

WALK ACROSS TEXAS 2025 CHALLENGE

WALK A MILE IN MY SHOES

You'll Never Walk Alone.



**FEATURED: WALK
ACROSS TEXAS
LONGMIRE TRUFFIT
TAKE OVER**

St. Joseph Health's WellFit hosted two events for Walk Across Texas Workouts.

Shoutouts

MARCH 13, 2025

brazos.agrilife.org

TEXAS A&M
AGRILIFE
EXTENSION

YOU'LL NEVER WALK (OR WORKOUT) ALONE

Welcome to the end of Week 7 of the Walk Across Texas Challenge! **241** teams have traveled the distance across. Keep going! Do not give up! WEaccrued **387,889.24** miles at the end of Week 6 with our 393 teams. 61% of teams have had the "Burnin Love" for physical activity and made it across the 832 miles across Texas.

Go big (or go home).

"Put on your blue suede shoes, and remember: it's now or never! Go big or go home, because you can't help falling in love with the results!"

IMPORTANT DATES

Proclamation at Commissioner's Court:

January 14, 2025 at 10 AM ✓

Kick-off event: January 25, 2025 @ 10:00 am ✓

Week 1: January 25 – January 31 ✓

Online Registration Deadline: February 3, 2025 ✓

Week 2: February 1 – February 7 ✓

Week 3: February 8 – February 14 ✓

Week 4: February 15- February 21 ✓

Week 5: February 22 – February 28 ✓

Week 6: March 1 – March 7 ✓

Week 7: March 8 – March 14 ✓

Week 8: March 15 – March 21

Last day to report team mileage: March 31, 2025

The announcement of champions/Prize

Patrol: April 3, 2025 at noon



RULE OF PLAY

WALKERS
SHOULD
ONLY
REPORT
MILES TO
ONE TEAM IN
THIS
CHALLENGE

The members of Texas A&M AgriLife will provide equal opportunities in programs and activities, education, and employment to all persons regardless of race, color, sex, religion, national origin, age, disability, genetic information, veteran status, sexual orientation or gender identity and will strive to achieve full and equal employment opportunity throughout Texas A&M AgriLife.

SPOTLIGHT ON THE TRUFIT ATTENDANCE LIST

Andrea Ryan
Alexander Angela
Angelica Briggs
Camryn LeJeune
Catherine Yancy
Cee Ellis
Chris Burns
Dorithie Thomas
Flora Williams
Ginger Pierce
Haley Williams
Kelly Smith
Kenya Reeves
Laura Corn
Leah Hausman
Lora Jorgensen
Liu Shi
Lynette Loche
Melissa Adams
Nickie McDaniel
Sara Mendez
Sharli Nucker
Sofia Dettmers
Teresa Lamb
Thalita Hotz

Andrea Ryan
Alexander Angela
Angelica Briggs
Camryn LeJeune
Chris Burns
Haley Williams
Kenya Reeves
Laura Corn
Lynette Loche
Melissa Adams
Sara Mendez
Sharli Mei

Door Prize Winners



Thank you 

Our instructors: Cynthia, Katherine, Lorraine

SPOTLIGHT ON THE TRUFIT ATTENDANCE LIST

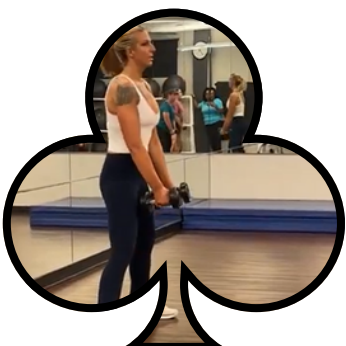
I R J W U X W D G L X D K Q J Z A E S O C Z V X Z
 S B N S E E E W H E O K E H I J J N S E S B P J Q
 I R Z U C P T I A L R R P C B X S I K D A O R T E
 L E R V A I K A N T Z C A M Q F I R W Y J A S K H
 Y G U D J O R N D A E V R G L L L E L K K R Z X E
 D T Y P O U O V R V W R E T R X N H A B M A X N T
 Y B P P A R O G E G J E E A W T Q T C S I S H W X
 L L B L I Y I G A N C V H S B H E A B U K A G U E
 V J L F D J T T M A Y S B Z A A U C A A S V S K R
 F R U E A M A S H E T R T C N L B E D T Y W Z P U
 H Z Q S K N H O P I M E M K O I Y X I I R Q V Q Q
 P A Q G G B N I A P E T T A T T M J F K H T R K D
 F T X E O R G Q O M H C F W C A N N L S C W B J W
 M O L C B N C Q G F Z K T Z R G C G O A P I N W J
 V A S S I L E M K C W R W V I K F K R N T P N B F
 T R A Q J K A P L Y P C A N F N I A A X A W J X D
 I C H R I S Y Z I Y E K G M U Q D G R G U R J P B
 A C I L E G N A U E F E W N N E U S A M T A X J H
 A S E F D P E F L H R Z C G A L J N X A G I H A M
 L V A T T X K Y D J V A J Y S V Z J I R B J P W X
 N R H M J D N I K S O F I A V U E X A A I O V U Z
 K A U D Q E Z W C A O C S D Y G K P B N R L I E Z
 L E A H T U L Z U T L Q T G Y H N C M U K X Y P B
 G H U T K W F U B C N Z G Y V F M G X H R A L N G
 D C E D B K Y E L A H X P M S M O L E N M B Z Y R

Andrea
 Camryn
 Chris
 Ginger
 Kenya
 Liu
 Melissa
 Sharli

Angela
 Catherine
 Dorithie
 Haley
 Laura
 Lora
 Nickie
 Sofia

Angelica
 Cee
 Flora
 Kelly
 Leah
 Lynette
 Sara
 Teresa

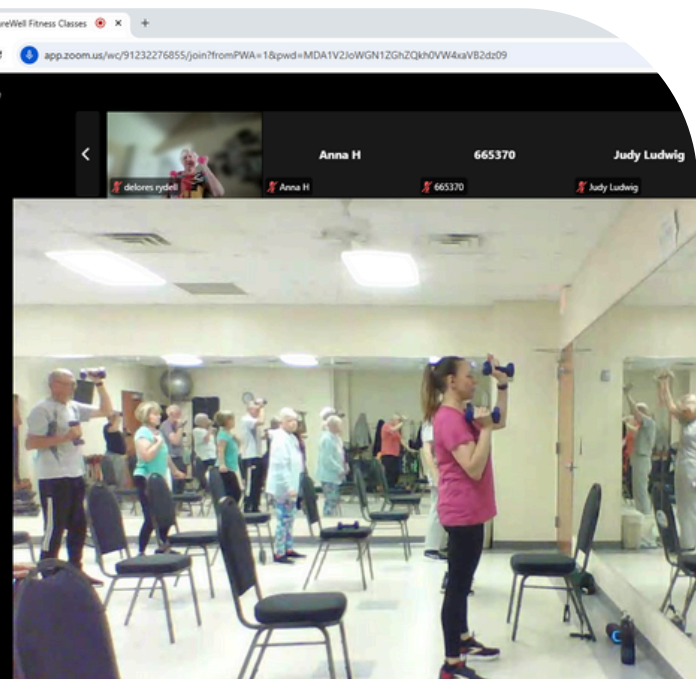
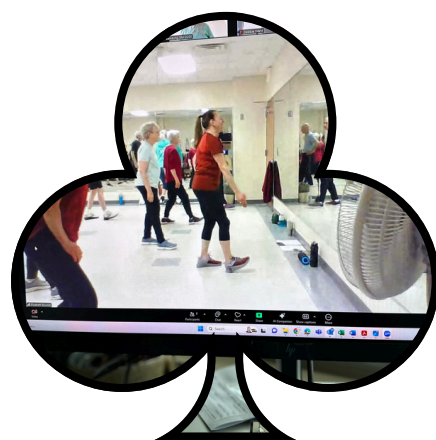
LONGMIRE TRUFIT AND AGRILIFE EMPLOYEE WELLNESS HOSTED THE 2025 MIDWAY EVENT



ST. JOSEPH HEALTH'S WELLFIT HOSTED THE MAY 5TH AND THE MAY 7TH WORKOUTS



Cathy



SHOUTOUT TO GREAT WORK

DYNACISERS 25
ON THEIR 25TH
WALK ACROSS TEXAS

2025-TAMU COLLEGE EDITION
LEAGUE FOR 26 TEAMS

2025-TAMU COLLEGE EDITION
LEAGUE FOR 26 TEAMS

CSISD EARLY
EDUCATION SERVICES
LEAGUE FOR 11 TEAMS

ENGINEER YOUR WELLNESS
LEAGUE FOR 22 TEAMS

TEXAS A&M DIVISION OF
RESEARCH LEAGUE FOR 15
TEAMS

TEXAS A&M UNIVERSITY
LIBRARIES LEAGUE FOR 10
TEAMS

RUTH WILLIAMS ON
PARTICIPATING FROM
NORTH CAROLINA

TEAM GODZILLA
2023 HALL OF FAME
TEAM'S CONTINUANCE

AGRILIFE EMPLOYEE
WELLNESS LEAGUE FOR 66
TEAMS

CEHD 2025 LEAGUE
FOR 20 TEAMS

DIVISION OF STUDENT
AFFAIRS LEAGUE FOR 23
TEAMS

LIVING (AND WALKING)
WELL LEAGUE FOR 53
TEAMS

TEXAS A&M ENGINEERING
EXTENSION SERVICE
LEAGUE FOR 22 TEAMS

TEXAS A&M FOUNDATION
LEAGUE FOR 19 TEAMS

TEXAS A&M UNIVERSITY
SYSTEM OFFICES
LEAGUE FOR 13 TEAMS



MOST INSPIRATIONAL PERSON SPOTLIGHT



Most Inspirational Person Recognition

Is someone on your team going above and beyond? Write up a narrative about how they've motivated you or your team. Provide specific details and include a picture of them. We would love to highlight them in an upcoming newsletter and enter them in the 2025 Walk Across Texas Most Inspirational Person Contest.

Recognize and nominate here:

https://docs.google.com/forms/d/e/1FAIpQLScF5Jb9webGGnTXn-otWwLtJPx_vYFq9nJzh5nLKtEbGAH1Mg/viewform?usp=header



TEAM SPOTLIGHT



MEET Division of Research's
Brittany Davis '16

The Walk Across Texas initiative has been a great motivator to get back into my fitness routine. After a long break, I was struggling to find the motivation to hit the gym but seeing the progress of my team members and knowing I'm contributing to something bigger has inspired me to lace up my sneakers and get moving! Whoop!

TEAM SPOTLIGHT

MEET DOR Blue Suede Walkers'

Legendary Mascot- lil' e!

DOR Blue Suede Walkers, has a legendary motivation mascot, lil' e! He keeps them all shook up with weekly updates, walking challenges, and fun tips to help us rack up those extra steps. Whether it's a creative way to move more during the day or an Elvis-style pep talk to keep us groovin', lil' e makes sure we stay on track, stay motivated, and most importantly, keep our blue suede shoes moving!

Stay cool, keep steppin',
and don't let your
walking shoes get
lonesome.

Fun Walking Task: "Jailhouse Rock Steps"

Take a walk while listening to an Elvis song and match your steps to the beat! Whether you're groovin' to "Burning Love" or doing a little "Hound Dog" shuffle, make your walk feel like a Vegas performance!

For your next walk, try the Viva Las Steps Challenge: Strut like you're headlining the Elvis comeback tour... swagger, confidence, and maybe even a little knee bend for flair. Bonus points if you sneak in a "Thank ya, thank ya very much" as you hit your stride!



"A Little Less Talk, A Lot More Walk" Keep those feet moving and don't be caught in "Heartbreak Hotel" wishing you had walked more! This is your chance to step up, rock out, and WIN BIG!

Remember, steps older than 10 days disappear faster than a peanut butter and banana sandwich at Elvis' table, so get 'em in by Friday evening before the newsletter pulls the data at 10 PM

OPTIONAL EVENTS

Walk Across Texas 2025 Brazos County



TEXAS A&M
AGRILIFE
EXTENSION

Fun | Free | Fitness

See event flyers for details

TEXAS A&M
AGRILIFE
EXTENSION
WALK ACROSS TEXAS
You'll Never Walk Alone

☒ **JAN 25**

KICK OFF EVENT TEXAS A&M UNIVERSITY

10 AM

Virtual or In-person Brazos Extension Office
4153 County Park Court Bryan, Texas

☒ **FEB 11**

THE CUT AXE THROWING IN-PERSON

6 PM

1601 Texas Ave S, College Station, TX 77840
Pre-register by February 7, 2025

☒ **FEB 19**

**VIRTUAL LINE DANCING-BRAZOS FAMILY & COMMUNITY
HEALTH COMMITTEE**

12:30-1 PM

facebook.com/walk.across.texas.bc/live/

☒ **FEB 26**

TRUFIT ON LONGMIRE-WATER AEROBICS 5:45 PM-

ZUMBA 6:30 PM BODY SCULPTING 6:45 PM - IN-PERSON

3526 Longmire Dr, College Station, TX 77845
Pre-register by February 20, 2025 Sign link



☒ **MAR 05**

ST. JOSEPH HEALTH-STRENGTHENING WORKOUT-10 AM

In-Person Location: St. Joseph Health Rehab Center,
WellFIT Fitness Studio, 1600 Joseph Dr, Bryan, 77802
Zoom Meeting ID: 912 3227 6855 Passcode: 074722

☒ **MAR 07**

ST. JOSEPH HEALTH-CARDIO WORKOUT-VIRTUAL-10 AM

45 minute Zoom Meeting ID: 912 3227 6855 Passcode:
074722

MAR 17

TEXAS A&M REC SPORTS - LIVING WELL YOGA

TAMU employees sign up via mobile app **12:15 - 1 PM**
Non TAMU employees should request the Zoom Link

The members of Texas A&M AgriLife will provide equal opportunities in programs and activities, education, and employment to all persons regardless of race, color, sex, religion, national origin, age, disability, genetic information, veteran status, sexual orientation or gender identity and will strive to achieve full and equal employment opportunity throughout Texas A&M AgriLife.



LIVING WELL
AT TEXAS A&M

Join us for a virtual workout via Zoom

YOGA

Hosted by

**LIVING WELL AT TAMU AND
TEXAS A&M REC SPORTS
MARCH 17, 2025**

12:15 PM-1:00 PM

HOW TO JOIN

WORKOUT:

No prior Yoga experience is required; all fitness levels welcome.

Zoom link:

<https://tamu.zoom.us/j/91971783711>

Password:2025

OVERALL TEAM PLACING

1. Hunka Hunka Burning Soles 3377.53	31. The Hustla's 1796.61	61. Byrne Baby Byrne 1455.47
2. Wandering Wildlanders 2835.34	32. Snap! Crackle! Walk! 1792.99	62. The Walk Ness Monsters 1451.37
3. Tejas Slickers 2821.91	33. Jailhouse Walk 1786.79	63. The Biodiversity Brigade 1448.84
4. HORTTREKKERS 2638.9	34. Interstepper 1775.29	64. Walking Talkies 1443.32
5. The A-Team 2575.84	35. The Wolves of Walk Street 1774.89	65. Red Hot Chili Steppers 1434.7
6. Foundation Trailblazers 2558.08	36. Running From the Law 1760.17	66. Not Fast, Just Furious 1429.4
7. Walkamole 2471.23	37. The Bushmasters 1754.71	67. Trail Blazers 1423.58
8. Team Godzilla 2320.85	38. The Diagnostic Sneakers 1741.02	68. Safe Force 1406.85
9. Heart of Texas Mall Walkers 2285.8	39. Project Wranglers 1717.67	69. OutLAWs 1397.71
10. Let's Get Physical (Education) 2274.88	40. We Step Better Than You 1685.44	70. VMBS Unleashed 1383.21
11. LabRatsOnTheLoose! 2207.79	41. Feisty Feet 1666.64	71. Walk by me, Oh Darling 1382.69
12. Speedy Turtles 2162.36	42. Warning: Sculpting May Cause Excessive Flexing 1664.3	72. Legally Awesome 1380.05
13. Hire Hikers 2069.24	43. Scott's Tots 1626.96	73. RELLIS Ramblers 1370.2
14. Texas Thunder Striders 2067.69	44. 481 1593.55	74. DOR: W.O.W. Wandering Office Workers 1363.86
15. Sole Survivors 2051.5	45. Silver Sneaker BTC 1585.11	75. Walk Ness Monsters 1363.69
16. Dumpster Diving Divas 2043.58	46. Hounddog Hustlers 1571.41	76. Heart and Soles 1361.79
17. Silver Strength 2039.85	47. All Rev'd Up 1555.33	77. The Stars and Strides 1360.27
18. Champs 2023.19	48. Gel Runners 1553.8	78. Walkie Talkies 1356.54
19. Falcon Flyers 2015.25	49. 12th Man Trekkers 1550.89	79. Chips, Queso and Cardio 1355.89
20. The Walking Dead 1967.26	50. Canvas Cruisers 1548.94	80. BeneFITs 1353.06
21. VMBS Dog Tired 1958.18	51. Maroon Suede Shoes 1533.79	81. Byte-Sized Striders 1341.22
22. The Half-fast Walkers 1955.15	52. Pink Bandits 1501.68	82. Health Info Hustlers 1323.42
23. Strong to the Core 1945.36	53. The Moonwalkers 1500.17	83. Chicks and Walkamolies 1313.68
24. BAMiltonians-239 1902.35	54. Silver Sneakers Villa 1499.15	84. The Sole Survivors 1309.48
25. Terry and The Pacemakers 1864.73	55. Agri-Trotters 1488.47	85. Hunka Hunka Burning Legs 1299.39
26. MEEN in Motion 1864.17	56. Howdy Heels 1483.79	86. Step-Sisters 1297
27. The Original Holy Walkamolies 1842.64	57. Amarillo by Morning 1473.55	87. Chafing the Dream! 1296.57
28. A-Team Ambulators 1830.67	58. Zach Pack 1467.88	88. MOVE IT, HAPPY FEET! 1292.27
29. Iâ€™ll Be There for Shoe 1804.34	59. TAMU Women's Club 1 1459.51	89. Legs Miserables 1288.79
30. Innovation Moving Grounds 1797.64	60. Dynacisers25 1457.3	90. Chips and Walkamole 1288.27

The top 41 teams

**Walked Across Texas
and back!**

OVERALL TEAM PLACING

91. StuAct #2 1288	121. MaysTeamBestTeam 1178.78	151. Turning a New Page 1058.42
92. The Gig'em Gaiters 1285.33	122. Raccoons 1178.75	152. Walsh Across Texas 1057.34
93. The Cake Walkers 1283.28	123. 1178.47	153. StuAct #1 1056.73
94. The Footloose Fanatics 1277.12	124. OSS High Steppers 1170.71	154. Holy Walkamolies 1051.47
95. BIG Steppers 1269.68	125. TLAC 4eva 1162.66	155. Sole-lessX2 1047.89
96. BadBill\$ 1267.19	126. Code Commanders 1154.2	156. The Foundation and the Furious 1041.17
97. Mile Markers 1263.2	127. Extension Striding for Excellence 1139.05	157. What is That in Miles? 1039.96
98. Jailhouse Walkers 1255.82	128. Tanglewood Trio 1137.58	158. Slowly But Surely 1036.39
99. Only Foresters Walk In 1255.56	129. Walker, Texas Runner 1135.37	159. Everybody, Walk Your Body 1033.55
100. Walkie Talkies 1252.06	130. Sole Survivors 1115.65	160. Walk From Home (WFH) 1033.37
101. Microbio Misfits 1245.27	131. Streets Ahead 1114.93	161. KNSM Sole Mates 1033.08
102. Skopobiota (our function is walking) 1243.67	132. StuAct #3 1113.66	162. Got the Runs 1032.57
103. Sports Med 1235.4	133. Viva Las Veggies 1111.37	163. Between a Walk and a Hard Pace 1031.87
104. Scrambled Legs 1232.79	134. Bookin It 1109.74	164. Tiger Tracks 1023.08
105. Graceland Garden Party Strollers 1229.73	135. Only the Strong Survive 1096.71	165. COM Academic Success Team 1022.77
106. Quads of Fury 1222.04	136. SRHRC Road Warriors 1096.08	166. Walkin'™ On Sunshine 1015.63
107. Data Strolls 1221.12	137. Making Strides 1088.4	167. Mays TLI Team A 1014.9
108. Teaching Trekkers 1217.64	138. Sole-ution Seekers 1082.83	168. Blue Suede Walking Shoes 1013.57
109. Cirque du Sore Legs 1209.45	139. PennyChasers 1082.7	169. Walkie Talkies - PDS 1013.49
110. Walking on EASA Street 1205.76	140. King of Walk & Roll! 1082.05	170. Lone Star Walkers 1012.03
111. Career Center Striders 1194.97	141. EDE Express 1081.38	171. SoleWalkers 1010.28
112. I'm Hurtin'™ [From Walking] 1194.89	142. Viva Las Walkers 1080.76	172. Walking with Panther Pride 1007.35
113. WAT Was I Thinking 1194.3	143. Jailhouse Walk 1078.21	173. Walking Spuds 1006.59
114. Walk like an angel 1193.86	144. Becky's Toddling Troup 1072.21	174. "SAS" 1005.77
115. RELLIS Tater Trots 1191.52	145. W.T.F. - Walking To Fitness 1069.5	175. Ethan and his Minions 1005.73
116. Burning Love Handles 1189.94	146. RR Holy Walkamolies 1066.57	176. Globe Trodders 1003.57
117. TI Stroll Patrol 1188.86	147. Sole Sisters & Misters 1066.13	177. Movers n Groovers 996.75
118. RICE-walker 1183.57	148. Agony of de Feet 1062.78	178. Walking with a little help from more friends! 993.35
119. Footsteps & Findings 1180.88	149. Prank Sinatra 1061.15	179. The 404 Not Found (On the Couch) 992.33
120. Hot Steppers 1180.5	150. Fungis & Exercise 1058.85	180. A Little More Sole 988.81



OVERALL TEAM PLACING

181. On the Move 982.97	211. Chips and Walkamoli 907.58	241. The Dream Team 845.2
182. CSMS Knights Team 2 978.7	212. Bunsen Burnin' Love 907.24	242. Stride Squad 823.05
183. All Roads Lead to Texas 978.4	213. Gr8 Day 2B a Walker 903.48	243. Pawsitive Striders 821.66
184. Hound Dogs 976.32	214. Walkin' with IEP (Yeah, You Know Me!) 900.46	244. TIGSS 820.9
185. The Sole Train 973.2	215. School of Walk 900.39	245. AggieBold 820.02
186. The Runaways 970.7	216. Hollis 899.43	246. GO GETTAS 816.85
187. Tread Zeppelin 969.49	217. ADR 898.5	247. Wishful Shrinking II 815.67
188. King of the Trail 968.2	218. TLI-Team B 896.26	248. Banana Slay-train Express 814
189. Oceanicus 967.96	219. Whoop There It Is! 895.71	249. Blue Suede Tupelo TEEXans 811.04
190. Happy Feet 964.17	220. The Aggie Rice Runners 894.18	250. TEEX Stampede 810.62
191. EHS Safety ITSI 962.17	221. Cyber Stompers 892.75	251. 3rd Flooring It! 809.27
192. Pace Setters Group B 959.69	222. Pace makers 891.69	252. SCSC Walks 801.31
193. DOR Plaza Pace Pack 958.5	223. The Tator Trots 891.1	253. Maroon Mavens 795.31
194. DOR I Wear Size 8 958.14	224. DOR Blue Suede Walkers 887.96	254. The Young and the Breathless 794.47
195. The Hippy Hippy Shake 955.51	225. Squad 1 887.08	255. Red Hot Warriors 786.71
196. Freudian Slippers 946.51	226. GRADiators 881.6	256. Coastal Crusaders 778.14
197. Chafing the Dream 944.11	227. CorrecA&Minos 879.76	257. South Texas Hound Dog Walkers 774.16
198. CSMS Knights 941.84	228. Walking Disaster 878.66	258. Dream Chasers 772.37
199. The Pace Setters A 930.35	229. The Walk Ness Monsters 878.43	259. Hustle Reign 770.48
200. Heartbreak Hotel Hustlers 929.23	230. R.O.A.D Runners 878.18	260. The FASTA Striders 766.92
201. Hunka Hunka Honeybees 925.94	231. Walking Wideners 871.28	261. Queens of Soil and Crop 761.48
202. Holy Walkamolies 923.34	232. 12th Mile 869.82	262. Maria4xsCLE 761.03
203. Sole Sisters 919.57	233. Studio Striders 866.38	263. The Boots are made for Auditin' 760.68
204. The Weigh Down Walkers 919.35	234. Family Walking Team 864.34	264. Aggie LANDies 759.91
205. The Fellowship of the Hobbit Hikers 918.79	235. Walking Across Disciplines (MTDE) 864.21	265. Myles Miles Team 759.36
206. Visit and Go 918.04	236. The (Never Gonna) Break My Strides 864.03	266. Walk-a-Holics 755.03
207. Early Childhood Walkers 913.65	237. Aggieland Admissions Center (AAC) 854.92	267. A Little Less Conversation, A Lot More Walking 754.34
208. Red Hot Chili Steppers 913.41	238. 16 Feet with Sole 853.63	268. Roadrunners 752.53
209. Comp Dent 1 913.32	239. DOR Mile Markers 850.79	269. Advanced Persistent Trek 751.18
210. Thundercats 909.28	240. Free Range Chickens 850.46	270. Texas Trekkers 751.06



Walked Across Texas

OVERALL TEAM PLACING

271. RAD Runners 741.97	301. PhotoTexasCS 625.57	331. marketing kiddos 479.91
272. VMBS Road Dogs 741.72	302. Busy Serve 617.76	332. Jolly Green Giants 479.46
273. Content Crawlers 740.84	303. Walking Warriors 617.16	333. Sole Sisters 471.67
274. Policy Pacers 738.08	304. Mind Over Miles 613.31	334. Fiscally Fit 468.34
275. Square Feet 737.12	305. TAMU Women's Club 2	335. All About That Pace 461.95
276. Walk Across KBTexas	610.23	336. SASsy Steppers 458.71
731.74	306. A Counting My Steps	337. Together We Shine 457.57
277. Bethel Grove Travelers	607.97	338. The Green Goddesses
729.37	307. Walking In My Blue Suede	452.86
278. All About That Pace 726.54	\$hoes 594.87	339. Road Runners 446.41
279. Bethel Grove Mighty	308. The Strolling Stones 593.41	340. The Wanderers - not lost,
Steppers 717.15	309. Parks & Rec 589.82	just wandering 445.21
280. Walking Machines 717.12	310. Red Jaguars 579.91	341. The Valley Lemons 444.24
281. These Scrubs are Made for	311. Purposeful Pacers 573.3	342. The Influencers 421.91
Walkin' 716.46	312. Robin's Ramblers 570	343. TCHATT Orange Zone
282. Walking Benefits 707.51	313. Little Less Conversation, A	408.12
283. TEEX Geeks 707.13	Little More Steps 569.43	344. Let's Get Fiscal 402.77
284. Peripatetic Microbiomists	314. Hypersox 559.47	345. Straight Outta Shiz 399.33
701.7	315. Charlotte's Toddling Troup	346. Conduct & Cardio 397.85
285. Walk off your Cache &	559.27	347. Cardiac Rehab 395.01
Cookies 700.94	316. Brushstrokes & Explosions	348. Digital Pathfinders 393.71
286. Bethel Grove Marvelous	(ArtSci) 555.63	349. Cushing Speed Readers
Movers 699.6	317. Awesome Pawsomes	392.43
287. GRADiators II 698.88	553.73	350. Spice Box 391.66
288. New Kids on the Walk	318. TCALL Trailblazers 553.49	351. DCC Walkers 389.19
694.58	319. Advocates 549.91	352. Viva Las Walkers 374.29
289. The Walkie Talkies 694.34	320. NRI GAT 547.53	353. Hound Dog Hikers 371.78
290. Cell-fies on the Run 689.48	321. Oldies but Goodies 530.12	354. The Fast and The Furious
291. Stride in the Spirit 684.72	322. TAMUG: Together All Miles	(That You Didn't Read My Email)
292. Every Step we take 679.38	Us Getting 526.09	363.5
293. Walking with a little help	323. Walkley Crew 517.4	355. Blue Healers 348.71
from my friends 669.63	324. Women's Adventure Group	356. Talent Turtles 346.41
294. St Joseph Health - Therapy	514.89	357. Chandler's™ Team 312.23
668.34	325. Ctrl+ALT+TEElite 504.41	358. Stride Tribe 299.58
295. Career Cruisers 667.99	326. The Heel Yeahs 492.33	359. Divas 293.69
296. Chafing the Dream 660.27	327. The Bookers 487.82	360. Awesome Walkers 264.78
297. The Refill Rebels 657.77	328. AABS 487.53	
298. Energizing our Wellness	329. Chubby Chicas 486.66	
655.25	330. Wayward Soles 484.01	
299. Da Fantastic Grove Trotters		
629.56		
300. Tomplait 626.43		



OVERALL TEAM PLACING

361. Last Minute Walkers 261.13	376. Coolest Agz 130.75
362. Jailhouse Walkers 254.21	377. Well? Shall we go? 122.01
363. CMP Rodent Lovers 247.41	378. fast feet 111.88
364. Ethans Runners 245.51	379. ArtSci Walk 'n Roll 100.61
365. Skywalkers 243.77	380. Cherringtons 100.56
366. precious pebbles 242.38	381. Giggers 98.02
367. Oakmont Walkers 236.05	382. I Could Walk A Mile In These Louboutins 91.13
368. Team 222.14	383. Elaine's Team :3 53.15
369. happy feet 199.68	384. TrafficNerds 32.61
370. Stroll Patrol 189.54	385. Nachos 28.25
371. Team Umizoomi 186.96	386. Camillaâ€™s Team 28.01
372. All Alone 168.38	387. fearsome walkers 25.04
373. Walking Blues 155.64	388. Triplet Aggies 22
374. The Data Dashers 143.82	389. Mighty Milers 14.5
375. PEEQ Cadillac Cruisers 138.56	390. UPRN WALK TEAM 14.2
	391. PT/OT 3.4

YOUTH TEAMS

Team Name Overall Total Miles

I'm "Not" So Lonesome I Could Cry- 172.29

watT-250116-73521- 6

Becky Gates Children's Center-6

Charlotte Sharp Children's Center-6



YOU'LL NEVER
WALK ALONE!

PLACINGS BY LEAGUES

2025 TAMU - College Edition

1. Raccoons 1178.75
2. Tanglewood Trio 1137.58
3. W.T.F. - Walking To Fitness 1069.5
4. Ethan and his Minions 1005.73
5. The FASTA Striders 766.92
6. Aggie LANDies 759.91
7. The Refill Rebels 657.77
8. Road Runners 446.41
9. Chandler's™s Team 312.23
10. Ethans Runners 245.51
11. Skywalkers 243.77
12. precious pebbles 242.38
13. Team 222.14
14. happy feet 199.68
15. Team Umizoomi 186.96
16. Coolest Agz 130.75
17. fast feet 111.88
18. Giggers 98.02
19. Elaine's Team :3 53.15
20. TrafficNerds 32.61
21. Nachos 28.25
22. Camilla's™s Team 28.01
23. fearsome walkers 25.04
24. Triplet Aggies 22
25. Mighty Milers 14.5
26. UPRN WALK TEAM 14.2

Aggieland Post 1938

1. Squad 1 887.08
2. Oldies but Goodies 530.12

Brazos County Employee

1. Running From the Law 1760.17
2. Legally Awesome 1380.05
3. The Hippy Hippy Shake 955.51
4. Freudian Slippers 946.51
5. Walking Warriors 617.16

AgriLife Employee Wellness

1. Wandering Wildlanders 2835.34
2. Tejas Slickers 2821.91
3. HORTTREKKERS 2638.9
4. The A-Team 2575.84
5. Walkamole 2471.23
6. Team Godzilla 2320.85
7. Heart of Texas Mall Walkers 2285.8
8. LabRatsOnTheLoose! 2207.79
9. The Walking Dead 1967.26
10. Terry and The Pacemakers 1864.73
11. The Original Holy Walkamolies 1842.64
12. Snap! Crackle! Walk! 1792.99
13. The Diagnostic Sneakers 1741.02
14. Hounddog Hustlers 1571.41
15. Gel Runners 1553.8
16. Maroon Suede Shoes 1533.79
17. Agri-Trotters 1488.47
18. The Biodiversity Brigade 1448.84
19. Red Hot Chili Steppers 1434.7
20. Trail Blazers 1423.58
21. Byte-Sized Striders 1341.22
22. MOVE IT, HAPPY FEET! 1292.27
23. Only Foresters Walk In 1255.56
24. Microbio Misfits 1245.27
25. Skopobiota (our function is walking) 1243.67
26. Graceland Garden Party Strollers 1229.73
27. Walk like an angel 1193.86
28. Burning Love Handles 1189.94
29. RICE-walker 1183.57
30. Extension Striding for Excellence 1139.05
31. Walker, Texas Runner 1135.37
32. Viva Las Veggies 1111.37
33. Making Strides 1088.4
34. King of Walk & Roll! 1082.05

35. EDE Express 1081.38
36. Viva Las Walkers 1080.76
37. Sole Sisters & Mistrs 1066.13
38. Fungis & Exercise 1058.85
39. Slowly But Surely 1036.39
40. Blue Suede Walking Shoes 1013.57
41. Movers n Groovers 996.75
42. Hound Dogs 976.32
43. The Runaways 970.7
44. King of the Trail 968.2
45. Hunka Hunka Honeybees 925.94
46. Holy Walkamolies 923.34
47. The Weigh Down Walkers 919.35
48. Thundercats 909.28
49. Bunsen Burnin' Love 907.24
50. The Aggie Rice Runners 894.18
51. CorrecA&Minos 879.76
52. Family Walking Team 864.34
53. Pawsitive Striders 821.66
54. SCSC Walks 801.31
55. South Texas Hound Dog Walkers 774.16
56. Myles Miles Team 759.36
57. Policy Pacers 738.08
58. Peripatetic Microbiomists 701.7
59. Mind Over Miles 613.31
60. NRI GAT 547.53
61. The Valley Lemons 444.24
62. DCC Walkers 389.19
63. The Fast and The Furious (That You Didn't Read My Email) 363.5
64. Stride Tribe 299.58
65. Jailhouse Walkers 254.21
66. PEEQ Cadillac Cruisers 138.56



PLACINGS BY LEAGUES

CSISD Early Education Services

Bryan ISD Technology Dept.

- 1.The Tator Trots 891.1
- 2.The Walk Ness Monsters 878.43
- 3.Walk off your Cache & Cookies 700.94

CEHD 2025

- 1.Let's Get Physical (Education) 2274.88
- 2.Jailhouse Walk 1786.79
- 3.Byrne Baby Byrne 1455.47
- 4.Walk Ness Monsters 1363.69
- 5.Mile Markers 1263.2
- 6.TLAC 4eva 1162.66
- 7.Becky's Toddling Troup 1072.21
- 8.KNSM Sole Mates 1033.08
- 9.Lone Star Walkers 1012.03
- 10.On the Move 982.97
- 11.Early Childhood Walkers 913.65
- 12.School of Walk 900.39
- 13.16 Feet with Sole 853.63
- 14.Maroon Mavens 795.31
- 15.Dream Chasers 772.37
- 16.Charlotte's Toddling Troup 559.27
- 17.TCALL Trailblazers 553.49
- 18.The Bookers 487.82
- 19.All About That Pace 461.95
- 20.Cherringtons 100.56

Consol Walk Across Texas

- 1.New Kids on the Walk 694.5
- 2.Tomplait 626.43

Faith Based

- 1.Bethel Grove Travelers 729.37
- 2.Bethel Grove Mighty Steppers 717.15
- 3.Bethel Grove Marvelous Movers 699.6
- 4.Da Fantastic Grove Trotters 629.56

- 1.Falcon Flyers 2015.25
- 2.A-Team Ambulators 1830.67
- 3.Chips and Walkamole 1288.27
- 4.Tiger Tracks 1023.08
- 5.Walking with Panther Pride 1007.35
- 6.CSMS Knights Team 2 978.7
- 7.CSMS Knights 941.84
- 8.Walkin' with IEP (Yeah, You Know Me!) 900.46
- 9.Advocates 549.91
- 10.The Wanderers - not lost, just wandering 445.21
- 11.Awesome Walkers 264.78

Division of Student Affairs

- 1.Hire Hikers 2069.24
- 2.Texas Thunder Striders 2067.69
- 3.Scott's Tots 1626.96
- 4.12th Man Trekkers 1550.89
- 5.Step-Sisters 1297
- 6.StuAct #2 1288
- 7.The Cake Walkers 1283.28
- 8.Jailhouse Walkers 1255.82
- 9.Scrambled Legs 1232.79
- 10.Career Center Striders 1194.97
- 11.WAT Was I Thinking 1194.3
- 12.Footsteps & Findings 1180.88
- 13.StuAct #3 1113.66
- 14.StuAct #1 1056.73
- 15.Sole-lessX2 1047.89
- 16.SoleWalkers 1010.28
- 17.All Roads Lead to Texas 978.4
- 18.Stride Squad 823.05
- 19.The Walkie Talkies 694.34
- 20.Career Cruisers 667.99
- 21.The Influencers 421.91
- 22.Conduct & Cardio 397.85
- 23.Digital Pathfinders 393.71

Engineer Your Wellness

- 1.MEEN in Motion 1864.17
- 2.Iâ€™ll Be There for Shoe 1804.34
- 3.Interstepper 1775.29
- 4.Walk by me, Oh Darling 1382.69
- 5.Cirque du Sore Legs 1209.45
- 6.Walking on EASA Street 1205.76
- 7.Sole Survivors 1115.65
- 8.Walsh Across Texas 1057.34
- 9.Red Hot Chili Steppers 913.41
- 10.Gr8 Day 2B a Walker 903.48
- 11.Walking Across Disciplines (MTDE) 864.21
- 12.The Dream Team 845.2
- 13.Texas Trekkers 751.06
- 14.RAD Runners 741.97
- 15.Cell-fies on the Run 689.48
- 16.The Strolling Stones 593.41
- 17.Purposeful Pacers 573.3
- 18.Ctrl+ALT+TEElite 504.41
- 19.The Heel Yeahs 492.33
- 20.Let's Get Fiscal 402.77
- 21.Straight Outta Shiz 399.33
- 22.All Alone 168.38

Fish Pond and Friends

- Little Less Conversation, A
Little More Steps 569.43

Kurten Vet

- 1.""SAS" 1005.77
- 2.ADR 898.5

MYCON General Contractors

- 1.We Step Better Than You 1685.44
- 2.What is That in Miles? 1039.96
- 3.Walkinâ€™ On Sunshine 1015.63
- 4.A Counting My Steps 607.97



PLACINGS BY LEAGUES

1. **Living (and Walking) Well**

2. **Sole Survivors 948.01**

- 3.1. Sole Survivors 2051.5
4. VMBS Dog Tired 1958.18
5. Project Wranglers 1717.67
6. Feisty Feet 1666.64
7. 481 1593.55
8. Canvas Cruisers 1548.94
9. Not Fast, Just Furious 1429.4
10. VMBS Unleashed 1383.21
11. Heart and Soles 1361.79
12. Walkie Talkies 1356.54
13. BeneFITs 1353.06
14. Chicks and Walkamolies 1313.68
15. The Footloose Fanatics 1277.12
16. BIG Steppers 1269.68
17. BadBill\$ 1267.19
18. Teaching Trekkers 1217.64
19. Hot Steppers 1180.5
20. OSS High Steppers 1170.71
21. Only the Strong Survive 1096.71
22. RR Holy Walkamolies 1066.57
23. Agony of de Feet 1062.78
24. Holy Walkamolies 1051.47
25. Got the Runs 1032.57
26. COM Academic Success Team 1022.77
27. Mays TLI Team A 1014.9
28. Globe Trodders 1003.57
29. The 404 Not Found (On the Couch) 992.33
30. Happy Feet 964.17
31. Pace Setters Group B 959.69
32. The Pace Setters A 930.35
33. Comp Dent 1 913.32

334. Walking Disaster 878.66

35. Aggieland Admissions Center (AAC) 854.92

36. Free Range Chickens 850.46

37. AggieBold 820.02

38. The Young and the Breathless 794.47

39. Red Hot Warriors 786.71

40. Square Feet 737.12

41. GRADiators II 698.88

42. Busy Serve 617.76

43. Walking In My Blue Suede \$hoes 594.87

44. AABS 487.53

45. Chubby Chicas 486.66

46. Sole Sisters 471.67

47. TCHAT Orange Zone 408.12

48. Blue Healers 348.71

49. Talent Turtles 346.41

50. Last Minute Walkers 261.13

51. Stroll Patrol 189.54

52. Walking Blues 155.64

53. Well? Shall we go? 122.01

Not Fast, Just Furious

1. Between a Walk and a Hard Pace 1031.87

2. Chafing the Dream 944.11

3. Pace makers 891.69

RegiStride

1. Hunka Hunka Burning Legs 1299.39

2. Jailhouse Walk 1078.21

3. A Little More Sole 988.81

4. Chips and Walkamoli 907.58

5. Banana Slay-train Express 814

6. The Boots are made for Auditin' 760.68

Speed Readers

1. Bookin It 1109.74

2. 12th Mile 869.82

3. Roadrunners 752.53

St Joseph Health - Therapy

1. Sports Med 1235.4

2. Robin's Ramblers 570

3. Cardiac Rehab 395.01

4. Hound Dog Hikers 371.78

5. PT/OT 3.4

Texas A&M - College of Nursing

1. Streets Ahead 1114.93

2. The Fellowship of the Hobbit Hikers 918.79

3. These Scrubs are Made for Walkin' 716.46

Texas A&M Division of Research

1. Howdy Heels 1483.79

2. Amarillo by Morning 1473.55

3. DOR: W.O.W. Wandering Office Workers 1363.86

4. Iâ€™m Hurtinâ€™ [From Walking] 1194.89

5. Everybody, Walk Your Body 1033.55

6. DOR Plaza Pace Pack 958.5

7. DOR I Wear Size 8 958.14

8. DOR Blue Suede Walkers 887.96

9. The (Never Gonna) Break My Strides 864.03

10. DOR Mile Markers 850.79

11. TIGSS 820.9

12. Coastal Crusaders 778.14

13. Energizing our Wellness 655.25

14. CMP Rodent Lovers 247.41

15. The Data Dashers 143.82



PLACINGS BY LEAGUES

Texas A&M Engineering Extension Service

- 1.Speedy Turtles 2162.36
- 2.Dumpster Diving Divas 2043.58
- 3.The Hustla's 1796.61
- 4.Pink Bandits 1501.68
- 5.Walking Talkies 1443.32
- 6.OutLAWs 1397.71
- 7.Chafing the Dream! 1296.57
- 8.Quads of Fury 1222.04
- 9.PennyChasers 1082.7
- 10.Walk From Home (WFH) 1033.37
- 11.EHS Safety ITSI 962.17
- 12.Blue Suede Tupelo TEEXans 811.04
- 13.TEEX Stampede 810.62
- 14.Content Crawlers 740.84
- 15.Walking Machines 717.12
- 16.TEEX Geeks 707.13
- 17.Red Jaguars 579.91
- 18.Awesome Pawsomes 553.73
- 19.Walkley Crew 517.4
- 20.Wayward Soles 484.01
- 21.Fiscally Fit 468.34
- 22.The Green Goddesses 452.86

Texas A&M School of Public Health

- 1.SRHRC Road Warriors 1096.08
- 2.Prank Sinatra 1061.15
- 3.The Sole Train 973.2
- 4.Heartbreak Hotel Hustlers 929.23

Texas A&M Student Life

- 1.All Rev'd Up 1555.33
- 2.GO GETTAS 816.85
- 3.Chafing the Dream 660.27
- 4.SASsy Steppers 458.71

Texas A&M Foundation

- 1.Foundation Trailblazers 2558.08
- 2.The Wolves of Walk Street 1774.89
- 3.Zach Pack 1467.88
- 4.The Stars and Strides 1360.27
- 5.Chips, Queso and Cardio 1355.89
- 6.The Sole Survivors 1309.48
- 7.Legs Miserables 1288.79
- 8.The Gig'em Gaiters 1285.33
- 9.MaysTeamBestTeam 1178.78
- 10.The Foundation and the Furious 1041.17
- 11.Walking with a little help from more friends! 993.35
- 12.Whoop There It Is! 895.71
- 13.A Little Less Conversation, A Lot More Walking 754.34
- 14.VMBS Road Dogs 741.72
- 15.All About That Pace 726.54
- 16.Walking with a little help from my friends 669.63
- 17.Brushstrokes & Explosions (ArtSci) 555.63
- 18.TAMUG: Together All Miles Us Getting 526.09
- 19.marketing kiddos 479.91

Texas A&M University Libraries

- 1.Hunka Hunka Burning Soles 3377.53
- 2.Champs 2023.19
- 3.The Moonwalkers 1500.17
- 4.Health Info Hustlers 1323.42
- 5.Turning a New Page 1058.42
- 6.Cyber Stompers 892.75
- 7.Studio Striders 866.38
- 8.3rd Flooring It! 809.27
- 9.Cushing Speed Readers 392.43
- 10.Viva Las Walkers 374.29

Texas A&M University System Offices

- 1.BAMiltonians-239 1902.35
- 2.Innovation Moving Grounds 1797.64
- 3.The Bushmasters 1754.71
- 4.The Walk Ness Monsters 1451.37
- 5.Safe Force 1406.85
- 6.RELLIS Ramblers 1370.2
- 7.RELLIS Tater Trots 1191.52
- 8.TI Stroll Patrol 1188.86
- 9.Code Commanders 1154.2
- 10.Tread Zeppelin 969.49
- 11.R.O.A.D Runners 878.18
- 12.Advanced Persistent Trek 751.18
- 13.Walking Benefits 707.51

TruFit Trotters

- 1.Silver Strength 2039.85
- 2.Strong to the Core 1945.36
- 3.Warning: Sculpting May Cause Excessive Flexing 1664.3
- 4.Silver Sneaker BTC 1585.11
- 5.Silver Sneakers Villa 1499.15

WALK LIKE A RAIDER

- SStride in the Spirit 684.72

Wellness in Motion: New Year, New You

- 1.Walkie Talkies 1252.06
- 2.Walkie Talkies - PDS 1013.49
- 3.Visit and Go 918.04
- 4.Hustle Reign 770.48
- 5.Walk-a-Holics 755.03
- 6.Every Step we take 679.38
- 7.Parks & Rec 589.82
- 8.I Could Walk A Mile In These Louboutins 91.13

Wishful Shrinking

- 1.Wishful Shrinking II 815.67
- 2.Women's Adventure Group 514.89

PLACINGS BY LEAGUES

Unleagued

- 1.1. The Half-fast Walkers 1955.15
2. TAMU Women's Club 1 1459.51
3. Dynacisers25 1457.3
4. Data Strolls 1221.12
5. Texas A&M Physics & Astronomy Quantum Leapers 1178.47
6. Sole-ution Seekers 1082.83
7. Walking Spuds 1006.59
8. Oceanicus 967.96

9. Sole Sisters 919.57
10. Hollis 899.43
11. Walking Wideners 871.28
12. Queens of Soil and Crop 761.48
13. Maria4xsCLE 761.03
14. Walk Across KBTexas 731.74
15. St Joseph Health - Therapy 668.34

16. PhotoTexasCS 625.57
17. TAMU Women's Club 2 610.23
18. Hypersox 559.47
19. Jolly Green Giants 479.46
20. Together We Shine 457.57
21. Spice Box 391.66
22. Divas 293.69
23. Oakmont Walkers 236.05
24. ArtSci Walk 'n Roll 100.61

QUINOA AND CHICKPEA TABBOULEH

Servings 6

1 cup serving size

Ingredients

- 3 cups quinoa cooked
- 1 cup chickpeas canned
- 3 medium Roma tomatoes
- 1 cup cucumber peeled and chopped
- 1 cup carrots shredded
- 1/2 cup green onion chopped
- 1/4 cup parsley chopped
- 10 mint leaves chopped
- 1/4 cup lime juice
- 2 Tablespoons olive oil
- 1 teaspoon minced garlic
- 1/2 teaspoon ground cumin
- 1/2 teaspoon salt
- 1/2 teaspoon pepper

Instructions

1. Wash your hands and clean your preparation area.
2. Prepare the quinoa according to package directions.
3. Drain and rinse chickpeas and then chop and set aside.
4. Wash all fresh produce and herbs. Finely chop the vegetables and herbs and mix in a large bowl with chickpeas and quinoa.
5. In a small bowl, mix the lime juice, olive oil, garlic, cumin, salt, and pepper. Then pour the dressing mixture over the tabbouleh mixture and stir until well mixed.
6. For a more flavorful dish, refrigerate 30-60 minutes before serving.



Spring is in the air, and it is a great time to enjoy the fresh tastes of the season. Try this delicious dish packed with fresh vegetables and whole grains.

MERCHANDISE



**Adult Sizes
Small - 3XL
\$16.00**



We are sold out of Large and XX-Large shirts. We have medium shirts. We would love to sell out. We have 34 shirts left.

**YOU'LL NEVER WALK ALONE
DURING THE EIGHT WEEKS OF
WALK ACROSS TEXAS. WE ARE IN
THIS TOGETHER.**

MEET OUR SPONSORS

If viewing online, click on the sponsor to learn more about them.

TRU>FIT

TEXAS A&M
AGRILIFE
EXTENSION

WALK ACROSS TEXAS!



CITY OF BRYAN
The Good Life, Texas Style.™



LIVING WELL
AT TEXAS A&M



 **St. Joseph Health™**



WALK ACROSS TEXAS TASKFORCE



Chair

Nickie McDaniel

Texas A&M Division of Student Affairs

Treasurer:

Lindsey Armstrong-St. Joseph Health

Secretary:

Judy Kurtz-Texas A&M AgriLife

BLT County Extension Agent/Advisor

Lora Jorgensen

FCH County Extension Agent/Advisor:

Flora Williams-Texas A&M AgriLife
Extension

Advisors:

Alice Kirk-Texas A&M AgriLife Extension

Michael Lopez-Texas A&M AgriLife
Extension

Members:

Dr. Kirsten Brekken Shea-Texas A&M
University System

Dorithie Thomas-Texas A&M AgriLife

Mary Parrish- Texas A&M AgriLife
Extension

Laura Corn-Texas A&M Engineering
Extension Service

David Garcia - City of Bryan

Julie Ommert - Master Wellness
Volunteer

WALK ACROSS TEXAS 2025

You'll Never Walk Alone

Contact:
Brazos County Extension Office
Texas A&M AgriLife Extension Service
4153 County Park Court
Bryan, Texas 77802
Phone: 979-823-0129

For more information about
Family & Community Health
Walk Across Texas

Contact
Flora Williams
E-mail: fewilliams@ag.tamu.edu

ISSUE NO.05