught by Sterling Laboo with
Counseling & Psychological Services

Prizes provided by Walk Across Texas Taskforce

SPONSORS

Click on each logo to learn more about sponsors if viewing digitally.



VIRTUAL HOST SPOTLIGHT

Living Well at TAMU

Minnie Russell sports her winnings
from the Virtual Pilates door prize
drawing



or should I say "screen prize"
drawing.

TEAM SPOTLIGHT

Left foot, write foot.



Throughout the competition, their team has continued to support one another and stay motivated. They're looking forward to finishing WAT 2023 strong!



TEAM SPOTLIGHT

Team Godzilla has been busy. This is not their first WAT Challenge this year.

Visit

<https://www.facebook.com/walkacrosstexas> to see upcoming WAT events across the state.



Julio
Angelina
Erika
Monica
Patty
Minnie
Stephanie
Audra

Angelina and Julio working on their steps!

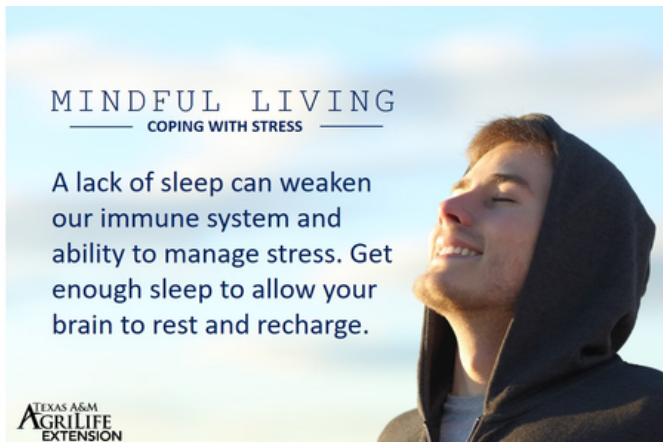


BEST FOOT FORWARD THROUGH MINDFUL LIVING

DIGITAL AWARENESS

Use of technology changed the way we approach our work and daily activities. Time spent on digital devices replaced our time spent exercising, bonding, and bring creative. A digital detox will help you unplug and disconnect from technology and to reconnect with friends and family. Try one!

- Start your morning routine without your phone or other digital devices.
- Allow at least an hour each day of screen free time.
- Turn off social media notifications
- Take breaks from social media to go outdoors
- Encourage screen free family meals to reconnect with family members
- Avoid screens in your bedroom
- Use paper and pen for note taking instead of using digital devices
- Stretch your body every 30 minutes while sitting or using your computer
- Avoid talking or texting while driving



Spring Physical Activity Bingo



Here are fun ways to keep moving this spring! See how many BINGO squares you can check off.

B	I	N	G	O
Have a dance party – outdoors or indoor	Go for a walk or a run 	Build an outdoor obstacle course	Go fishing	Play soccer, softball or baseball 
Make your own mini golf course 	Have a picnic	Start a garden 	Make outdoor hopscotch with sidewalk chalk	Find shapes in the clouds
Play catch	Shoot hoops 	Free Space	Go to a playground 	Spring clean your room
Draw a chalk maze on the driveway	Plant a tree 	Blow bubbles	Enjoy a bike or scooter ride 	Host an outdoor tea party
Try yoga 	Put on rain boots and splash in the rain puddles	Go on a spring nature hike	Jump rope	Fly a kite 



Connect with @UNLfoodfitness

food@unl.edu



The University of Nebraska does not discriminate based upon any protected status. Please see go.unl.edu/nondiscrimination.

Source: <https://food.unl.edu/spring-physical-activity-bingo>



Top 25 Most Creative Team Names

A Walk to (Not) Remember
A-Counting Steps
All About That Pace
Better at Running Up a Tab
Booking It!
Caught Between a Walk and a Hard Pace
Chafing the Dream
Ctrl+Alt+Feet
DOR Road Scholars
Fitness Protection
Hammerheads with legs
Jiggly Wiggly
Left foot, write foot
Moves like Joggers
MSC U L8r
Party In Your Plants
PE class
Public Policy Feet-search Institute
Rapid Thigh Movement
Road Scholars
Sole Beneficiaries
The aMAYSing Race
Turtles to the Win!
Upbeat Steppers
What is That in Miles?

And then there were 25! Next week we will see the top 10.



Overall Team Placing

1. Team Godzilla 3469.47
2. Young & Ruthless 2510.05
3. HORTTREKKERS 2466.08
4. Road Scholars 2455.47
5. Blazing Feets 2420.89
6. The AgriVators 2288.29
7. OGS Striders 2220.98
8. Walk This Way! 2109.3
9. Athletics - F&O Powerhouse 2004.05
10. Walker, Texas Runner 1991.51
11. All About That Pace 1905.08
12. Wandering Wildlanders 1870.62
13. NOLA Half Fast Krewe 1857.31
14. Better at Running Up a Tab 1846.37
15. Cushing Panthers 1835.83
16. A Walk to (Not) Remember 1833.15
17. keep on truckin 1794.96
18. AgriLife Butterflies 1794.51
19. Hearts and Soles 1790.25
20. Dynacisers25 1727.78
21. VMBS Dog Tired 1687.12
22. Walker Cross Texas 1622.27
23. VFIC2023 1612.12
24. HereWeGoAgain 1611.45
25. Coreondeck 1547.46
26. WTF! - Walking Texas Foresters 1541.33
27. Between a Walk and a Hard Place 1521.93
28. Rapid Thigh Movement 1518.38
29. Left foot, write foot 1500.04
30. Best Step Correct 1496.24
31. The Original Holy Walkamolies 1463.26
32. The Lollygagging Lobbyists 1439.84
33. Holy Walk-a-OD's! 1437.22
34. Walks and Recreation 1424.9
35. ISENTropic Athletes 1424.01
36. Walking Warriors 1423.8
37. The Aggie Rice Runners 1422.01
38. Chafing the Dream 1418.8
39. Step, Rattle and Roll 1416.72
40. Public Policy Feet-search Institute 1407.27
41. Keep Calm and Query On 1401.5
42. Da Grove Men 2 1380.54
43. Made You Look 1364.97
44. Boll Patrol 1359.04
45. Diva Steppers 1319.09
46. The Pharma Pill Posse 1319.04
47. W.A.T. the Flock! 1318.14
48. Mall Walkers 1311.81
49. AIOL 1311.63
50. TAMU Innovation Partners 1295.8
51. What is That in Miles? 1292.55
52. Swervin From Dervin 1291.93
53. Party In Your Plants 1288.49
54. Lost in Pace 1286.05
55. Fitness Protection 1269.45
56. Rich Blood 1261.37
57. Walkie Talkies 1255.26
58. DOR The Young and the Breathless 1254.39
59. FLAC and CREW 1253.76
60. Gel Runners 1252.69
61. MSC U L8r 1218.95
62. Walking on Sunshine 1215.65
63. A-Counting Steps 1201.52
64. AABS -All About Better Steps 1200.18
65. Heart and Sole 1196.15
66. Booking It! 1189.62
67. Red Hot Chili Steppers 1188.48
68. Happy Feet 1188.01
69. VMBS Unleashed 1181.13
70. Insert Name Here 1177.47
71. Walking Texas Aggies 1177.46
72. Walking Spuds 1175.65
73. Turtles to the Win! 1134.75
74. Hurtado's Hypersonic Hullabaloo 1133.09
75. Tech Trekkers 1127.34
76. Bluestem Bluebird Bluegill 1117.9
77. Zach Pack 1116.31
78. Holy Walkamolies 1098.54
79. Glorious Steppers 2 1097.94
80. Lost in Pace 1084.9
81. JTG - Just That Good! ;) 1084.8
82. Sole Beneficiaries 1074.93
83. Foundies 1074.46
84. Becky's Toddling Troup 1072.83
85. DOR Holy Walkamolies 1071.11
86. Moves like Joggers 1070.7
87. DOR No Half-Steppin 1067.82
88. Murphy Mob 1067.78
89. Walk-a-holics 1062.46
90. Star Walkers 1058.89
91. Red Hot Chili Steppers 1057.98
92. Public Health Walkers 1056.78
93. Upbeat Steppers 1053.24
94. Holy Walkamolies 1052.45
95. DOR Believe 1051.66
96. Executive Team 1051.35
97. Worst Pace Scenario 1038.84
98. bling bling steppas 1035.5
99. Quantitative Optical Imaging Lab 1030.66
100. MEEN in Motion 1011.76
101. The aMAYSing Race 1004.93
102. MSL Marvels 1003.55
103. Let Me See You Walk!!! 999.32
104. walk it to the top! 992.51
105. Becky's Toddling Troup 2.0 986.69
106. Ctrl+Alt+Feet 986.43
107. Glorious Steppers 968.68
108. The Bolting Basophils 967.78
109. DOR Lost in Pace 966.22
110. Walking Texas Rangers 963.97
111. Square Feet 962.05
112. Sole Sisters 945.76
113. My Sole Called Life 944.89
114. Mind Over Miles 943.49
115. SteppingUp 939.7
116. We're Still Walkin'... yeah, yeah, yeah 934.56
117. The Eosinophil Express 931.58
118. Walking Legionnaires 929.49
119. Da Grove Men 928.75
120. Free Range Chickens 923.12
121. PE class 912.82
122. Wings of Eagles 905.27
123. Emâ€™Dashers 904.49
124. Walking on Sunshine 900.3
125. Red Hot Chili Steppers 896.5

HUSTLE

Overall Placing

126. Big Bend or Bust 887.29
127. DOR Road Scholars 884.08
128. New Kids on the Walk 882.85
129. Le Fitness 861.23
130. The Mommas and the PoPas 856.39
131. SWAT SWEATERS 843.34
132. The Street Walkers 839.21
133. Walker Texas Rangers 831.63
134. Worst Pace Scenario 828.57
135. Team Ka-Ching 814.12
136. GET 2 STEPPIN 803.86
137. Hammerheads with legs 798.79
138. The ShambleShack 796.48
139. TBD 790.82
140. Caught Between a Walk and a Hard Pace 785.05
141. Step Up 784.63
142. Time to walk the building 783.04
143. WalkingWarriors 778.83
144. TICC'd 767.4
145. Slaydies 754.74
146. Jiggly Wiggly 750.09
147. Kristin's Idots 742.84
148. Walking 9 to 5 733.04
149. TAMU Women's Club 730.79
150. Cat Herders 725.92
151. DOR Wave Walkers 725.86
152. Nerd Herd 711.12
153. The Texas Travelers 703.82
154. The Lisa Frank Crew 690.12
155. Myles Miles Team 676.2
156. The Team With No Name 670.96
157. D12 Health Hustlers 655.17
158. Goal Getters 622.15
159. LoveMindsWalk 622.15
160. Texas Two Steppers 620.77
161. Team Body, Mind and Sole 619.92
162. Eric's Team 611.86
163. Wherever we may roam (within reason, allowing a sensible bedtime) 602.12
164. Rice Racers 560.77
165. Striving 555.92
166. Ian's Team 534.23
167. Brianna's Team 529.68
168. AhhhMazing Advisors 515.52
169. SistersofLove 512.62

1170. KT 503.77
171. WalkieTalkies 492.11
172. Nueces County 2-Steppers 462.3
173. Sauntering Scientists 461.22
174. Hot Girl Walking Across Texas 444.18
175. Don't Try... Comply! 443.08
176. KBTXer's 432.38
177. Walkaholics 428.34
178. OICU812 417.78
179. Rock Stars 416.74
180. The Mathletes 403.37
181. Walking up the front porch steps 376.15
182. The H-feld's 347.49
183. We Thought They Said Rum 346.29
184. Y Y Y 344.58
185. Cirque De Sore Legs 325.62
186. Making Strides 321.95
187. Best of the Midwest and Texas 311.09
188. The Menchaca's 302
189. Passionate Professionals Dedicated to Purposeful Perspiration 295.81
190. Rockin Walkin SA Pros 292.57
191. Asphalt Sisters Rock 284.31
192. Inclusive Walkers 266.84
193. 16 Feet with Sole 265.92
194. Red Hot Chili Steppers 259.61
195. OPSA/CARC Speed Demons 232.03
196. Walkaholics (MLL) 218
197. Lincoln Recreation Center Seniors and Friends 214.5
198. Sierra House 212.27
199. Crazy Ding Bats Always Dancing 200.52
200. Simran's Team 193
201. Agony of DeFeet 190.6
202. PVFA - Prefer Virtual Fun Activities 179.09
203. Walker? I hardly know her 139.98
204. Walkin' on P.Rays of Sunshine 139.31
205. Lindsey's team 127.77
206. bagel time 95
207. Team Hailey 84.5
208. GymBro 80
209. Meghan's Team 75.4
210. Sydneys Team 53.7

211. The Reluctants 49.95
212. Kibugis 30.65
213. Texas A&M Career Center 28
214. finna do it myself 15.24
215. Rylee's Team 8.5
216. PAK 5.6
217. Jocelyn's Team 3
218. Heel Toe 1.3



YOUTH TEAMS
Awesome Kids 2023
873
Rapid Racers
828



KEEP
GOING!

BFF 832 Club

- *A Walk to (Not) Remember*
- *AABS -All About Better Steps*
- *A-Counting Steps*
- *AgriLife Butterflies*
- *AIOL*
- *All About That Pace*
- *Athletics - F&O Powerhouse*
- *Becky's Toddling Troup*
- *Becky's Toddling Troup 2.0*
- *Best Step Correct*
- *Better at Running Up a Tab*
- *Between a Walk and a Hard Place*
- *Big Bend or Bust*
- *Blazing Feets*
- *bling bling steppas*
- *Bluestem Bluebird Bluegill*
- *Boll Patrol*
- *Booking It!*
- *Chafing the Dream*
- *Coreondeck*
- *Ctrl+Alt+Feet*
- *Cushing Panthers*
- *Da Grove Men*
- *Da Grove Men 2*
- *Diva Steppers*
- *DOR Believe*
- *DOR Holy Walkamolies*
- *DOR Lost in Pace*
- *DOR No Half-Steppin*
- *DOR Road Scholars*
- *DOR The Young and the Breathless*
- *Dynacisers25*
- *Emâ€™Dashers*
- *Executive Team*
- *Fitness Protection*
- *FLAC and CREW*
- *Foundies*
- *Free Range Chickens*
- *Gel Runners*
- *Glorious Steppers*
- *Glorious Steppers 2*
- *Happy Feet*
- *Heart and Sole*
- *Hearts and Soles*
- *HereWeGoAgain*
- *Holy Walkamolies*
- *Holy Walkamolies*
- *Holy Walk-a-OD's!*
- *HORTTREKKERS*
- *Hurtado's Hypersonic Hullabaloo*
- *Insert Name Here*
- *ISEntropic Athletes*
- *JTG - Just That Good! ;)*
- *Keep Calm and Query On*
- *keep on truckin*
- *Le Fitness*
- *Left foot, write foot*
- *Let Me See You Walk!!!*
- *Lost in Pace*
- *Lost in Pace*
- *Made You Look*
- *Mall Walkers*
- *MEEN in Motion*
- *Mind Over Miles*
- *Moves like Joggers*
- *MSC U L8r*
- *MSL Marvels*
- *Murphy Mob*



BFF 832 Club

- *My Sole Called Life*
- *New Kids on the Walk*
- *NOLA Half Fast Krewe*
- *OGS Striders*
- *Party In Your Plants*
- *PE class*
- *Public Health Walkers*
- *Public Policy Feet-search Institute*
- *Quantitative Optical Imaging Lab*
- *Rapid Thigh Movement*
- *Red Hot Chili Steppers*
- *Red Hot Chili Steppers*
- *Red Hot Chili Steppers*
- *Rich Blood*
- *Road Scholars*
- *Sole Beneficiaries*
- *Sole Sisters*
- *Square Feet*
- *Star Walkers*
- *Step, Rattle and Roll*
- *SteppingUp*
- *SWAT SWEATERS*
- *Swervin From Dervin*
- *TAMU Innovation Partners*
- *Team Godzilla*
- *Tech Trekkers*
- *The Aggie Rice Runners*
- *The AgriVators*
- *The aMAYSing Race*
- *The Bolting Basophils*
- *The Eosinophil Express*
- *The Lollygagging Lobbyists*
- *The Mommas and the PoPas*
- *The Original Holy Walkamolies*
- *The Pharma Pill Posse*
- *The Street Walkers*
- *Turtles to the Win!*
- *Upbeat Steppers*
- *VFIC2023*
- *VMBS Dog Tired*
- *VMBS Unleashed*
- *W.A.T. the Flock!*
- *walk it to the top!*
- *Walk This Way!*
- *Walk-a-holics*
- *Walker Cross Texas*
- *Walker, Texas Runner*
- *Walkie Talkies*
- *Walking Legionnaires*
- *Walking on Sunshine*
- *Walking on Sunshine*
- *Walking Spuds*
- *Walking Texas Aggies*
- *Walking Texas Rangers*
- *Walking Warriors*
- *Walks and Recreation*
- *Wandering Wildlanders*
- *We're Still Walkin'... yeah, yeah, yeah*
- *What is That in Miles?*
- *Wings of Eagles*
- *Worst Pace Scenario*
- *WTF! – Walking Texas Foresters*
- *Young & Ruthless*
- *Zach Pack*

132 teams have made it across Texas and beyond. Will your team be added to the list? No matter what, keep going.

2023 Awards and Recognition

Workout Weekly Drawings (must be present to win)

Most Inspirational Person

Most Creative Team Name

Top 3 Teams/Hall of Fame

Random Drawing of Finishing Teams

**Thank you for
your
nominations! All
candidates will
be featured in
the next
newsletter.**



TEAM PLACING WITHIN LEAGUE

AgriLife Employee Wellness

69%

- 1.Team Godzilla 3469.47
- 2.HORTTREKKERS 2466.08
- 3.Road Scholars 2455.47
- 4.The AgriVators 2288.29
- 5.Walker, Texas Runner 1991.51
- 6.Wandering Wildlanders 1870.62
- 7.Better at Running Up a Tab 1846.37
- 8.AgriLife Butterflies 1794.51
- 9.HereWeGoAgain 1611.45
- 10.WTF! – Walking Texas Foresters 1541.33
- 11.The Original Holy Walkamolies 1463.26
- 12.Walks and Recreation 1424.9
- 13.The Aggie Rice Runners 1422.01
- 14.Made You Look 1364.97
- 15.Boll Patrol 1359.04
- 16.W.A.T. the Flock! 1318.14
- 17.Party In Your Plants 1288.49
- 18.Gel Runners 1252.69
- 19.Happy Feet 1188.01
- 20.Walking Spuds 1175.65
- 21.Bluestem Bluebird Bluegill 1117.9
- 22.Holy Walkamolies 1098.54
- 23.Worst Pace Scenario 1038.84
- 24.The Bolting Basophils 967.78
- 25.Mind Over Miles 943.49
- 26.The Eosinophil Express 931.58
- 27.Emâ€™Dashers 904.49
- 28.Le Fitness 861.23
- 29.SWAT SWEATERS 843.34
- 30.The ShambleShack 796.48
- 31.Step Up 784.63
- 32.Cat Herders 725.92
- 33.The Lisa Frank Crew 690.12
- 34.Myles Miles Team 676.2
- 35.D12 Health Hustlers 655.17
- 36.LoveMindsWalk 622.15
- 37.Rice Racers 560.77
- 38.Nueces County 2-Steppers 462.3
- 39.Don't Try... Comply! 443.08
- 40.We Thought They Said Rum 346.29
- 41.Making Strides 321.95
- 42.Best of the Midwest and Texas 311.09

Bryan ISD Technology Dept.

33%

- 1.Ctrl+Alt+Feet 986.43
- 2.The Texas Travelers 703.82
- 3.Wherever we may roam (within reason, allowing a sensible bedtime) 602.12

CASAP....Let's Get These Miles

100%

- 1.Diva Steppers 1319.09
- 2.JTG – Just That Good! ;) 1084.8
- 3.Let Me See You Walk!!! 999.32

College Edition

10%

- 1.keep on truckin 1794.96
- 2.Murphy Mob 1067.78
- 3.bling bling steppas 1035.5
- 4.TBD 790.82
- 5.Slaydies 754.74
- 6.Kristin's Idots 742.84
- 7.Nerd Herd 711.12
- 8.Eric's Team 611.86
- 9.Ian's Team 534.23
- 10.Brianna's Team 529.68
- 11.KT 503.77
- 12.WalkieTalkies 492.11
- 13.Hot Girl Walking Across Texas 444.18
- 14.The H-feld's 347.49
- 15.Y Y Y 344.58
- 16.The Menchaca's 302
- 17.Red Hot Chili Steppers 259.61
- 18.Walkaholics (MLL) 218
- 19.Sierra House 212.27
- 20.Simran's Team 193
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- 23.bagel time 95
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- 25.GymBro 80
- 26.Meghan's Team 75.4
- 27.Sydneys Team 53.7
- 28.Kibugis 30.65
- 29.finna do it myself 15.24
- 30.Rylee's Team 8.5
- 31.PAK 5.6
- 32.Jocelyn's Team 3

TEAM PLACING WITHIN LEAGUE

Brazos County - BLT - Adult - 2023

- 1.Upbeat Steppers 1053.24
 - 2.Striving 555.92
 - 3.Lincoln Recreation Center Seniors and Friends 214.5
- 33%

Brazos County Employees

- 1.FLAC and CREW 1253.76
 - 2.Heart and Sole 1196.15
 - 3.WalkingWarriors 778.83
 - 4.OICU812 417.78
 - 5.Agony of DeFeet 190.6
- 40%

Division of Research

- 1.DOR The Young and the Breathless 1254.39
 - 2.DOR Holy Walkamolies 1071.11
 - 3.DOR No Half-Steppin 1067.82
 - 4.DOR Believe 1051.66
 - 5.DOR Lost in Pace 966.22
 - 6.DOR Road Scholars 884.08
 - 7.DOR Wave Walkers 725.86
- 86%

Division of Student Affairs

- 1.Blazing Feets 2420.89
 - 2.Walking Warriors 1423.8
 - 3.Chafing the Dream 1418.8
 - 4.Step, Rattle and Roll 1416.72
 - 5.Mall Walkers 1311.81
 - 6.Lost in Pace 1286.05
 - 7.MSC U L8r 1218.95
 - 8.Star Walkers 1058.89
 - 9.Red Hot Chili Steppers 1057.98
 - 10.SteppingUp 939.7
 - 11.Walking on Sunshine 900.3
 - 12.Worst Pace Scenario 828.57
 - 13.Walking 9 to 5 733.04
 - 14.Walking up the front porch steps 376.15
 - 15.Rockin Walkin SA Pros 292.57
 - 16.OPSA/CARC Speed Demons 232.03
 - 17.Texas A&M Career Center 28
- 65%

Engineer Your Wellness

- 1.Hearts and Soles 1790.25
 - 2.Left foot, write foot 1500.04
 - 3.ISEntropic Athletes 1424.01
 - 4.Insert Name Here 1177.47
 - 5.Lost in Pace 1084.9
 - 6.Moves like Joggers 1070.7
 - 7.Walk-a-holics 1062.46
 - 8.Quantitative Optical Imaging Lab 1030.66
 - 9.walk it to the top! 992.51
 - 10.My Sole Called Life 944.89
 - 11.The Mommas and the PoPas 856.39
 - 12.Asphalt Sisters Rock 284.31
- 92%

Living Well at Texas A&M

- 1.Walk This Way! 2109.3
 - 2.Athletics - F&O Powerhouse 2004.05
 - 3.VMBS Dog Tired 1687.12
 - 4.Between a Walk and a Hard Place 1521.93
 - 5.Holy Walk-a-OD's! 1437.22
 - 6.Public Policy Feet-search Institute 1407.27
 - 7.The Pharma Pill Posse 1319.04
 - 8.AIOL 1311.63
 - 9.TAMU Innovation Partners 1295.8
 - 10.Swervin From Dervin 1291.93
 - 11.Walking on Sunshine 1215.65
 - 12.AABS -All About Better Steps 1200.18
 - 13.Red Hot Chili Steppers 1188.48
 - 14.VMBS Unleashed 1181.13
 - 15.Walking Texas Aggies 1177.46
 - 16.Turtles to the Win! 1134.75
 - 17.Becky's Toddling Troup 1072.83
 - 18.MEEN in Motion 1011.76
 - 19.Becky's Toddling Troup 2.0 986.69
 - 20.Square Feet 962.05
 - 21.Free Range Chickens 923.12
 - 22.New Kids on the Walk 882.85
 - 23.Team Ka-Ching 814.12
 - 24.GET 2 STEPPIN 803.86
 - 25.Time to walk the building 783.04
 - 26.The Team With No Name 670.96
 - 27.AhhhMazing Advisors 515.52
 - 28.Sauntering Scientists 461.22
 - 29.PVFA - Prefer Virtual Fun Activities 179.09
- 76%

TEAM PLACING WITHIN LEAGUE

MYCON General Contractors, Inc.

1. Best Step Correct 1496.24
2. What is That in Miles? 1292.55
3. Walkie Talkies 1255.26
4. Holy Walkamolies 1052.45
5. PE class 912.82

100%

regiStrides

1. Rapid Thigh Movement 1518.38
2. Fitness Protection 1269.45
3. Caught Between a Walk and a Hard Pace 785.05
4. Jiggly Wiggly 750.09
5. Cirque De Sore Legs 325.62

40%

Teams Without A League

1. NOLA Half Fast Krewe 1857.31
2. Dynacisers25 1727.78
3. VFIC2023 1612.12
4. Coreondeck 1547.46
5. Da Grove Men 2 1380.54
6. Rich Blood 1261.37
7. Tech Trekkers 1127.34
8. Glorious Steppers 2 1097.94
9. Public Health Walkers 1056.78
10. Glorious Steppers 968.68
11. Walking Legionnaires 929.49
12. Da Grove Men 928.75
13. Wings of Eagles 905.27
14. Red Hot Chili Steppers 896.5
15. The Street Walkers 839.21
16. Hammerheads with legs 798.79
17. TICC'd 767.4
18. TAMU Women's Club 730.79
19. Texas Two Steppers 620.77
20. SistersofLove 512.62
21. KBTXer's 432.38
22. Walkaholics 428.34
23. The Mathletes 403.37
24. Inclusive Walkers 266.84
25. 16 Feet with Sole 265.92
26. Crazy Ding Bats Always Dancing 200.52
27. The Reluctants 49.95
28. Heel Toe 1.3

36%

Texas A&M Foundation

1. Walker Cross Texas 1622.27
2. A-Counting Steps 1201.52
3. Hurtado's Hypersonic Hullabaloo 1133.09
4. Zach Pack 1116.31
5. Foundies 1074.46
6. Executive Team 1051.35
7. The aMAYSing Race 1004.93
8. Walking Texas Rangers 963.97
9. Sole Sisters 945.76
10. Big Bend or Bust 887.29
11. Walker Texas Rangers 831.63
12. Goal Getters 622.15
13. Rock Stars 416.74
14. Passionate Professionals Dedicated to Purposeful Perspiration 295.81

71%

Texas A&M University Libraries

1. Cushing Panthers 1835.83
2. A Walk to (Not) Remember 1833.15
3. Booking It! 1189.62
4. MSL Marvels 1003.55
5. We're Still Walkin'... yeah, yeah, yeah 934.56

100%

Texas A&M University System Offices

1. All About That Pace 1905.08
2. The Lollygagging Lobbyists 1439.84
3. Keep Calm and Query On 1401.5
4. Sole Beneficiaries 1074.93
5. Walkin' on P.Rays of Sunshine 139.31

80%

Waller County WAT!

1. Young & Ruthless 2510.05
2. OGS Striders 2220.98
3. Team Body, Mind and Sole 619.92

67%



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Nickie McDaniel-CASAP - Community Alcohol &
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Secretary/Extension Agent/Advisor:

Katie Zender-Texas A&M AgriLife

FCH County Extension Agent/Advisor:

Flora Williams-Texas A&M AgriLife Extension

Specialists/Advisors:

Alice Kirk-Texas A&M AgriLife Extension

Michael Lopez-Texas A&M AgriLife Extension

Members:

Dorithie Thomas-Texas A&M AgriLife

Judy Kurtz-Texas A&M AgriLife

Mary Parrish-At large

Sheri Meyer-Texas A&M University System

Julie Prouse-Master Wellness Volunteer

Christina Bookout-Living Well at TAMU

Kirsten Brekken Shea-Texas A&M University

Contact:
Brazos County Extension Office
Texas A&M AgriLife Extension Service

4153 County Park Court
Bryan, Texas 77802

Phone: 979-823-0129

For more information about
Family & Community Health
Walk Across Texas

contact
Flora Williams
E-mail: fewilliams@ag.tamu.edu
or
Katie Zender
E-mail: katie.zender@ag.tamu.edu

