



# 4-H Food and Nutrition Project Information and Fun Night



The FAN ambassadors have cooked up a  
great year for the food and nutrition  
project!

**COME LEARN ABOUT...**

**Food Challenge**

**Food Show**

**Quiz Bowl**

**Ag Product ID**

**FCH Educational presentations**

**Brazos County Youth Livestock Show FCS**

**Brazos Valley Fair and more!**

The fun night will include presentations,  
demonstrations and hands on practice.



[https://docs.google.com/forms/d/e/  
1FAIpQLSe\\_7goD5EEbDjbDr4BxgZIN  
XF\\_1ouJF6W\\_Bq55HwKdaENv4BQ/vi  
ewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSe_7goD5EEbDjbDr4BxgZINXF_1ouJF6W_Bq55HwKdaENv4BQ/vi<br/>ewform?usp=sf_link)

**Sept 20, 2023 @ 6 pm**  
**at the Extension Office**  
**Sign up September 6-13th**

**For more information contact Agent Flora Williams**  
**at [fewilliams@ag.tamu.edu](mailto:fewilliams@ag.tamu.edu)**